
CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

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| | | | | | |
|----------------------|---------|---------------|---|-----------------|-------|
| Variable Name | VERDATE | Length | 8 | Position | 1 - 8 |
|----------------------|---------|---------------|---|-----------------|-------|

Question Name

Concept Date of file creation

Question

Universe All respondents

Note Format = YYYYMMDD

| | | | | | |
|----------------------|----------|---------------|----|-----------------|--------|
| Variable Name | SAMPLEID | Length | 20 | Position | 9 - 28 |
|----------------------|----------|---------------|----|-----------------|--------|

Question Name

Concept Household identifier

Question

Universe All respondents

Note Unique number to identify dwelling.

| | | | | | |
|----------------------|--------|---------------|---|-----------------|----|
| Variable Name | SUPPID | Length | 1 | Position | 29 |
|----------------------|--------|---------------|---|-----------------|----|

Question Name

Concept 24-hour dietary recall identifier

Question

Universe All respondents

Note

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|-------------|------------------|
| DAY ONE | 1 | 1,159,157 |
| DAY TWO | 2 | 339,805 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|-------|---------------|---|-----------------|---------|
| Variable Name | SEQID | Length | 3 | Position | 30 - 32 |
|----------------------|-------|---------------|---|-----------------|---------|

Question Name

Concept Food item sequence number within a dietary recall

Question

Universe

Note Unique sequential number within a 24-hour dietary recall. Additional information may be found in the User Guide and in the documentation on derived variables.

| | | |
|-----------------------|--------------------|-------------------------|
| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
| SEQUENCE NUMBER | 1 - 147 | 1,498,962 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_FID | Length | 2 | Position | 33 - 34 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept Basic food, ingredient or recipe identifier

Question

Universe

Note Additional information may be found in the User Guide and in the documentation on derived variables.

| | | |
|--------------------------------------|--------------------|-------------------------|
| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
| BASIC FOOD LEVEL | 00 | 542,989 |
| INGREDIENT FOOD LEVEL - MAIN RECIPE | 10 | 861,000 |
| INGREDIENT FOOD LEVEL - SUB-RECIPE 1 | 20 | 94,621 |
| INGREDIENT FOOD LEVEL - SUB-RECIPE 2 | 30 | 352 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | RECIPEID | Length | 2 | Position | 35 - 36 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept Recipe identifier

Question

Universe

Note Unique recipe number within a 24-hour dietary recall. This variable could be used to link a recipe with its associated set of ingredients. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|-------------|------------------|
| RECIPE NUMBER | 1 - 17 | 955,973 |
| NOT APPLICABLE | 96 | 542,989 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_CDE | Length | 7 | Position | 37 - 43 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept NSS food code

Question

Universe

Note This variable represents the Nutrition Survey System (NSS) food code. It is a unique code for each food item. Each NSS code has a specific nutrient profile assigned to it. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|-------------|------------------|
| FOOD CODE | 11 - 501156 | 1,498,962 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_RC1 | Length | 7 | Position | 44 - 50 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept NSS recipe code - main level

Question

Universe

Note A code which represents the Nutrition Survey System (NSS) code for main recipe level (i.e. the main overall recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|----------------|------------------|
| FOOD CODE | 10001 - 501186 | 955,973 |
| NOT APPLICABLE | 9999996 | 542,989 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_RC2 | Length | 7 | Position | 51 - 57 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept NSS sub-recipe code - level 1

Question

Universe

Note A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 1 (i.e. the first nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|----------------|------------------|
| FOOD CODE | 10004 - 501180 | 94,973 |
| NOT APPLICABLE | 9999996 | 1,403,989 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_RC3 | Length | 7 | Position | 58 - 64 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept NSS sub-recipe code - level 2

Question

Universe

Note A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 2 (i.e. the second nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|---------------|------------------|
| FOOD CODE | 10836 - 13295 | 352 |
| NOT APPLICABLE | 9999996 | 1,498,610 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_RC4 | Length | 7 | Position | 65 - 71 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept NSS sub-recipe code - level 3

Question

Universe

Note A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 3 (i.e. the third nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|-------------|------------------|
| NOT APPLICABLE | 9999996 | 1,498,962 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_FGR | Length | 4 | Position | 72 - 75 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept BNS food groups

Question

Universe

Note This variable represents a unique identifier which identifies the BNS food group to which the food item belongs. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables.
The values for FIDD_FGR have been updated since the previous release.

