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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VERDATE Length 8 Position 1 - 8

**Question Name** 

Concept Date of file creation

Question

Universe All respondents

Note Format = YYYYMMDD

Variable Name VMDDCDIN Length 8 Position 9 - 16

**Question Name** 

Concept Drug Identification Number (DIN)

Question Universe

Note The Drug Identification Number (DIN) is a number assigned by Health Canada to a drug (including vitamin

and mineral supplements) prior to being marketed in Canada.

Variable Name VDCD\_DSC Length 255 Position 17 - 271

**Question Name** 

Concept Supplement description

Question Universe

Note Supplement descriptions are only available in English.

Variable Name VMDD\_ATC Length 7 Position 272 - 278

**Question Name** 

Concept ATC code

Question

Universe

Note The Anatomical Therapeutic Chemical (ATC) classification system was developed by the World Health

Organization (WHO). It classifies pharmaceutical products (including vitamin and mineral supplements) according to the organ or system on which they act and their chemical, pharmacological and therapeutic

properties. The classification system is only available in English.

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(Frequencies represent the number of times the item appears in the data set.)

VDCD\_DAT Variable Name Length **Position** 279 - 343

**Question Name** 

ATC description Concept

Question Universe

Note The Anatomical Therapeutic Chemical (ATC) classification system was developed by the World Health

Organization (WHO). It classifies pharmaceutical products (including vitamin and mineral supplements) according to the organ or system on which they act and their chemical, pharmacological and therapeutic

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properties. The classification system is only available in English.

VMDD\_AH1 Variable Name 11 344 - 354 Length **Position** 

**Question Name** 

Concept Primary AHFS code

Question Universe

The American Hospital Formulary Service (AHFS) classification system is published by the American Note

Society of Health-System Pharmacists to describe the mode of action of pharmaceutical products,

including vitamin and mineral supplements. The classification system is only available in English.

VDCD\_DA1 60 355 - 414 Variable Name Length **Position** 

**Question Name** 

Concept Primary AHFS description

Question Universe

The American Hospital Formulary Service (AHFS) classification system is published by the American Note

Society of Health-System Pharmacists to describe the mode of action of pharmaceutical products,

including vitamin and mineral supplements. The classification system is only available in English.

Variable Name VMDD\_AH2 Length 11 **Position** 415 - 425

**Question Name** 

Concept Secondary AHFS code

Question Universe

Note The American Hospital Formulary Service (AHFS) classification system is published by the American

Society of Health-System Pharmacists to describe the mode of action of pharmaceutical products, including vitamin and mineral supplements. The classification system is only available in English.

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Variable Name VDCD\_DA2 Length 60 Position 426 - 485

**Question Name** 

Concept Secondary AHFS description

Question Universe

Note The American Hospital Formulary Service (AHFS) classification system is published by the American

Society of Health-System Pharmacists to describe the mode of action of pharmaceutical products, including vitamin and mineral supplements. The classification system is only available in English.

Variable Name VDCD\_DOS Length 8.3 Position 486 - 493

**Question Name** 

Concept Dosage

Question Universe

Note The dosage of a vitamin/mineral supplement, as reported in the Drug Product Database (DPD). To be

used in conjuction with the dosage form (VMDD\_DUT), which produces the dosage unit. All nutrient values

are reported per dosage unit.

Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 DOSAGE
 0.040 - 52.000
 1,551

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VMDD\_DUT Length 2 Position 494 - 495

**Question Name** 

Concept Dosage form

Question

Universe

Note The dosage form of a vitamin/mineral supplement, as reported in the Drug Product Database (DPD).

Additional information may be found in the User Guide.

Content	Code	<u>Frequency</u>
TABLET	1	1,028
CAPSULE	2	386
MILLILITRE	3	78
CHEWABLE	4	7
GRAM	5	27
KIT	6	8
LOZENGE	7	11
VIAL	8	4
DROP	9	1
TEASPOON	10	1
	Total	1,551

Variable Name VDCDDCAR Length 12.6 Position 496 - 507

**Question Name** 

Concept Carbohydrates per dosage unit (g)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

Content	<u>Code</u>	<u>Frequency</u>
AMOUNT	0.000005 - 0.250000	167
NUTRIENT ABSENT	0	1,384
	Total	1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDFI Length 12.6 Position 508 - 519

**Question Name** 

Concept Fibre per dosage unit (g)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.469000 - 3.645000
 8

 NUTRIENT ABSENT
 0
 1,543

 Total
 1,551

Variable Name VDCDDCAL Length 12.6 Position 520 - 531

**Question Name** 

Concept Calcium per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.420500 - 1000.000000
 552

