Canadian Community Health Survey (CCHS) Cycle 2.1 - Public Use Microdata File (PUMF) Health Region Groupings and Resulting Optional Content Selection/Suppression

Number of HRs/groups where module is selected - PUMF HR groupings and content suppression shown in colour - See notes at end of table

Province	Health Region (HR)	HR/HR group Code	Population Aged 12+	Sample size	Alcohol dependence	Blood pressure check	Breast self-examinations	Breast self-examinations †	Changes made to improve health	Colorectal cancer screening	Contacts w/mental health professionals	Dental visits *	Depression †	Dietary supplement use †	Distress §	Driving and safety *	Eating troubles	Food choices	Food insecurity	Health care system satisfaction	Health Status (SF-36)	Health utility index (HUI) * †	Home safety	Illicit drug use	Leisure activities	Mastery	Medication use * §	Nicotine dependence	Oral health *	Patient satisfaction *	Physical check-up	Problem gambling	Prostate cancer screening	Psychological well-being	Satisfaction with availability	Satisfaction w/life	Sedentary activities	Self-esteem	Smoking - Cessation aids	Smoking - Physician counselling	Smoking - Stages of change	Social support	Suicidal thoughts and attempts	Tobacco alternatives	Use of protective equipment	Work stress
Newfoundland and Labrador	Health and Community Services St. John's Region - 1001	10901	165,135	828				x	x	x	x		x	x				x	x				x											x								x	x				x
	Health and Community Services Eastern Region - 1002	10902	99,438	844				x	x	x	x		x	x				x	x				x											x								x	x				x
	Health and Community Services Central Region - 1003	10903	88,974	759				x	x	x	x		x	x				x	x				x											x								x	x				x
	Health and Community Services Western Region - 1004 Grenfell Regional Health Services Board - 1005 Health Labrador Corporation - 1006	10904	106,582	1,623				x	x	x	x		x	x				x	x				x											x								x	x				x
	Total number HRs/groups -- Number HRs/groups where module is selected	4	460,129	4,054	0	0	0	4	4	4	4	0	4	4	0	0	0	4	4	0	0	4	0	0	0	0	0	0	0	0	0	0	0	4	0	0	0	0	0	0	0	4	4	0	0	0	4
Prince Edward Island	West Prince - 1101 East Prince - 1102 Kings - 1104	11901	60,106	1,279		x			x		x	x	x										x								x	x											x				
	Queens - 1103	11903	59,304	783		x			x		x	x	x										x								x	x											x				
	Total number HRs/groups -- Number HRs/groups where module is selected	2	119,410	2,062	0	2	0	0	2	0	2	2	2	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	2	2	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0
Nova Scotia	Zone 1 - 1201	12901	108,573	757		x			x							x		x	x				x			x					x								x								
	Zone 2 - 1202	12902	69,362	632		x			x							x		x	x				x			x					x								x								
	Zone 3 - 1203	12903	90,632	693		x			x							x		x	x				x			x					x								x								
	Zone 4 - 1204	12904	81,123	704		x			x							x		x	x				x			x					x								x								
	Zone 5 - 1205	12905	109,925	846		x			x							x		x	x				x			x					x								x								