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_GR1 | Length | 4 | Position | 76 - 79 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept BNS food group - main level recipe

Question

Universe

Note A code which represents the BNS food group of the food item at the main recipe level. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables.
The values for FIDD_GR1 have been updated since the previous release.

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_GR2 | Length | 4 | Position | 80 - 83 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept BNS food group - sub-recipe level 1

Question

Universe

Note A code which represents the BNS food group of the food item at the sub-recipe level 1. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD_GR2 have been updated since the previous release.

| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_GR3 | Length | 4 | Position | 84 - 87 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept BNS food group - sub-recipe level 2

Question

Universe

Note A code which represents the BNS food group of the food item at the sub-recipe level 2. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD_GR3 have been updated since the previous release.

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|---------|
| Variable Name | FIDD_GR4 | Length | 4 | Position | 88 - 91 |
|----------------------|----------|---------------|---|-----------------|---------|

Question Name

Concept BNS food group - sub-recipe level 3

Question

Universe

Note A code which represents the BNS food group of the food item at the sub-recipe level 3. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD_GR4 have been updated since the previous release.

| | | | | | |
|----------------------|----------|---------------|------|-----------------|----------|
| Variable Name | FIDD_WTG | Length | 12.6 | Position | 92 - 103 |
|----------------------|----------|---------------|------|-----------------|----------|

Question Name

Concept Food amount in grams

Question

Universe

Note During the 24-hour dietary recall interview it was not possible to quantify the volume of human milk for infants and children who were breast-fed. Therefore, in such cases since the volume was unknown, it was not possible to report a gram amount for human milk, so the value was set to "don't know". When the 24-hour dietary recall information was collected, respondents were able to select the food portion size from a general pre-set list (e.g. one tablespoon) using a portion model (e.g. one piece 2 cm by 2 cm by 2 cm) or by a pre-set list based upon the food item selected (e.g. one medium banana). In the Nutrition Survey System (NSS), the portion size was converted to a gram amount taking into account the density of the food. Note that the amount value is adjusted for any moisture or fat loss due to preparation. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------|-------------------------|------------------|
| AMOUNT | 0.000001 - 12433.695362 | 1,497,914 |
| NUTRIENT ABSENT | 0 | 47 |
| DON'T KNOW | 99999.999997 | 1,001 |
| Total | | 1,498,962 |

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Variable Name FIDD_EKC **Length** 12.6 **Position** 104 - 115

Question Name

Concept Energy - kcal

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------|------------------------|------------------|
| AMOUNT | 0.000001 - 5055.305904 | 1,287,624 |
| NUTRIENT ABSENT | 0 | 210,337 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_CAR **Length** 12.6 **Position** 116 - 127

Question Name

Concept Total carbohydrate - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 859.727529 | 1,163,902 |
| NUTRIENT ABSENT | 0 | 334,059 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|---------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FI | Length | 12.6 | Position | 128 - 139 |
|----------------------|---------|---------------|------|-----------------|-----------|

