

CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary  
 Recall: Data Dictionary

Master File - Food Recipe Level

February 2008 - Wave 3

(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** VERDATE                      **Length**                      8                      **Position**                      1 - 8  
**Question Name**  
**Concept**                      Date of file creation  
**Question**  
**Universe**                      All respondents  
**Note**                      Format = YYYYMMDD

**Variable Name** SAMPLEID                      **Length**                      20                      **Position**                      9 - 28  
**Question Name**  
**Concept**                      Household identifier  
**Question**  
**Universe**                      All respondents  
**Note**                      Unique number to identify dwelling.

**Variable Name** SUPPID                      **Length**                      1                      **Position**                      29  
**Question Name**  
**Concept**                      24-hour dietary recall identifier  
**Question**  
**Universe**                      All respondents  
**Note**

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
DAY ONE	1	140,837
DAY TWO	2	40,574
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** SEQID **Length** 3 **Position** 30 - 32

**Question Name**

**Concept** Food item sequence number within a dietary recall

**Question**

**Universe**

**Note** Unique sequential number within a 24-hour dietary recall. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
SEQUENCE NUMBER	1 - 137	181,411
<b>Total</b>		181,411

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**Variable Name** FIDD\_FID **Length** 2 **Position** 33 - 34

**Question Name**

**Concept** Basic food, ingredient or recipe identifier

**Question**

**Universe**

**Note** Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
MAIN RECIPE LEVEL	01	163,102
SUB-RECIPE LEVEL 1	12	18,215
SUB-RECIPE LEVEL 2	23	94
<b>Total</b>		181,411

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**Variable Name**      RECIPID                      **Length**                      2      **Position**                      35 - 36

**Question Name**

**Concept**                      Recipe identifier

**Question**

**Universe**

**Note**                              Unique recipe number within a 24-hour dietary recall. This variable could be used to link a recipe with its associated set of ingredients. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
RECIPE NUMBER	1 - 17	181,411
	<b>Total</b>	181,411

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**Variable Name**      FIDD\_CDE                      **Length**                      7      **Position**                      37 - 43

**Question Name**

**Concept**                      NSS food code

**Question**

**Universe**

**Note**                              This variable represents the Nutrition Survey System (NSS) food code. It is a unique code for each food item. Each NSS code has a specific nutrient profile assigned to it. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
FOOD CODE	10001 - 501186	181,411
	<b>Total</b>	181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_RC1 **Length** 7 **Position** 44 - 50

**Question Name**

**Concept** NSS recipe code - main level

**Question**

**Universe**

**Note** A code which represents the Nutrition Survey System (NSS) code for main recipe level (i.e. the main overall recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
FOOD CODE	10001 - 501186	181,411
	<b>Total</b>	<b>181,411</b>

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**Variable Name** FIDD\_RC2 **Length** 7 **Position** 51 - 57

**Question Name**

**Concept** NSS sub-recipe code - level 1

**Question**

**Universe**

**Note** A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 1 (i.e. the first nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
FOOD CODE	10004 - 501180	18,309
NOT APPLICABLE	9999996	163,102
	<b>Total</b>	<b>181,411</b>

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_RC3                      **Length**                      7                      **Position**                      58 - 64

**Question Name**

**Concept**                      NSS sub-recipe code - level 2

**Question**

**Universe**

**Note**                      A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 2 (i.e. the second nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
FOOD CODE	10836 - 13295	94
NOT APPLICABLE	9999996	181,317
<b>Total</b>		181,411

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**Variable Name** FIDD\_RC4                      **Length**                      7                      **Position**                      65 - 71

**Question Name**

**Concept**                      NSS sub-recipe code - level 3

**Question**

**Universe**

**Note**                      A code which represents the Nutrition Survey System (NSS) code for sub-recipe level 3 (i.e. the third nested recipe). Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
NOT APPLICABLE	9999996	181,411
<b>Total</b>		181,411

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<b>Variable Name</b>	FIDD_FGR	<b>Length</b>	4	<b>Position</b>	72 - 75
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**Question Name**

**Concept** BNS food groups

**Question**

**Universe**

**Note**

This variable represents a unique identifier which identifies the BNS food group to which the food item belongs. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables.

The values for FIDD\_FGR have been updated since the previous release.