	Zone 6 - 1206	12906	337,986	1,324		x			x							x		x	x				x			x					x								x								
	Total number HRs/groups -- Number HRs/groups where module is selected	6	797,601	4,956	0	6	0	0	6	0	0	0	0	0	0	6	0	6	6	0	0	6	0	0	6	0	0	0	0	6	0	0	0	0	0	0	0	6	0	0	0	0	0	0	0	0
New Brunswick	Region 1 - 1301	13901	164,469	851					x		x		x		x			x	x	x		x								x			x										x				
	Region 2 - 1302	13902	150,073	860					x		x		x		x			x	x	x		x								x			x										x				
	Region 3 - 1303	13903	140,322	880					x		x		x		x			x	x	x		x								x			x										x				
	Region 4 - 1304 Region 5 - 1305	13904	70,635	1,137					x		x		x		x			x	x	x		x								x			x										x				
	Region 6 - 1306 Region 7 - 1307	13906	113,068	1,201					x		x		x		x			x	x	x		x								x			x										x				
	Total number HRs/groups -- Number HRs/groups where module is selected	5	638,567	4,929	0	0	0	0	5	0	5	0	5	0	5	0	0	5	5	5	0	5	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0	0	0	0	5	0	0	0
Québec	Région du Bas-Saint-Laurent - 2401	24901	174,662	1,198							x	x			x				x	x		x				x	x			x				x				x				x				
	Région du Saguenay - Lac-Saint-Jean - 2402	24902	238,690	1,374							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de Québec - 2403	24903	570,241	3,478							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de la Mauricie et du Centre-du-Québec - 2404	24904	412,732	1,548							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de l'Estrie - 2405	24905	252,004	1,148							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de Montréal-Centre - 2406	24906	1,613,508	2,768							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de l'Outaouais - 2407	24907	281,682	3,262							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de l'Abitibi-Témiscaminque - 2408	24908	121,959	1,068							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de la Côte-Nord - 2409	24909	76,754	1,090							x	x			x				x	x		x				x	x			x				x				x				x				
	Région du Nord-du-Québec - 2410 - SUPPRESSED FROM PUMF																																														
	Région de la Gaspésie - Îles-de-la-Madeleine - 2411	24911	83,573	1,017							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de la Chaudière-Appalaches - 2412	24912	335,475	1,372							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de Laval - 2413	24913	306,441	1,257							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de Lanaudière - 2414	24914	342,184	1,350							x	x			x				x	x		x				x	x			x				x				x				x				
	Région des Laurentides - 2415	24915	411,330	3,182							x	x			x				x	x		x				x	x			x				x				x				x				
	Région de la Montérégie - 2416	24916	1,126,629	2,487							x	x			x				x	x		x				x	x			x				x				x				x				
	Région des Terres-Cries-de-la-Baie-James - 2418 - SUPPRESSED FROM PUMF §§																																														
	Total number HRs/groups -- Number HRs/groups where module is selected	15	6,347,864	27,599	0	0	0	0	0	0	15	15	0	0	15	0	0	0	15	15	0	15	0	0	0	0	15	15	0	0	15	0	0	0	15	0	0	0	15	0	15	0	0	0	0	0

