



# National Population Health Survey (NPHS)

## Content Summary

### Cycle 1 to 9



Theme	Subject	Variable	Universe (Age)	Non-Proxy	Proxy	1994/1995 (Cycle 1)	1996/1997 (Cycle 2)	1998/1999 (Cycle 3)	2000/2001 (Cycle 4)	2002/2003 (Cycle 5)	2004/2005 (Cycle 6)	2006/2007 (Cycle 7)	2008/2009 (Cycle 8)	2010/2011 (Cycle 9)
Administration	Administration	AM	All respondents	√	√	C 18	C 24 and 118	C 26 and 79	C 86	C 96	C 92	C 91	C 94	C 173
Alcohol	Attitudes towards	AL	Cycle 2: >=12 Alberta RDD excluded. Cycle 5: >=12	√			HPS 75			F 63				
	Consumption during pregnancy	AL	Cycle 1: Females and birth mother in last 5 years. Cycle 2: 15 to 49 years old Alberta only	√		HPS 22	PBI 74							
	Dependence	AD	>=12	√			F 76			F 64				
	Use	AL	>=12	√	√	C 22	C 72	C 65	C 60	C 61	C 64	C 64	C 67	C 128
Attitudes	Towards parents	AP	12 to 17 in Alberta	√			PBI 90							
Breast-feeding	Breast-feeding	BF GH	Cycle 1: Birth mother in the last five year. Cycle 2: HPS: Females >=15 and <=49 and have given birth since last interview; PBI: Alberta	√		HPS 19	HPS 35, PBI 35							
Child's Health	Child's Health	IJ DG	<12		√		C 103							
Chronic conditions	Acne requiring prescription medication	CC	<30	√	√	C 9								
	Alzheimer's disease or other dementia	CC	>=18	√	√	C 9	C 11	C 11	C 29	C 33	C 33	C 35	C 33	C 80
	Arthritis or rheumatism	CC	>=12	√	√	C 9	C 11	C 11	C F 17	C 24	C 25	C 26	C 24	C 53
	Asthma	CC	Cycle 1: >=12. Cycle 2-8: All respondents. Cycle 2 - AS: All respondents >=12 who declared having asthma diagnosed by a health professional in the core survey.	√	√	C 9	C 11, AS	C 11	C 16	C 22	C 22	C 24	C 22	C 45
	Back problem	CC	>=12	√	√	C 9	C 11	C 11	C 19	C 26	C 26	C 28	C 26	C 57
	Bowel disorder such as Crohn's disease or colitis	CC	>=12	√	√		C 11	C 11	C 29	C 33	C 33	C 35	C 33	C 80
	Bronchitis, emphysema	CC	Cycle 1, 5 to 8: >=12, Cycle 2-4: all respondents	√	√	C 9	C 11	C 11	C 21	C 28	C 28	C 30	C 28	C 65
	Cancer	CC	>=12	√	√	C 9	C 11	C 11	C 27	C 31	C 31	C 33	C 31	C 72
	Cataracts	CC	>=18	√	√	C 9	C 11	C 11	C 29	C 33	C 34	C 35	C 33	C 80
	Child	CC	<=3	√	√	K 60	K 105	K 11						
	Diabetes	CC	Cycle 1-4: >=12, Cycle 5-8: all respondents	√	√	C 9	C 11	C 11	C F 21	C 28	C 29	C 30	C 28	C 65
	Effects of stroke	CC	>=12	√	√	C 9	C 11	C 11	C 28	C 32	C 32	C 34	C 32	C 76
	Epilepsy	CC	Cycle 1: >=12, Cycle 2-8: all respondents	√	√	C 9	C 11	C 11	C 24	C 30	C 30	C 32	C 30	C 69
	Fibromyalgia	CC	>=12	√	√				C 17	C 23	C 23	C 25	C 23	C 48
	Food allergies	CC	Cycle 1: >=12, Cycle 2-8: All respondents	√	√	C 9	C 11	C 11	C 16	C 22	C 22	C 24	C 22	C 45
	Glaucoma	CC	>=18	√	√	C 9	C 11	C 11	C 30	C 33	C 34	C 35	C 33	C 80
	Heart Disease	CC	Cycle 1: >=12, Cycle 2-8: all respondents	√	√	C 9	C 11	C 11	C F 25	C 30	C 31	C 32	C 30	C 72
High blood pressure	CC	>=12	√	√	C 9	C 11	C 11	C 19	C 26	C 26	C 28	C 26	C 57	