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<b>Variable Name</b>	FIDD_GR1	<b>Length</b>	4	<b>Position</b>	76 - 79
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**Question Name**

**Concept** BNS food group - main level recipe

**Question**

**Universe**

**Note**

A code which represents the BNS food group of the food item at the main recipe level. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables.

The values for FIDD\_GR1 have been updated since the previous release.

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<b>Variable Name</b>	FIDD_GR2	<b>Length</b>	4	<b>Position</b>	80 - 83
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**Question Name**

**Concept** BNS food group - sub-recipe level 1

**Question**

**Universe**

**Note** A code which represents the BNS food group of the food item at the sub-recipe level 1. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD\_GR2 have been updated since the previous release.

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<b>Variable Name</b>	FIDD_GR3	<b>Length</b>	4	<b>Position</b>	84 - 87
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**Question Name**

**Concept** BNS food group - sub-recipe level 2

**Question**

**Universe**

**Note** A code which represents the BNS food group of the food item at the sub-recipe level 2. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD\_GR3 have been updated since the previous release.

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_GR4                      **Length**                      4                      **Position**                      88 - 91

**Question Name**

**Concept**                      BNS food group - sub-recipe level 3

**Question**

**Universe**

**Note**                      A code which represents the BNS food group of the food item at the sub-recipe level 3. The "BNS food and recipe groups" were developed by the Bureau of Nutritional Sciences (BNS) at Health Canada in the early 1990s based on the British and American food group systems. This food group system contains two types of classification, one for basic goods and one for recipes. The BNS food groups provide the means a) to categorize and then summarize the detailed food and recipe information collected in nutrition surveys and b) to facilitate analyses of the composition of the diet. Health Canada, the Provincial Health Ministries and universities have also used the BNS food groups to assess the contribution of food categories to intake of selected nutrients by age/sex groups, income, education, eating locations, among others. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD\_GR4 have been updated since the previous release.

**Variable Name** FIDD\_WTG                      **Length**                      12.6                      **Position**                      92 - 103

**Question Name**

**Concept**                      Food amount in grams

**Question**

**Universe**

**Note**                      During the 24-hour dietary recall interview it was not possible to quantify the volume of human milk for infants and children who were breast-fed. Therefore, in such cases since the volume was unknown, it was not possible to report a gram amount for human milk, so the value was set to "don't know". When the 24-hour dietary recall information was collected, respondents were able to select the food portion size from a general pre-set list (e.g. one tablespoon) using a portion model (e.g. one piece 2 cm by 2 cm by 2 cm) or by a pre-set list based upon the food item selected (e.g. one medium banana). In the Nutrition Survey System (NSS) , the portion size was converted to a gram amount taking into account the density of the food. Note that the amount value is adjusted for any moisture or fat loss due to preparation. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 5725.842522	181,411
	<b>Total</b>	181,411



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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_EKC                      **Length** 12.6      **Position** 104 - 115

**Question Name**

**Concept** Energy - kcal

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000005 - 5122.942964	181,410
NUTRIENT ABSENT	0	1
<b>Total</b>		181,411

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**Variable Name** FIDD\_CAR                      **Length** 12.6      **Position** 116 - 127

**Question Name**

**Concept** Total carbohydrate - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 868.345389	177,543
NUTRIENT ABSENT	0	3,868
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FI **Length** 12.6 **Position** 128 - 139

**Question Name**

**Concept** Total dietary fibre - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 88.595778	157,840
NUTRIENT ABSENT	0	23,568
NOT CURRENTLY AVAILABLE	99999.999995	3
<b>Total</b>		181,411

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**Variable Name** FIDD\_SUG **Length** 12.6 **Position** 140 - 151

**Question Name**

**Concept** Total sugars - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The values for FIDD\_SUG have been updated since the previous release.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 505.449337	159,078
NUTRIENT ABSENT	0	15,140
NOT CURRENTLY AVAILABLE	99999.999995	7,193
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FAT                      **Length**            12.6      **Position**    152 - 163

**Question Name**

**Concept**            Total fat - g

**Question**

**Universe**

**Note**                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 399.524358	180,567
NUTRIENT ABSENT	0	844
	<b>Total</b>	<b>181,411</b>

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**Variable Name** FIDD\_FAS                      **Length**            12.6      **Position**    164 - 175

**Question Name**

**Concept**            Total saturated fatty acids - g

**Question**

**Universe**

**Note**                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 176.920572	179,082
NUTRIENT ABSENT	0	2,307
NOT CURRENTLY AVAILABLE	99999.999995	22
	<b>Total</b>	<b>181,411</b>