Question Name

Concept Total dietary fibre - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 111.296640 | 634,855 |
| NUTRIENT ABSENT | 0 | 840,384 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 22,722 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_SUG | Length | 12.6 | Position | 140 - 151 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Total sugars - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD_SUG have been updated since the previous release.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 685.709862 | 955,910 |
| NUTRIENT ABSENT | 0 | 477,232 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 64,819 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAT | Length | 12.6 | Position | 152 - 163 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Total fat - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 399.524358 | 1,160,462 |
| NUTRIENT ABSENT | 0 | 337,499 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAS | Length | 12.6 | Position | 164 - 175 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Total saturated fatty acids - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 183.443303 | 1,124,617 |
| NUTRIENT ABSENT | 0 | 359,109 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 14,235 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAM | Length | 12.6 | Position | 176 - 187 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Total monounsaturated fatty acids - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 235.319847 | 1,090,752 |
| NUTRIENT ABSENT | 0 | 386,998 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 20,211 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAP | Length | 12.6 | Position | 188 - 199 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Total polyunsaturated fatty acids - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 140.450292 | 1,114,797 |
| NUTRIENT ABSENT | 0 | 362,982 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 20,182 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAL | Length | 12.6 | Position | 200 - 211 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Linoleic, fatty acids polyunsaturated - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 118.091379 | 1,101,904 |
| NUTRIENT ABSENT | 0 | 353,536 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 42,521 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FAN | Length | 12.6 | Position | 212 - 223 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Linolenic, fatty acids polyunsaturated - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The linolenic fatty acid value for food code 554 - salad dressing, mayonnaise, commercial, reduced fat, has been revised since the previous release.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|----------------------|------------------|
| AMOUNT | 0.000001 - 40.000164 | 1,000,000 |
| NUTRIENT ABSENT | 0 | 454,080 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 43,881 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_CHO | Length | 12.6 | Position | 224 - 235 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Cholesterol - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 3680.734122 | 388,168 |
| NUTRIENT ABSENT | 0 | 1,100,219 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 9,574 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_PRO | Length | 12.6 | Position | 236 - 247 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Protein - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 402.487844 | 1,086,505 |
| NUTRIENT ABSENT | 0 | 411,456 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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Variable Name FIDD_ALC **Length** 12.6 **Position** 248 - 259

Question Name

Concept Alcohol - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 706.515210 | 18,995 |
| NUTRIENT ABSENT | 0 | 1,413,984 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 64,982 |
| NOT STATED | 99999.999999 | 1,001 |
| | Total | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_RAE | Length | 12.6 | Position | 260 - 271 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Retinol activity equivalents (vitamin A) - mcg

Question

Universe

Note Vitamin A (retinol) is a generic term for a large number of related compounds. Retinol, retinal, and retinoic acid are often referred to as "preformed vitamin A". The preformed vitamin A is found almost exclusively in animal-derived foods. The efficiency of absorption of preformed vitamin A in the human body is generally high. In addition to preformed vitamin A, Beta-carotene and other carotenoids that can be converted by the body into retinol are referred to as "provitamin A carotenoids". This form of provitamin A exists exclusively in plants (including vegetable oils, fruits and vegetables). Although several hundred carotenoids exist in plant origins, only about 10%, most notable Beta-carotene, yield significant vitamin A activity. The most recent North American standard of measure of vitamin A - as recommended by the Institute of Medicine (2001) - is retinol activity equivalents (RAE) which represents the sum of vitamin A activity as retinol and carotenoid content after conversion. The formula is: $RAE = 1 \text{ mcg retinol} + \text{mcg Beta-carotene}/12 + \text{mcg other carotenoids}/24$. The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-------------------------|------------------|
| AMOUNT | 0.000001 - 71935.290000 | 633,396 |
| NUTRIENT ABSENT | 0 | 819,158 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 45,407 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name FIDD_DMG **Length** 12.6 **Position** 272 - 283

Question Name

Concept Vitamin D - mcg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The vitamin D values for food codes 3208 - Whitefish (raw), 3169 - Whitefish (baked), and 3088 - Whitefish (smoked) have been revised since the previous release.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 229.655904 | 344,329 |
| NUTRIENT ABSENT | 0 | 1,001,112 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 152,520 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_C **Length** 12.6 **Position** 284 - 295

Question Name

Concept Vitamin C - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 5806.995312 | 637,335 |
| NUTRIENT ABSENT | 0 | 844,241 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 16,385 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name FIDD_THI **Length** 12.6 **Position** 296 - 307

Question Name

Concept Thiamin - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|----------------------|------------------|
| AMOUNT | 0.000001 - 15.802002 | 1,049,519 |
| NUTRIENT ABSENT | 0 | 437,388 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 11,054 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_RIB **Length** 12.6 **Position** 308 - 319

Question Name

Concept Riboflavin - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|----------------------|------------------|
| AMOUNT | 0.000001 - 26.014680 | 1,138,802 |
| NUTRIENT ABSENT | 0 | 348,009 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 11,150 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_NIA | Length | 12.6 | Position | 320 - 331 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Niacin (Niacin equivalents) - mg