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Chronic conditions (continued)	Migraine, headache	CC	Cycle 1-4: >=12, Cycle 5-8: all respondents	√	√	C 9	C 11	C 11	C 20	C 27	C 27	C 29	C 27	C 61
	Other allergies	CC	Cycle 1: >=12, Cycle 2-8: All respondents	√	√	C 9	C 11	C 11	C 16	C 22	C 22	C 24	C 22	C 45
	Sinusitis	CC	>=12	√	√	C 9	C 11	C 11						
	Stomach or intestinal ulcers	CC	>=12	√	√	C 9	C 11	C 11	C 27	C 31	C 31	C 33	C 31	C 73
	Thyroid condition	CC	>=12	√	√		C 11	C 11	C 30	C 34	C 34	C 36	C 34	C 81
	Urinary incontinence	CC	>=12	√	√	C 9	C 11	C 11	C 28	C 33	C 33	C 35	C 33	C 79
Depression	Personal and family history	FH	>=18	√							F 73			
Drug / medication use	Drug / medication use	DG	>=12	√	√	C 43	C 62 and 114	C 56	C 51	C 53	C 55	C 54	C 58	C 110
Education	Education	ED	>=12	√	√	C 12	C 16	C 18	C 74	C 84	C 79	C 78	C 81	C 150
Family medical history	Family medical history	FH	>=18	√				F 34						
Food insecurity	Food insecurity	IN FI	Cycle 2: all respondents. Cycle 3: All respondents who were identified as food unsecured in the Household NPHS supplemental screening questions. Cycle 7 and 8: all respondents.	√	√		HPS 23	FIS 25				F 89	F 93	F 172
General health status	Self-evaluation	GH	All respondents	√	√	C 19 and 59	C 25 and 103	C 27	C 4	C 3	C 3	C 3	C 3	C 4
Health care	Emergency services	ES	>=12	√			F 44							
	Utilization	SV HC	Core: All respondents. HPS: >=20. PBI: >=12 Alberta	C: √, HPS and PBI: √	C: √	C 5 and 60, HPS 27	C 5, PBI 104 and 115	C 5	C 10	C 14	C 15	C 16	C 14	C 29
	Home care	HC	>=18	√	√	C 7	C 5	C 5	C 10	C 17	C 18	C 19	C 18	C 36
Health information	Health information	A HI	HPS: >=12, PBI: Alberta 12 to 17	√		HPS 27	PBI 46 and 92							
Health status	Dexterity / Hands and fingers	HS	>=4	√	√	C 41 and 64	C 53 and 110	C 45	C 34	C 38	C 37	C 39	C 37	C 85
	Feelings	HS	>=4	√	√	C 41 and 65	C 53 and 111	C 46	C 35	C 38	C 38	C 40	C 38	C 86
	Hearing	HS	>=4	√	√	C 38 and 62	C 51 and 108	C 43	C 32	C 35	C 35	C 37	C 35	C 82
	Memory	HS	>=4	√	√	C 41 and 65	C 54 and 112	C 46	C 35	C 38	C 38	C 40	C 38	C 86
	Mobility / Getting around	HS	>=4	√	√	C 40 and 64	C 52 and 109	C 44	C 33	C 37	C 37	C 39	C 36	C 84
	Pain and Discomfort	HS	>=4	√	√	C 42 and 66	C 54 and 112	C 47	C 35	C 39	C 39	C 41	C 38	C 86
	Speech	HS	>=4	√	√	C 39 and 63	C 51 and 109	C 44	C 33	C 36	C 36	C 38	C 36	C 83
	Thinking	HS	>=4	√	√	C 42 and 65	C 54 and 112	C 46	C 35	C 39	C 38	C 40	C 38	C 86
	Vision	HS	>=4	√	√	C 38 and 62	C 50 and 107	C 42	C 31	C 35	C 35	C 36	C 34	C 82
Height and weight	Height and weight	HW	All respondents	√	√	C 20	C 27	C 27	C 5	C 5	C 5	C 5	C 5	C 7
	Body Image	HW	>=12	√		HPS 8	HPS 28			F 7	C 8	C 8	C 7	C 13
Income	Income	IN	All respondents	√	√	C 16	C 22	C 23	C 81	C 91	C 87	C 86	C 89	C 167
Injuries	Injuries	IJ	All respondents	√	√	C 25 and 66	C 60 and 112	C 54	C 39	C 44	C 43	C 45	C 42	C 94
	Injury prevention	INJ	>=12	√		HPS 16								
Insurance	Insurance	DV EX DG IS	Cycle 2: >=12, Cycle 3-5: All respondents	√	√		F 44	C 34	C 31	C 34				



