

## ACTIVITY 1

# COLOUR AND COUNT



**TIME REQUIRED:** **1 class period**  
can be broken up into three shorter sessions

**GRADE LEVEL:** **Junior kindergarten (JK) and Grade 1**

## Lesson overview

Kindergarteners and Grade 1 students will practise their counting skills while colouring. Just as the census counts people, they will count objects in a picture. They will also be introduced to concepts specific to First Nations, Métis and Inuit communities. Three themes are available: Counting Canada, Living in the North and Berry Counting.

## Curriculum connections



### Mathematics

- Demonstrate an understanding of basic numbers.



### Arts

- Develop fine motor skills and consolidate understanding of colours.
- Explore images from different cultures.
- Identify basic forms.



### Geography

- Identify Canada and its basic provincial and territorial boundaries.
- Identify differences within Canadian landscapes and agriculture.

## Learning objectives

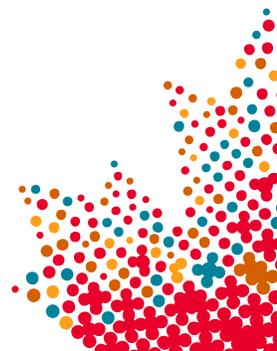
- Gain a basic understanding of the census.
- Gain a basic understanding of Canadian geography.
- Be introduced to concepts specific to First Nations, Métis and Inuit communities.

### Materials needed:

- Coloured pencils, markers or crayons

### Handouts:

- [Living in the North](#)
- [Berry Counting](#)
- [Counting Canada](#)