 NUTRIENT ABSENT
 0
 999

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDIRO Length 12.6 Position 532 - 543

**Question Name** 

Concept Iron per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.090000 - 150.000000
 300

 NUTRIENT ABSENT
 0
 1,251

 Total
 1,551

Variable Name VDCDDMAG Length 12.6 Position 544 - 555

**Question Name** 

Concept Magnesium per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.500000 - 503.530050
 412

 NUTRIENT ABSENT
 0
 1,139

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDPHO Length 12.6 Position 556 - 567

**Question Name** 

**Concept** Phosphorus per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 1.220145 - 350.000000
 118

 NUTRIENT ABSENT
 0
 1,433

 Total
 1,551

Variable Name VDCDDPOT Length 12.6 Position 568 - 579

**Question Name** 

Concept Potassium per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.000167 - 786.600000
 223

 NUTRIENT ABSENT
 0
 1,328

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDSOD Length 12.6 Position 580 - 591

**Question Name** 

Concept Sodium per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.017320 - 99.180000
 34

 NUTRIENT ABSENT
 0
 1,517

 Total
 1,551

Variable Name VDCDDZIN Length 12.6 Position 592 - 603

**Question Name** 

Concept Zinc per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.140000 - 100.000000
 370

 NUTRIENT ABSENT
 0
 1,181

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDDMG Length 12.6 Position 604 - 615

**Question Name** 

Concept Vitamin D per dosage unit (mcg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.141750 - 1250.000000
 551

 NUTRIENT ABSENT
 0
 1,000

 Total
 1,551

Variable Name VDCDDC Length 12.6 Position 616 - 627

**Question Name** 

Concept Vitamin C per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 7.500000 - 4000.000000
 697

 NUTRIENT ABSENT
 0
 854

 Total
 1,551

Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDTHI Length 12.6 Position 628 - 639

**Question Name** 

Concept Thiamin per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.000380 - 100.00000
 465

 NUTRIENT ABSENT
 0
 1,086

 Total
 1,551

Variable Name VDCDDRIB Length 12.6 Position 640 - 651

**Question Name** 

Concept Riboflavin per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.067000 - 100.000000
 471

 NUTRIENT ABSENT
 0
 1,080

 Total
 1,551

Recall: Data Dictionary

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDNIA Length 12.6 Position 652 - 663

**Question Name** 

Concept Niacin per dosage unit ( mg Niacin Equivalents)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.667000 - 500.000000
 476

 NUTRIENT ABSENT
 0
 1,075

 Total
 1,551

Variable Name VDCDDB6 Length 12.6 Position 664 - 675

**Question Name** 

Concept Vitamin B6 per dosage unit (mg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.034553 - 500.000000
 509

 NUTRIENT ABSENT
 0
 1,042

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDB12 Length 12.6 Position 676 - 687

**Question Name** 

Concept Vitamin B12 per dosage unit (mcg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.311000 - 1200.000000
 486

 NUTRIENT ABSENT
 0
 1,065

 Total
 1,551

Variable Name VDCDDFOA Length 12.6 Position 688 - 699

**Question Name** 

**Concept** Folic acid per dosage unit (mcg)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 15.000000 - 5000.000000
 449

 NUTRIENT ABSENT
 0
 1,102

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDFAL Length 12.6 Position 700 - 711

**Question Name** 

Concept Linoleic fatty acids per dosage unit (g)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.015430 - 0.910000
 31

 NUTRIENT ABSENT
 0
 1,520

 Total
 1,551

Variable Name VDCDDFAN Length 12.6 Position 712 - 723

**Question Name** 

Concept Linolenic fatty acids per dosage unit (g)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.004000 - 0.594000
 34

 NUTRIENT ABSENT
 0
 1,517

 Total
 1,551

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(Frequencies represent the number of times the item appears in the data set.)

Variable Name VDCDDATE Length 12.6 Position 724 - 735

**Question Name** 

Concept Vitamin E (mg alpha-tocopherol equivalents) per dosage unit

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 0.375200 - 720.000000
 510

 NUTRIENT ABSENT
 0
 1,041

 Total
 1,551

Variable Name VDCDDA Length 12.6 Position 736 - 747

**Question Name** 

Concept Vitamin A per dosage unit (mcg retinol equivalents)

Question Universe

Note The nutrient strength corresponds to the Drug Product Database (DPD) dosage unit (VDCD\_DOS and

VMDD\_DUT) of a vitamin/mineral supplement. Additional information may be found in the User Guide.

 Content
 Code
 Frequency

 AMOUNT
 31.168500 - 7500.000000
 467

 NUTRIENT ABSENT
 0
 1,084

 Total
 1,551