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FAM                      **Length** 12.6      **Position** 176 - 187

**Question Name**

**Concept** Total monounsaturated fatty acids - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 235.319847	178,815
NUTRIENT ABSENT	0	2,566
NOT CURRENTLY AVAILABLE	99999.999995	30
<b>Total</b>		181,411

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**Variable Name** FIDD\_FAP                      **Length** 12.6      **Position** 188 - 199

**Question Name**

**Concept** Total polyunsaturated fatty acids - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 118.259210	178,955
NUTRIENT ABSENT	0	2,426
NOT CURRENTLY AVAILABLE	99999.999995	30
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FAL **Length** 12.6 **Position** 200 - 211

**Question Name**

**Concept** Linoleic, fatty acids polyunsaturated - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 81.103445	179,671
NUTRIENT ABSENT	0	1,512
NOT CURRENTLY AVAILABLE	99999.999995	228
<b>Total</b>		<b>181,411</b>

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**Variable Name** FIDD\_FAN **Length** 12.6 **Position** 212 - 223

**Question Name**

**Concept** Linolenic, fatty acids polyunsaturated - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The linolenic fatty acid value for food code 554 - salad dressing, mayonnaise, commercial, reduced fat, has been revised since the previous release.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 37.155765	178,208
NUTRIENT ABSENT	0	2,975
NOT CURRENTLY AVAILABLE	99999.999995	228
<b>Total</b>		<b>181,411</b>

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_CHO                      **Length** 12.6      **Position** 224 - 235

**Question Name**

**Concept** Cholesterol - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 3680.734122	136,952
NUTRIENT ABSENT	0	44,459
<b>Total</b>		181,411

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**Variable Name** FIDD\_PRO                      **Length** 12.6      **Position** 236 - 247

**Question Name**

**Concept** Protein - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 433.013579	177,926
NUTRIENT ABSENT	0	3,485
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_ALC **Length** 12.6 **Position** 248 - 259

**Question Name**

**Concept** Alcohol - g

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 439.787289	9,759
NUTRIENT ABSENT	0	171,434
NOT CURRENTLY AVAILABLE	99999.999995	218
<b>Total</b>		181,411

**Variable Name** FIDD\_RAE **Length** 12.6 **Position** 260 - 271

**Question Name**

**Concept** Retinol activity equivalents (vitamin A) - mcg

**Question**

**Universe**

**Note** Vitamin A (retinol) is a generic term for a large number of related compounds. Retinol, retinal, and retinoic acid are often referred to as "preformed vitamin A". The preformed vitamin A is found almost exclusively in animal-derived foods. The efficiency of absorption of preformed vitamin A in the human body is generally high. In addition to preformed vitamin A, Beta-carotene and other carotenoids that can be converted by the body into retinol are referred to as "provitamin A carotenoids". This form of provitamin A exists exclusively in plants (including vegetable oils, fruits and vegetables). Although several hundred carotenoids exist in plant origins, only about 10%, most notable Beta-carotene, yield significant vitamin A activity. The most recent North American standard of measure of vitamin A - as recommended by the Institute of Medicine (2001) - is retinol activity equivalents (RAE) which represents the sum of vitamin A activity as retinol and carotenoid content after conversion. The formula is:  $RAE = 1 \text{ mcg retinol} + \text{mcg Beta-carotene}/12 + \text{mcg other carotenoids}/24$ . The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 51655.048351	149,204
NUTRIENT ABSENT	0	31,975
NOT CURRENTLY AVAILABLE	99999.999995	232
<b>Total</b>		181,411

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_DMG **Length** 12.6 **Position** 272 - 283

**Question Name**

**Concept** Vitamin D - mcg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables. The vitamin D values for food codes 3208 - Whitefish (raw), 3169 - Whitefish (baked), and 3088 - Whitefish (smoked) have been revised since the previous release.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 229.655904	122,238
NUTRIENT ABSENT	0	58,045
NOT CURRENTLY AVAILABLE	99999.999995	1,128
	<b>Total</b>	<b>181,411</b>

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**Variable Name** FIDD\_C **Length** 12.6 **Position** 284 - 295

**Question Name**

**Concept** Vitamin C - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 1233.327139	150,703
NUTRIENT ABSENT	0	30,705
NOT CURRENTLY AVAILABLE	99999.999995	3
	<b>Total</b>	<b>181,411</b>