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Province	Health Region (HR)	HR/HR group Code	Population Aged 12+	Sample size	Alcohol dependence	Blood pressure check	Breast examinations	Breast self-examinations †	Changes made to improve health	Colorectal cancer screening	Contacts w/mental health professionals	Dental visits *	Depression †	Dietary supplement use †	Distress §	Driving and safety *	Eating troubles	Food choices	Food insecurity	Health care system satisfaction	Health Status (SF-36)	Health utility index (HUI) * ‡	Home safety	Illicit drug use	Leisure activities	Mastery	Medication use * §	Nicotine dependence	Oral health *	Patient satisfaction *	Physical check-up	Problem gambling	Prostate cancer screening	Psychological well-being	Satisfaction with availability	Satisfaction w/life	Sedentary activities	Self-esteem	Smoking - Cessation aids	Smoking - Physician counselling	Smoking - Stages of change	Social support	Suicidal thoughts and attempts	Tobacco alternatives	Use of protective equipment	Work stress
Ontario	The District of Algoma Health Unit - 3526	35926	101,129	862					x	x	x				x	x		x		x							x						x										x		x	
	Brant County Health Unit - 3527	35927	104,601	854					x		x	x	x			x		x		x									x								x										x
	Durham Regional Health Unit - 3530	35930	454,889	1,715							x	x	x			x	x	x		x					x				x						x				x						x		
	Elgin-St. Thomas Health Unit - 3531	35931	71,437	704			x	x			x	x	x			x		x		x									x								x							x		x	
	Grey Bruce Health Unit - 3533	35933	136,895	917							x	x	x			x		x		x									x				x				x							x			x
	Haldimand-Norfolk Health Unit - 3534	35934	92,802	774					x		x	x	x			x		x		x									x								x										x
	Haliburton, Kawartha, Pine Ridge District Health Unit - 3535	35935	147,097	830							x	x	x			x	x	x		x				x					x						x				x						x		
	Halton Regional Health Unit - 3536	35936	348,065	1,408							x	x	x			x		x		x									x				x		x		x										x
	City of Hamilton Health Unit - 3537	35937	437,166	1,663			x		x	x	x	x	x			x		x		x									x						x		x		x					x			
	Hastings and Prince Edward Counties Health Unit - 3538	35938	134,485	935							x	x				x		x	x	x									x	x			x		x		x							x		x	
	Huron County Health Unit - 3539 Perth District Health Unit - 3554	35939	116,200	1,277			x	x		x	x		x			x		x		x													x				x			x	x		x				x
	Chatham-Kent Health Unit - 3540	35940	92,384	775			x	x			x					x		x	x	x							x				x		x		x		x						x		x	x
	Kingston, Frontenac and Lennox and Addington Health Unit - 3541	35941	156,393	996							x	x				x		x	x	x									x	x			x		x		x							x		x	
	Lambton Health Unit - 3542	35942	110,752	873			x	x			x					x		x	x	x							x				x		x		x		x							x		x	x
	Leeds, Grenville and Lanark District Health Unit - 3543	35943	142,504	918							x	x				x		x	x	x							x	x			x		x		x									x		x	
	Middlesex-London Health Unit - 3544	35944	360,300	1,597			x	x			x	x	x			x		x		x							x								x									x			x
	Muskoka-Parry Sound Health Unit - 3545	35945	72,834	777						x	x	x	x			x	x	x		x			x				x				x		x												x		
	Niagara Regional Area Health Unit - 3546	35946	367,629	1,602					x	x	x	x	x			x		x		x											x																