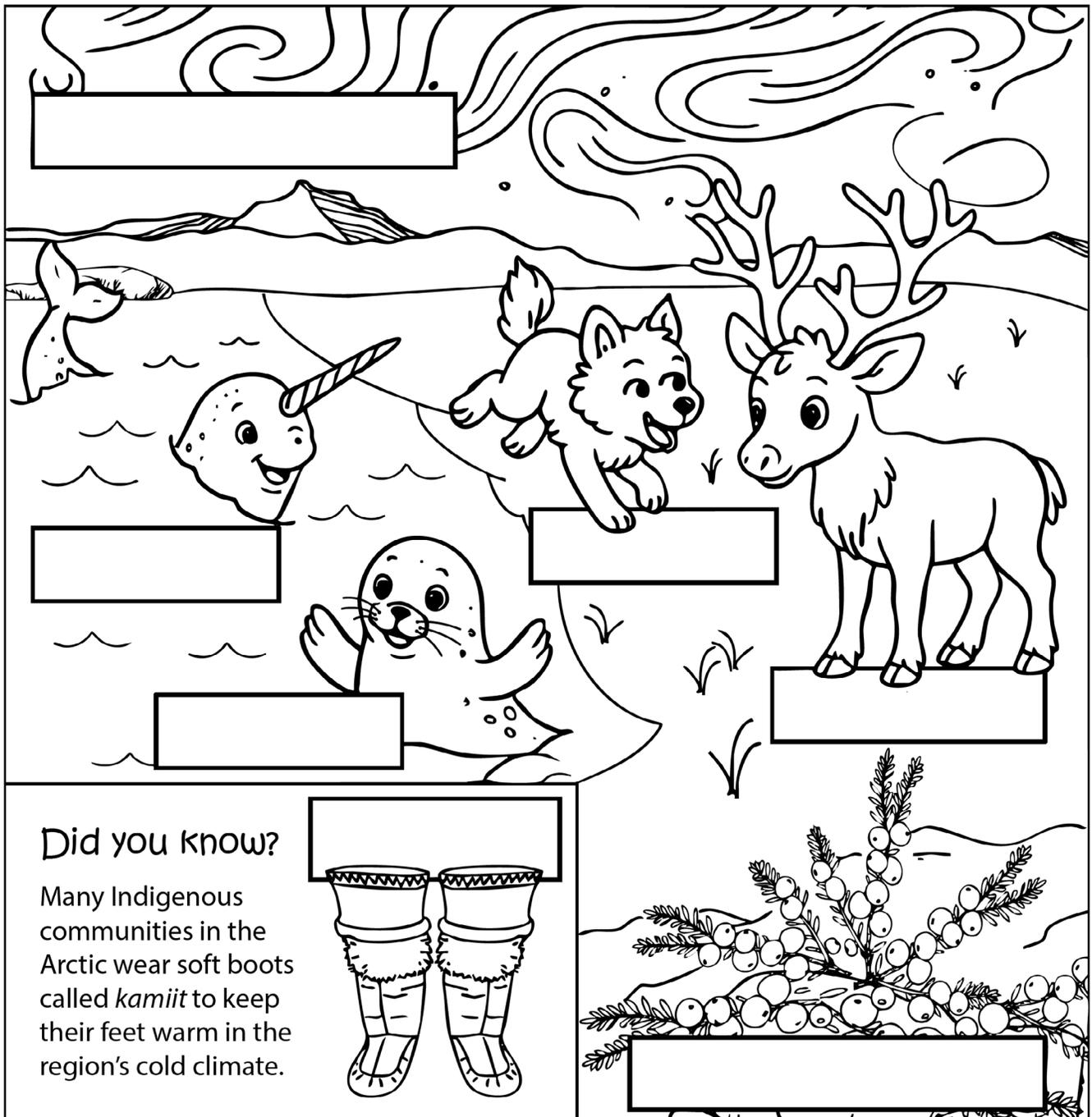
# LIVING IN THE NORTH

The census is used to learn more about every community in Canada.

Can you learn more about this northern community by matching the terms on the right to their image in the colouring page?

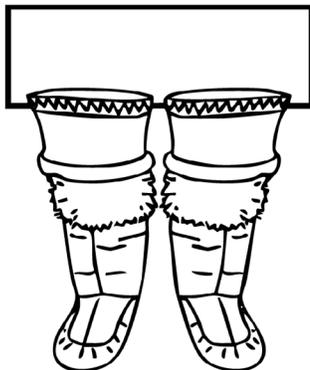
Word bank:

- seal • narwhal • crowberries
- aurora borealis • caribou • kamiit • sled dog



## Did you know?

Many Indigenous communities in the Arctic wear soft boots called *kamiit* to keep their feet warm in the region's cold climate.



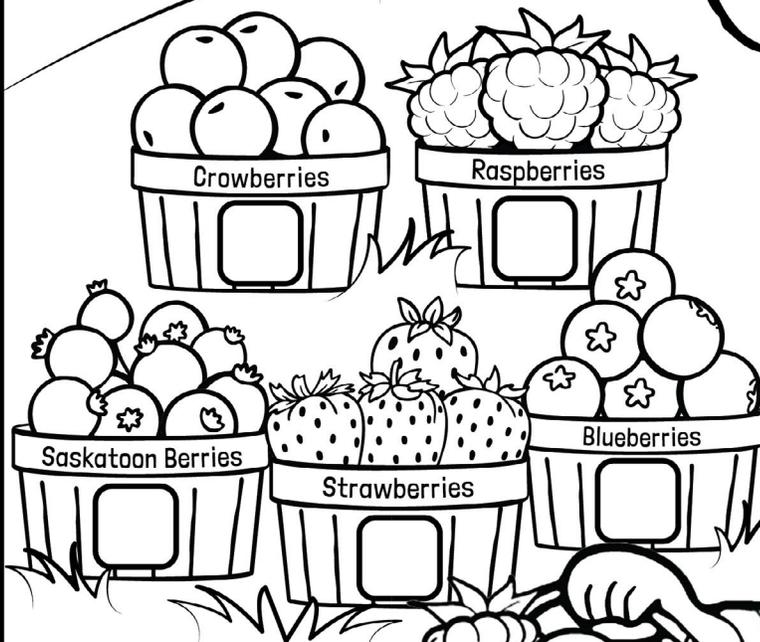


# Berry counting across Canada

The census counts every person in Canada.

## Did you know?

Blueberries grow across Canada and some varieties even thrive in colder northern climates. Many Indigenous communities use them for both food and medicine.



Can you count all the  
different types of  
berries in each basket?