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_THI                      **Length** 12.6    **Position** 296 - 307

**Question Name**

**Concept** Thiamin - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 10.984674	177,511
NUTRIENT ABSENT	0	3,898
NOT CURRENTLY AVAILABLE	99999.999995	2
<b>Total</b>		181,411

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**Variable Name** FIDD\_RIB                      **Length** 12.6    **Position** 308 - 319

**Question Name**

**Concept** Riboflavin - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 26.014680	179,155
NUTRIENT ABSENT	0	2,254
NOT CURRENTLY AVAILABLE	99999.999995	2
<b>Total</b>		181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

## Master File - Food Recipe Level

February 2008 - Wave 3

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_NIA                      **Length** 12.6      **Position** 320 - 331

**Question Name**

**Concept** Niacin (Niacin equivalents) - mg

**Question**

**Universe**

**Note** For this variable, the niacin intakes are expressed in niacin equivalents (NE) which include both tryptophan and preformed niacin (i.e. nicotinic acid and nicotinamide). Tryptophan is an essential amino acid that can serve as the metabolic precursor of niacin. Niacin equivalents are calculated as the sum of the contributions in food from preformed niacin plus the niacin which the body can form from tryptophan. The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 257.039607	178,779
NUTRIENT ABSENT	0	2,630
NOT CURRENTLY AVAILABLE	99999.999995	2
	<b>Total</b>	181,411

---

**Variable Name** FIDD\_B6                      **Length** 12.6      **Position** 332 - 343

**Question Name**

**Concept** Vitamin B6 - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 8.144095	179,263
NUTRIENT ABSENT	0	2,137
NOT CURRENTLY AVAILABLE	99999.999995	11
	<b>Total</b>	181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

## Master File - Food Recipe Level

February 2008 - Wave 3

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_B12                      **Length** 12.6      **Position** 344 - 355

**Question Name**

**Concept** Vitamin B12 - mcg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.  
Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 575.525410	142,901
NUTRIENT ABSENT	0	38,500
NOT CURRENTLY AVAILABLE	99999.999995	10
<b>Total</b>		181,411

---

**Variable Name** FIDD\_FON                      **Length** 12.6      **Position** 356 - 367

**Question Name**

**Concept** Naturally occurring folate - mcg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.  
Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 4301.934965	174,212
NUTRIENT ABSENT	0	6,351
NOT CURRENTLY AVAILABLE	99999.999995	848
<b>Total</b>		181,411

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CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary  
 Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FOA **Length** 12.6 **Position** 368 - 379

**Question Name**

**Concept** Folic acid - mcg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 1029.720176	91,813
NUTRIENT ABSENT	0	88,750
NOT CURRENTLY AVAILABLE	99999.999995	848
<b>Total</b>		181,411

**Variable Name** FIDD\_DFE **Length** 12.6 **Position** 380 - 391

**Question Name**

**Concept** Dietary folate equivalents - mcg

**Question**

**Universe**

**Note** There are two chemical forms now in foods that contribute to folate bioactivity: "naturally occurring folate" or called "food folate" and the added synthetic form of folate called "folic acid". Since the late 1990s, a new measuring unit called Dietary Folate Equivalents (DFE) has become common for calculating the total activity of food folate and folic acid. DFE takes into account the differences in the bioavailability of the two forms of folate; meaning it adjusts for the nearly 50% lower bioavailability (i.e. less absorption in the body) of food folate compared to that of folic acid. The DFE formula for foods with a mixture of folic acid and food folate is: 1DFE = (mcg of folic acid x 1.7) + mcg of food folate. The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 3244.221408	174,161
NUTRIENT ABSENT	0	6,441
NOT CURRENTLY AVAILABLE	99999.999995	809
<b>Total</b>		181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

## Master File - Food Recipe Level

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_FOL **Length** 12.6 **Position** 392 - 403

**Question Name**

**Concept** Folicin - mcg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 4301.934965	177,674
NUTRIENT ABSENT	0	3,731
NOT CURRENTLY AVAILABLE	99999.999995	6
<b>Total</b>		181,411

---

**Variable Name** FIDD\_CAL **Length** 12.6 **Position** 404 - 415

**Question Name**

**Concept** Calcium - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000002 - 5815.968958	179,611
NUTRIENT ABSENT	0	1,800
<b>Total</b>		181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_PHO                      **Length**                      12.6                      **Position**                      416 - 427