	North Bay and District Health Unit - 3547 Timiskaming Health Unit - 3563	35947	110,445	1,315					x	x	x				x	x		x		x							x						x										x		x	
	Northwestern Health Unit - 3549	35949	53,374	663					x	x	x				x	x		x		x							x						x										x		x	
	City of Ottawa Health Unit - 3551	35951	693,622	2,047			x				x	x				x		x		x									x	x			x		x		x						x		x	
	Oxford County Health Unit - 3552	35952	86,758	773			x	x			x	x	x			x		x		x									x								x						x			x
	Peel Regional Health Unit - 3553	35953	932,276	2,290							x	x	x			x	x	x		x				x					x				x		x												
	Peterborough County-City Health Unit - 3555	35955	112,971	854							x	x	x			x	x	x		x				x					x						x				x						x		
	Porcupine Health Unit - 3556	35956	73,459	828					x	x	x				x	x		x		x							x						x										x		x	
	Renfrew County and District Health Unit - 3557	35957	80,783	761			x				x	x				x		x		x									x	x			x		x		x						x		x	
	The Eastern Ontario Health Unit - 3558	35958	164,919	1,008			x				x	x				x		x		x									x	x			x		x		x						x		x	
	Simcoe County District Health Unit - 3560	35960	341,289	1,448						x	x	x	x			x	x	x		x									x				x		x		x								x	
	Sudbury and District Health Unit - 3561	35961	165,226	1,062					x	x	x				x	x		x		x							x						x										x		x	
	Thunder Bay District Health Unit - 3562	35962	132,122	967					x	x	x				x	x		x		x							x						x										x		x	
	Waterloo Health Unit - 3565	35965	393,400	1,593							x	x				x		x	x	x									x			x													x	
	Wellington-Dufferin-Guelph Health Unit - 3566	35966	211,398	1,123							x	x				x		x	x	x									x			x													x	
	Windsor-Essex County Health Unit - 3568	35968	335,838	1,406			x	x			x					x		x	x	x							x				x		x		x		x						x		x	x
	York Regional Health Unit - 3570	35970	715,639	1,793						x	x	x	x			x	x	x		x									x				x		x					x		x		x		
	City of Toronto Health Unit - 3595	35995	2,227,660	3,369							x	x	x			x	x	x		x			x						x						x			x	x					x		
	Total number HRs/groups -- Number HRs/groups where module is selected	35	10,278,741	42,777	0	0	11	7	10	12	35	25	18	0	6	35	8	35	8	35	0	0	2	4	0	0	6	3	24	6	3	3	22	0	19	0	19	1	5	1	2	0	22	0	24	11
Manitoba	Winnipeg Regional Health Authority - 4610	46910	548,911	2,243					x							x		x			x																x									
	Brandon Regional Health Authority - 4615 Assiniboine Regional Health Authority - 4645	46915	94,781	1,394					x							x		x			x																x									
	North Eastman Regional Health Authority - 4620 South Eastman Regional Health Authority - 4625	46920	74,394	984					x							x		x			x																x									
	Interlake Regional Health Authority - 4630	46930	59,714	699					x							x		x			x																x									
	Central Regional Health Authority - 4640	46940	77,718	802					x							x		x			x																x									
	Parkland Regional Health Authority - 4660 Norman Regional Health Authority - 4670 Burntwood Regional Health Authority/Churchill Regional Health Authority - 4680	46960	59,591	1,510					x							x		x			x																x									
	Total number HRs/groups -- Number HRs/groups where module is selected	6	915,109	7,632	0	0	0	0	6	0	0	0	0	0	0	6	0	6	0	0	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6	0	0	0	0	0	0	0	0	0