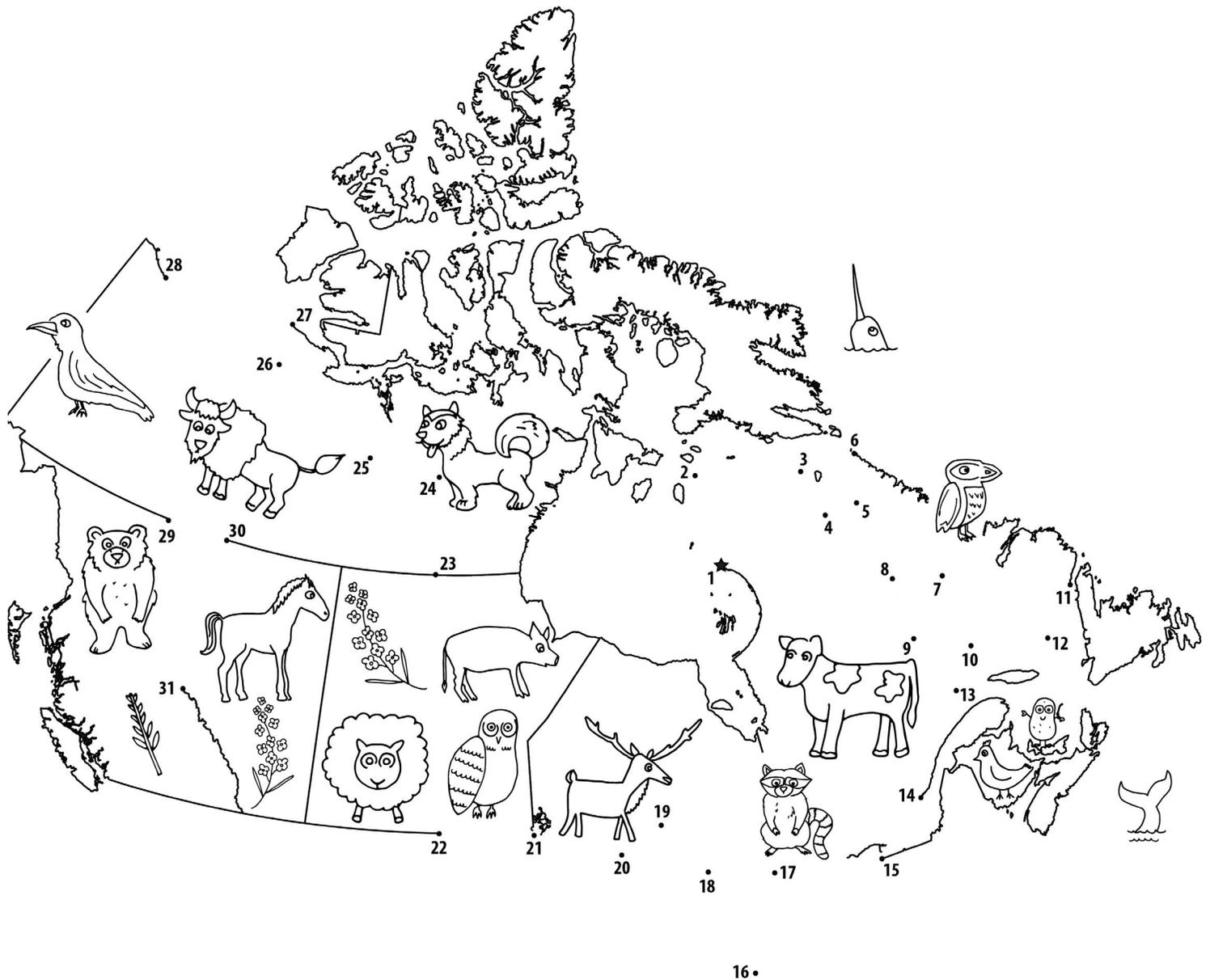


# THE CENSUS COUNTS EVERY PERSON IN CANADA.



Practice counting by connecting all the dots, then colour Canada!

There's a census for farm animals too! Every 5 years, all farms are counted. Which animals in this picture would you usually find on a farm?



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