**Question Name**

**Concept**                      Phosphorus - mg

**Question**

**Universe**

**Note**                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 7222.546484	179,518
NUTRIENT ABSENT	0	1,892
NOT CURRENTLY AVAILABLE	99999.999995	1
<b>Total</b>		181,411

---

**Variable Name** FIDD\_MAG                      **Length**                      12.6                      **Position**                      428 - 439

**Question Name**

**Concept**                      Magnesium - mg

**Question**

**Universe**

**Note**                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 1486.284828	181,367
NUTRIENT ABSENT	0	40
NOT CURRENTLY AVAILABLE	99999.999995	4
<b>Total</b>		181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_IRO **Length** 12.6 **Position** 440 - 451

**Question Name**

**Concept** Iron - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 122.452314	179,601
NUTRIENT ABSENT	0	1,810
<b>Total</b>		181,411

---

**Variable Name** FIDD\_ZIN **Length** 12.6 **Position** 452 - 463

**Question Name**

**Concept** Zinc - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 475.817983	179,597
NUTRIENT ABSENT	0	1,807
NOT CURRENTLY AVAILABLE	99999.999995	7
<b>Total</b>		181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

## Master File - Food Recipe Level

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_SOD                      **Length** 12.6      **Position** 464 - 475

**Question Name**

**Concept** Sodium - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.  
Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 29760.894289	181,274
NUTRIENT ABSENT	0	137
	<b>Total</b>	181,411

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**Variable Name** FIDD\_POT                      **Length** 12.6      **Position** 476 - 487

**Question Name**

**Concept** Potassium - mg

**Question**

**Universe**

**Note** The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe.  
Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000001 - 11752.918816	181,289
NUTRIENT ABSENT	0	122
	<b>Total</b>	181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

## Master File - Food Recipe Level

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_CAF                      **Length**            12.6      **Position**    488 - 499

**Question Name**

**Concept**                      Caffeine - mg

**Question**

**Universe**

**Note**                                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000007 - 4469.096132	13,450
NUTRIENT ABSENT	0	167,834
NOT CURRENTLY AVAILABLE	99999.999995	127
<b>Total</b>		181,411

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**Variable Name** FIDD\_MOI                      **Length**            12.6      **Position**    500 - 511

**Question Name**

**Concept**                      Moisture - g

**Question**

**Universe**

**Note**                                      The nutrient value corresponds to the reported weight converted in grams for a basic food or recipe. Additional information may be found in the User Guide and in the documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AMOUNT	-0000.009371 - 5032.518394	181,286
NUTRIENT ABSENT	0	29
NOT CURRENTLY AVAILABLE	99999.999995	96
<b>Total</b>		181,411

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CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary  
Recall: Data Dictionary

Master File - Food Recipe Level

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_OCC                      **Length**                      2                      **Position**                      512 - 513

**Question Name**

**Concept**                      Reported occasion of food consumption

**Question**                      What would you call this eating occasion? INTERVIEWER: The first time the respondent reports an occasion that does not fit available categories, direct the respondent to tab1 of the food model booklet and read the entire occasion list.

**Universe**

**Note**

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
BREAKFAST	1	18,556
LUNCH (DINNER)	2	55,268
SUPPER (DINNER)	3	76,642
BRUNCH	4	1,158
SNACK	5	26,025
DRINK	6	2,907
FEEDING (INFANT ONLY)	7	462
EXTENDED CONSUMPTION	8	326
OTHER	9	67
	<b>Total</b>	181,411

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**Variable Name** FIDD\_TIM                      **Length**                      5                      **Position**                      514 - 518

**Question Name**

**Concept**                      Time of food consumption (HH:MM)

**Question**                      About what time did you begin to eat/drink "food item(s)"? INTERVIEWER: Enter hour, minute and am or pm. If respondent is not sure of time, ask for the best estimate.