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Saskatchewan	Sun Country Regional Health Authority - 4701																																														
	Five Hills Regional Health Authority - 4702	47901	128,077	1,766					x							x	x						x				x										x	x	x		x	x		
	Cypress Regional Health Authority - 4703																																														
	Regina Qu'Appelle Regional Health Authority - 4704	47904	200,832	1,174												x	x	x					x				x				x	x						x	x	x		x	x		
	Sunrise Regional Health Authority - 4705	47905	81,080	1,166												x	x						x				x											x	x	x		x	x		
	Kelsey trail Regional Health Authority - 4708																																														
	Saskatoon Regional Health Authority - 4706	47906	236,846	1,301					x		x					x	x						x				x				x							x	x	x		x	x		
	Heartland Regional Health Authority - 4707	47907	83,958	1,111					x							x	x						x				x											x	x	x		x	x		
	Prairie North Regional Health Authority - 4710																																														
	Prince Albert Parkland Regional Health Authority - 4709	47909	69,118	1,069												x	x						x				x											x	x	x		x	x		
	Mamawetan Churchill River RHA/Keewatin Yatthé RHA/Athabasca HA - 4711																																														
	Total number HRs/groups -- Number HRs/groups where module is selected	6	799,911	7,587	0	0	0	0	0	3	0	1	0	0	0	0	6	6	1	0	0	0	0	6	0	0	0	6	0	0	0	2	1	0	0	0	0	0	6	6	6	0	6	6	0	0
Alberta	Chinook Regional Health Authority - 4820	48920	123,374	892		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Palliser Health Region - 4821	48921	82,667	728		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Calgary Health Region - 4822	48922	944,707	2,947		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	David Thompson Regional Health Authority - 4823	48923	243,611	1,979		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	East Central Health - 4824	48924	91,665	812		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Capital Health - 4825	48925	828,699	2,817		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Aspen Regional Health Authority - 4826	48926	134,403	1,701		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Peace Country Health - 4827	48927	155,084	1,995		x			x		x	x	x			x		x	x									x								x	x		x	x			x	x	x	
	Northern Lights Health Region - 4828																																														
	Total number HRs/groups -- Number HRs/groups where module is selected	8	2,604,210	13,871	0	8	0	0	8	0	8	8	8	0	0	8	0	8	8	0	0	0	0	0	0	0	0	8	0	0	0	0	0	0	0	8	8	0	8	8	0	0	8	8	8	0
British Columbia	East Kootenay - 5911	59911	68,707	627	x		x			x		x						x	x					x			x		x				x				x										
	Kootenay-Boundary - 5912	59912	70,143	627	x		x			x		x						x	x					x			x		x				x				x										
	Okanagan - 5913	59913	264,878	1,205	x		x			x		x						x	x					x			x		x				x				x										
	Thompson/Cariboo - 5914	59914	178,653	988	x		x			x		x						x	x					x			x		x				x				x										
	Fraser East - 5921	59921	208,732	1,018	x		x			x		x						x	x					x			x		x				x				x										
	Fraser North - 5922	59922	483,535	1,513	x		x			x		x						x	x					x			x		x				x				x										
	Fraser South - 5923	59923	527,524	1,530	x		x			x		x						x	x					x			x		x				x				x										
	Richmond - 5931	59931	152,786	829	x		x			x		x						x	x					x			x		x				x				x										
	Vancouver - 5932	59932	512,805	1,519	x		x			x		x						x	x					x			x		x				x				x										
	North Shore/Coast Garibaldi - 5933	59933	228,543	1,022	x		x			x		x						x	x					x			x		x				x				x										
	South Vancouver Island - 5941	59941	292,240	1,230	x		x			x		x						x	x					x			x		x				x				x										
	Central Vancouver Island - 5942	59942	206,451	870	x		x			x		x						x	x					x			x		x				x				x										
	North Vancouver Island - 5943	59943	94,885	855	x		x			x		x						x	x					x			x		x				x				x										
	Northwest - 5951	59951	108,725	1,399	x		x			x		x						x	x					x			x		x				x				x										
	Northeast - 5953																																														
	Northern Interior - 5952	59952	123,368	826	x		x			x		x						x	x					x			x		x				x				x										
	Total number HRs/groups -- Number HRs/groups where module is selected	15	3,521,975	16,058	15	0	15	0	0	15	0	15	0	0	0	0	0	15	15	0	0	0	0	15	0	0	15	0	15	0	0	0	15	0	0	0	15	0	0	0	0	0	0	0	0	0
Territories	Yukon - 6001																																														
	Northwest Territories - 6101	60901	71,917	2,547								x		x					x																												
	Nunavut - 6201																																														
	Total number HRs/groups -- Number HRs/groups where module is selected	1	71,917	2,547	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Canada	Total number HRs/groups -- Number HRs/groups where module is selected	103	26,555,434	134,072	15	16	26	11	41	34	69	66	38	4	27	55	14	85	63	55	6	32	2	25	6	0	36	32	39	19	20	5	47	0	34	8	48	7	34	15	27	6	41	14	32	15
	Total sample, all regions where module is selected				16,058	20,889	28,942	11,459	48,094	38,547	95,292	93,640	52,108	4,054	40,772	69,236	20,663	101,864	83,807	75,305	7,632	43,600	4,146	29,334	4,956	0	49,354	52,111	47,205	18,612	32,715	6,793	51,541	0	53,465	13,871	58,695	8,325	57,488	22,735	42,310	6,116	50,527	21,458	42,789	15,412

HR groupings are shaded green or blue

Red cell indicates suppression from PUMF

"x" indicates content appears in PUMF for HR/grouping

* Module also part of sub-sample content

† Extra optional content buy-in -- Newfoundland and Labrador

§ Module content different in Québec

§§ Additional module "Problems in community", and optional modules "Spirituality" and "Stress" also selected, but not shown in the table