Question

Universe

Note For this variable, the niacin intakes are expressed in niacin equivalents (NE) which include both tryptophan and preformed niacin (i.e. nicotinic acid and nicotinamide). Tryptophan is an essential amino acid that can serve as the metabolic precursor of niacin. Niacin equivalents are calculated as the sum of the contributions in food from preformed niacin plus the niacin which the body can form from tryptophan. The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 233.432976 | 1,100,864 |
| NUTRIENT ABSENT | 0 | 385,702 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 11,395 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|---------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_B6 | Length | 12.6 | Position | 332 - 343 |
|----------------------|---------|---------------|------|-----------------|-----------|

Question Name

Concept Vitamin B6 - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|----------------------|------------------|
| AMOUNT | 0.000001 - 10.544357 | 1,045,931 |
| NUTRIENT ABSENT | 0 | 433,053 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 18,977 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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Variable Name FIDD_B12 **Length** 12.6 **Position** 344 - 355

Question Name

Concept Vitamin B12 - mcg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 575.525410 | 477,712 |
| NUTRIENT ABSENT | 0 | 1,001,167 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 19,082 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_FON **Length** 12.6 **Position** 356 - 367

Question Name

Concept Naturally occurring folate - mcg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 4241.872077 | 988,529 |
| NUTRIENT ABSENT | 0 | 422,679 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 86,753 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name FIDD_FOA **Length** 12.6 **Position** 368 - 379

Question Name

Concept Folic acid - mcg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 1235.753900 | 151,795 |
| NUTRIENT ABSENT | 0 | 1,264,213 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 81,953 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_DFE **Length** 12.6 **Position** 380 - 391

Question Name

Concept Dietary folate equivalents - mcg

Question

Universe

Note There are two chemical forms now in foods that contribute to folate bioactivity: "naturally occurring folate" or called "food folate" and the added synthetic form of folate called "folic acid". Since the late 1990s, a new measuring unit called Dietary Folate Equivalents (DFE) has become common for calculating the total activity of food folate and folic acid. DFE takes into account the differences in the bioavailability of the two forms of folate; meaning it adjusts for the nearly 50% lower bioavailability (i.e. less absorption in the body) of food folate compared to that of folic acid. The DFE formula for foods with a mixture of folic acid and food folate is: $1\text{DFE} = (\text{mcg of folic acid} \times 1.7) + \text{mcg of food folate}$. The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 3184.158520 | 1,023,656 |
| NUTRIENT ABSENT | 0 | 393,288 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 81,017 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_FOL | Length | 12.6 | Position | 392 - 403 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Folacin - mcg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 4241.872077 | 1,035,800 |
| NUTRIENT ABSENT | 0 | 447,773 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 14,388 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_CAL | Length | 12.6 | Position | 404 - 415 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Calcium - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 6527.442415 | 1,396,709 |
| NUTRIENT ABSENT | 0 | 94,421 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 6,831 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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Variable Name FIDD_PHO **Length** 12.6 **Position** 416 - 427

Question Name

Concept Phosphorus - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 7222.546484 | 1,198,501 |
| NUTRIENT ABSENT | 0 | 288,915 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 10,545 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

Variable Name FIDD_MAG **Length** 12.6 **Position** 428 - 439

Question Name

Concept Magnesium - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000001 - 2184.091707 | 1,347,794 |
| NUTRIENT ABSENT | 0 | 134,613 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 15,554 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_IRO | Length | 12.6 | Position | 440 - 451 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Iron - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 122.452314 | 1,376,720 |
| NUTRIENT ABSENT | 0 | 113,969 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 7,272 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_ZIN | Length | 12.6 | Position | 452 - 463 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Zinc - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------|------------------|
| AMOUNT | 0.000001 - 475.813582 | 1,340,976 |
| NUTRIENT ABSENT | 0 | 139,824 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 17,161 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_SOD | Length | 12.6 | Position | 464 - 475 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Sodium - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-------------------------|------------------|
| AMOUNT | 0.000001 - 31874.472000 | 1,400,586 |
| NUTRIENT ABSENT | 0 | 92,597 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 4,778 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_POT | Length | 12.6 | Position | 476 - 487 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Potassium - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-------------------------|------------------|
| AMOUNT | 0.000001 - 11954.761920 | 1,315,444 |
| NUTRIENT ABSENT | 0 | 175,430 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 7,087 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_CAF | Length | 12.6 | Position | 488 - 499 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Caffeine - mg