**Universe**

**Note**                      The time is indicated according to the 24-hour clock.

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CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary  
Recall: Data Dictionary

Master File - Food Recipe Level

February 2008 - Wave 3

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_LHM                      **Length**                      1                      **Position**                      519

**Question Name**

**Concept**                      Reported location of food preparation - home

**Question**                      Was this meal prepared at home?

**Universe**

**Note**                      When responding to the question about where the reported food was prepared, some respondents may have provided the information about the location where they consumed their food rather than the location where the food was prepared. In other words, it cannot be assumed that this variable reflects only the location where the food was prepared. This question did not apply to infants and children who were breastfed, because the concept of "location of food preparation" is not relevant to breast-feeding.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
YES	1	137,889
NO	2	43,522
	<b>Total</b>	181,411

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary

## Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDD\_LOT                      **Length**                      2                      **Position**                      520 - 521

**Question Name**

**Concept**                      Reported location of food preparation - other than home

**Question**                      Where did it come from?

**Universe**

**Note**                      This question was asked to respondents that reported a location of food preparation other than home. When responding to the question about where the reported food was prepared, some respondents may have provided the information about the location where they consumed their food rather than the location where the food was prepared. In other words, it cannot be assumed that this variable reflects only the location where the food was prepared. This question did not apply to infants and children who were breast-fed, because the concept of "location of food preparation" is not relevant to breast-feeding.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
RESTAURANT WITH WAITER/WAITRESS	1	11,020
RESTAURANT FAST FOOD/PIZZA	2	12,787
BAR/TAVERN/LOUNGE	3	440
TAKE-OUT	4	3,482
VENDING MACHINE	5	280
RESTAURANT NO ADDITIONAL INFORMATION	6	696
CAFETERIA NOT AT SCHOOL	7	1,756
CAFETERIA AT SCHOOL	8	1,869
CHILD CARE CENTRE	9	739
FAMILY/ADULT CARE CENTRE	10	623
SOMEONE ELSE'S HOME	11	7,227
OTHER	12	1,061
GROCERY, CORNER OR OTHER TYPES OF STORES	13	1,058
AT WORK	14	482
NOT APPLICABLE	96	137,889
DON'T KNOW	97	1
NOT STATED	99	1
	<b>Total</b>	<b>181,411</b>

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# CCHS Cycle 2.2 - Nutrition - General Health and 24-Hour Dietary Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDDDLOC                      **Length**                      2                      **Position**                      522 - 523

**Question Name**

**Concept**                      Reported location of food preparation - (D)

**Question**

**Universe**

**Note**                      Based on FIDD\_LHM, FIDD\_LOT. See documentation on derived variables.

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
AT HOME	1	137,889
RESTAURANT WITH WAITER/WAITRESS	2	11,020
RESTAURANT FAST FOOD/PIZZA	3	12,787
BAR/TAVERN/LOUNGE	4	440
TAKE-OUT	5	3,482
VENDING MACHINE	6	280
RESTAURANT NO ADDITIONAL INFORMATION	7	696
CAFETERIA NOT AT SCHOOL	8	1,756
CAFETERIA AT SCHOOL	9	1,869
CHILD CARE CENTRE	10	739
FAMILY/ADULT CARE CENTRE	11	623
SOMEONE ELSE'S HOME	12	7,227
OTHER	13	1,061
GROCERY, CORNER OR OTHER TYPES OF STORES	14	1,058
AT WORK	15	482
NOT STATED	99	2
	<b>Total</b>	<b>181,411</b>

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(Frequencies represent the number of times the item appears in the data set.)

**Variable Name** FIDDFCOC                      **Length** 1      **Position** 524

**Question Name**

**Concept** Identifier of co-consumed food item - (F)

**Question**

**Universe**

**Note** An indicator that identifies whether the food item was co-consumed. A "co-consumed food" is a food item captured as an addition which has been added to another food AFTER the original food was prepared (e.g. the adding of syrup to pancakes).

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
YES	1	23,495
NO	2	157,916
	<b>Total</b>	<b>181,411</b>

**Variable Name** FIDD\_CCC                      **Length** 3      **Position** 525 - 527

**Question Name**

**Concept** Co-consumed food sequential number

**Question**

**Universe**

**Note** The sequential number (SEQID) is used to identify the food items which were co-consumed. For example, if syrup was added to the pancakes AFTER it was prepared, the SEQID number assigned to FIDD\_CCC would be the same for both pancakes and syrup to indicate that the two food items were co-consumed. A "co-consumed food" is a food item captured as an addition which has been added to another food AFTER the original food was prepared (e.g. the adding of syrup to pancakes).

<u>Content</u>	<u>Code</u>	<u>Frequency</u>
CO-CONSUMED FOOD SEQUENTIAL NUMBER	1 - 116	23,495
NOT APPLICABLE	996	157,916
	<b>Total</b>	<b>181,411</b>