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Labour force	Labour force	LF LS	Cycle 1: >=15. Cycle 2-8: 15 to 75	√	√	C 13	C 18	C 19	C 75	C 85	C 81	C 80	C 83	C 153	
	Absence / hours	LS	Cycle 4-8: 15 to 75	√	√				C 78	C 88	C 84	C 83	C 85	C 160	
	Job attachment	LS	Cycle 4-8: 15 to 75	√	√				C 75	C 85	C 81	C 80	C 83	C 154	
	Job description	LS	Cycle 4-8: 15 to 75	√	√				C 77	C 87	C 82	C 81	C 84	C 157	
	Job search - Last 4 weeks	LS	Cycle 4-8: 15 to 75	√	√				C 76	C 86	C 81	C 80	C 83	C 155	
	Looking for work	LS	Cycle 4-8: 15 to 75	√	√				C 80	C 90	C 86	C 85	C 88	C 164	
	Other job	LS	Cycle 4-8: 15 to 75	√	√				C 79	C 89	C 85	C 84	C 87	C 162	
	Past job attachment	LS	Cycle 4-8: 15 to 75	√	√				C 76	C 86	C 82	C 81	C 84	C 156	
	Weeks worked	LS	Cycle 4-8: 15 to 75	√	√				C 80	C 90	C 86	C 85	C 88	C 164	
Language	SD	All respondents	√	√	C 11	C 15	C 16	C 73	C 83	C 78	C 77	C 80	C 148		
Mental health	Mental health	MH	>=12	√		C 44	C 78	C 67	C 62	C 66	C 66	C 66	C 69	C 132	
Nutrition	Eating habits	HW	>=12	√		HPS 5	HPS 28								
	Food choice	NU	Cycle 1- 2: >=12. Cycle 3, 5 and 7: >=15	√		HPS 5		F 39		F 8		F 8			
	Fruit & vegetable consumption	FV	Cycle 5: >=15, Cycle 6 to 8: >=12	√						F 10	F 9	F 10	F 9	F 16	
	Milk consumption	MK	>=12	√							F 12	F 13	F 11	F 22	
	Self-perceived eating habits	GH	All respondents	√	√					C 4	C 3	C 3	C 4	C 5	
	Soft drink consumption	SK	>=12	√							F 11	F 12	F 11		
	Supplement use	NU	Cycle 3 and 5 >=15, Cycle 6 to 8: >=12	√				F 42		F 9	F 8	F 10	F 8		
Physical activities	Physical activities	PA	>=12	√		C 24	C 55	C 51	C 36	C 40	C 39	C 41	C 39	C 87	
Preventive health	Blood pressure check	BP PH	>=12	√		C 20	C 29	C 28	C 7	C 12	C 12	C 14	C 12	C 24	
	Breast examination	WH PH	Females >=18	√			C 33								
	Breast self-examination	WH PH	Females >=18	√			HPS 35								
	Dental visits	DV	>=12	√				F 41							
	Eye examinations	EX	>=12	√				F 42							
	Flu shots	FS	>=12	√				F 39							
	Health improvement practices	GH A	>=12	√		HPS 16	HPS 26								
	HIV	SH HV	Cycle 1: 15 to 45. Cycle 2: >=18	√		HPS 26	HPS 45								
	Hysterectomy	WH PH	Females >=18	√				C 30	C 9	C 14	C 14	C 16	C 14	C 28	
	Mammography	WH PH	Females >=35	√		C 20	C 32	C 29	C 8	C 12	C 13	C 15	C 13	C 25	
	PAP smear test	WH PH	Females >=18	√		C 20	C 30	C 29	C 8	C 12	C 13	C 14	C 12	C 24	
	Physical check-ups	PC	>=12	√				F 37							
	Pregnancy	HW PH	Females: 15 to 49	√		C 19	HPS 35	C 30	C 9	C 12	C 14	C 15	C 14	C 26	
Repetitive strain	Repetitive strain	RP	>=12	√				C 59	C 53	C 38	C 43	C 42	C 44	C 41	C 92
Residential history	Residential history	RH MB	>=12	√						OBI 76					