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|------------------------|------------------|
| AMOUNT | 0.000007 - 7211.543310 | 84,159 |
| NUTRIENT ABSENT | 0 | 1,375,314 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 38,488 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|------|-----------------|-----------|
| Variable Name | FIDD_MOI | Length | 12.6 | Position | 500 - 511 |
|----------------------|----------|---------------|------|-----------------|-----------|

Question Name

Concept Moisture - g

Question

Universe

Note The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.
Additional information may be found in the User Guide and in the documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-------------------------|-----------------------------|------------------|
| AMOUNT | -0000.009371 - 12346.659494 | 1,377,061 |
| NUTRIENT ABSENT | 0 | 120,447 |
| NOT CURRENTLY AVAILABLE | 99999.999995 | 453 |
| NOT STATED | 99999.999999 | 1,001 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|-----------|
| Variable Name | FIDD_OCC | Length | 2 | Position | 512 - 513 |
|----------------------|----------|---------------|---|-----------------|-----------|

Question Name

Concept Reported occasion of food consumption

Question What would you call this eating occasion? INTERVIEWER: The first time the respondent reports an occasion that does not fit available categories, direct the respondent to tab1 of the food model booklet and read the entire occasion list.

Universe

Note

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|-----------------------|-------------|------------------|
| BREAKFAST | 1 | 224,071 |
| LUNCH (DINNER) | 2 | 383,125 |
| SUPPER (DINNER) | 3 | 538,204 |
| BRUNCH | 4 | 8,127 |
| SNACK | 5 | 262,817 |
| DRINK | 6 | 66,237 |
| FEEDING (INFANT ONLY) | 7 | 2,243 |
| EXTENDED CONSUMPTION | 8 | 13,361 |
| OTHER | 9 | 777 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|-----------|
| Variable Name | FIDD_TIM | Length | 5 | Position | 514 - 518 |
|----------------------|----------|---------------|---|-----------------|-----------|

Question Name

Concept Time of food consumption (HH:MM)

Question About what time did you begin to eat/drink "food item(s)"? INTERVIEWER: Enter hour, minute and am or pm. If respondent is not sure of time, ask for the best estimate.

Universe

Note The time is indicated according to the 24-hour clock.

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|-----|
| Variable Name | FIDD_LHM | Length | 1 | Position | 519 |
|----------------------|----------|---------------|---|-----------------|-----|

Question Name

Concept Reported location of food preparation - home

Question Was this meal prepared at home?

Universe

Note When responding to the question about where the reported food was prepared, some respondents may have provided the information about the location where they consumed their food rather than the location where the food was prepared. In other words, it cannot be assumed that this variable reflects only the location where the food was prepared. This question did not apply to infants and children who were breastfed, because the concept of "location of food preparation" is not relevant to breast-feeding.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|--------------|------------------|
| YES | 1 | 1,176,157 |
| NO | 2 | 321,804 |
| NOT APPLICABLE | 6 | 1,001 |
| | Total | 1,498,962 |

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Variable Name FIDD_LOT **Length** 2 **Position** 520 - 521

Question Name

Concept Reported location of food preparation - other than home

Question Where did it come from?