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<b>Restriction of activities</b>	Restriction of activities	RA	Cycle 1-2: >=12. Cycle 3-8: All respondents	√	√	C 7	C 8	C 8	C 13	C 19	C 19	C 20	C 19	C 38
<b>Road safety - Driving under influence</b>	Road safety - Driving under influence	RS	>=12	√			HPS 98							
<b>Self-care</b>	Self-care	SC	>=18	√				F 31						
<b>Sexual health</b>	Sexual health	SH	Cycle 1: 15-45. Cycle 2: 15-59. PBI: Alberta	√		HPS 25	HPS 93, PBI 96							
<b>Sleep</b>	Sleep	SL	>=12	√						F 4	C 4	C 4	C 4	C 5
<b>Smoking</b>	Attitudes	SM	>=12	√			HPS 69							
	Awareness, attitudes, quitting	SM	>=12	√		HPS 8								
	During pregnancy	SM	Cycle 2: Female 15 to 49	√			HPS 68							
	Smoking	SM GH	>=12	√	√	C 21	C 65, HPS 68	C 59 and 63	C 55	C 57	C 59	C 59	C 62	C 119
	Tobacco alternatives	TA	>=12	√				HPS 64						
<b>Social support</b>	Social support	SS	>=12. Cycle 2-PBI: Alberta	√		C 50	C 85, HPS 88, PBI 89	C 73	C 69	C 73	C 74	C 74	C 76	C 144
<b>Socio-demographic characteristics</b>	Country of birth	SD	All respondents	√	√	C 10	C 14	C 15						
	Ethnicity	SD	All respondents	√	√	C 10	C 15	C 15	C 72					
	Race	SD	All respondents	√	√	C 11	C 16	C 16	C 73					
	Year of immigration	SD	All respondents	√	√	C 10	C 14	C 15						
<b>Stress</b>	Childhood and adult stressors (traumas)	ST	Cycle 1: >=18. Cycle 4: Respondents <18 in Cycle 1 and >= 18 in Cycle 4. Cycle 7 and 8 >=18.	√		F 32			F 46			F 50	F 48	
	Coping	CO	Cycle 1 and 6: >=18 Non-Proxy Manitoba and Alberta only. Cycle 2: Alberta >=18	√		PBI 57	PBI 102				F 52			
	Mastery	PY ST	>=12	√		F 34			F 50	F 51	C 51	C 54	C 52	C 108
	Ongoing problems	ST	Cycle 1 and 4: >=18. Cycle 5 to 8: >=12	√		F 28			F 42	F 47	C 46	C 48	C 45	C 100
	Rationality	RT	>= 18	√		BPI 54								
	Recent life events	ST	>=18	√		F 30			F 44					
	Self-esteem	PY ST	>=12	√		F 34			F 49				F 51	
	Self-perceived	GH	Cycle 4: >=18. Cycle 5-7: >=12	√					C 4	C 3	C 3	C 3	C 3	C 4
Sense of coherence	PY ST	>=18	√		F 34		F 47					F 53		
Work stress	ST	Cycle 1: >=15. Cycle 4-8: 15 to 75	√		F 33			F 47	F 49	C 48	C 51	C 49	C 103	
<b>Two week disability</b>	Two week disability	TW	All respondents	√	√	C 4	C 4	C 4						
<b>UV exposure and tanning</b>	UV exposure and tanning	TU	>=12. Cycle 2 - PBI: Alberta	√			PBI 57		C 38	C 42	C 42	C 43	C 41	C 92
<b>Violence and personal safety (AB)</b>	Violence and personal safety (AB)	VS	>=12 Alberta	√			PBI 100							

Please note that the master LONG.txt file only contains the Core and the Focus contents.