Universe

Note This question was asked to respondents that reported a location of food preparation other than home. When responding to the question about where the reported food was prepared, some respondents may have provided the information about the location where they consumed their food rather than the location where the food was prepared. In other words, it cannot be assumed that this variable reflects only the location where the food was prepared. This question did not apply to infants and children who were breast-fed, because the concept of "location of food preparation" is not relevant to breast-feeding.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|--|-------------|------------------|
| RESTAURANT WITH WAITER/WAITRESS | 1 | 74,430 |
| RESTAURANT FAST FOOD/PIZZA | 2 | 91,272 |
| BAR/TAVERN/LOUNGE | 3 | 3,233 |
| TAKE-OUT | 4 | 25,877 |
| VENDING MACHINE | 5 | 3,124 |
| RESTAURANT NO ADDITIONAL INFORMATION | 6 | 4,963 |
| CAFETERIA NOT AT SCHOOL | 7 | 13,182 |
| CAFETERIA AT SCHOOL | 8 | 14,950 |
| CHILD CARE CENTRE | 9 | 6,770 |
| FAMILY/ADULT CARE CENTRE | 10 | 4,543 |
| SOMEONE ELSE'S HOME | 11 | 55,621 |
| OTHER | 12 | 8,325 |
| GROCERY, CORNER OR OTHER TYPES OF STORES | 13 | 9,177 |
| AT WORK | 14 | 6,312 |
| NOT APPLICABLE | 96 | 1,177,158 |
| DON'T KNOW | 97 | 11 |
| NOT STATED | 99 | 14 |
| Total | | 1,498,962 |

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Variable Name FIDDDLOC **Length** 2 **Position** 522 - 523

Question Name

Concept Reported location of food preparation - (D)

Question

Universe

Note Based on FIDD_LHM, FIDD_LOT. See documentation on derived variables.

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|--|-------------|------------------|
| AT HOME | 1 | 1,176,157 |
| RESTAURANT WITH WAITER/WAITRESS | 2 | 74,430 |
| RESTAURANT FAST FOOD/PIZZA | 3 | 91,272 |
| BAR/TAVERN/LOUNGE | 4 | 3,233 |
| TAKE-OUT | 5 | 25,877 |
| VENDING MACHINE | 6 | 3,124 |
| RESTAURANT NO ADDITIONAL INFORMATION | 7 | 4,963 |
| CAFETERIA NOT AT SCHOOL | 8 | 13,182 |
| CAFETERIA AT SCHOOL | 9 | 14,950 |
| CHILD CARE CENTRE | 10 | 6,770 |
| FAMILY/ADULT CARE CENTRE | 11 | 4,543 |
| SOMEONE ELSE'S HOME | 12 | 55,621 |
| OTHER | 13 | 8,325 |
| GROCERY, CORNER OR OTHER TYPES OF STORES | 14 | 9,177 |
| AT WORK | 15 | 6,312 |
| NOT APPLICABLE | 96 | 1,001 |
| NOT STATED | 99 | 25 |
| Total | | 1,498,962 |

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| | | | | | |
|----------------------|----------|---------------|---|-----------------|-----|
| Variable Name | FIDDFCOC | Length | 1 | Position | 524 |
|----------------------|----------|---------------|---|-----------------|-----|

Question Name

Concept Identifier of co-consumed food item - (F)

Question

Universe

Note An indicator that identifies whether the food item was co-consumed. A "co-consumed food" is a food item captured as an addition which has been added to another food AFTER the original food was prepared (e.g. the adding of syrup to pancakes).

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|----------------|-------------|------------------|
| YES | 1 | 174,126 |
| NO | 2 | 1,324,836 |
| Total | | 1,498,962 |

| | | | | | |
|----------------------|----------|---------------|---|-----------------|-----------|
| Variable Name | FIDD_CCC | Length | 3 | Position | 525 - 527 |
|----------------------|----------|---------------|---|-----------------|-----------|

Question Name

Concept Co-consumed food sequential number

Question

Universe

Note The sequential number (SEQID) is used to identify the food items which were co-consumed. For example, if syrup was added to the pancakes AFTER it was prepared, the SEQID number assigned to FIDD_CCC would be the same for both pancakes and syrup to indicate that the two food items were co-consumed. A "co-consumed food" is a food item captured as an addition which has been added to another food AFTER the original food was prepared (e.g. the adding of syrup to pancakes).

| <u>Content</u> | <u>Code</u> | <u>Frequency</u> |
|------------------------------------|-------------|------------------|
| CO-CONSUMED FOOD SEQUENTIAL NUMBER | 1 - 126 | 174,126 |
| NOT APPLICABLE | 996 | 1,324,836 |
| Total | | 1,498,962 |
