



## Parent/guardian first name

C180

100

Parent/guardian ID

C181

1 2 3 4 5 6 7 8 9 10

Child's first name

C182

[illegible]

Child's ID

C183

www.ck12.org

Date (yyyy-mm-dd)

C184

© 2013 Pearson Education, Inc. or its affiliate(s). All rights reserved.

## INTRODUCTION

This study is being done with researchers at McMaster University in Hamilton with the purpose of collecting information on the health and well-being of children in Ontario. This study will ask about mental health disorders, access to mental health services, and the relationship between health, family, neighbourhood and school.

Your answers will be kept strictly confidential. While participation is voluntary, your cooperation is important to ensure that the information collected is as accurate and as comprehensive as possible.

Once finished with the questionnaire please return it in the addressed envelope provided within seven days.

When you answer these questions, you can mark your answers like this ☒, as in the example below.

### Example 1

Q1: Planning family activities is difficult because we misunderstand each other.

- 1 ☒ Strongly agree
- 2 ☐ Agree
- 3 ☐ Disagree
- 4 ☐ Strongly disagree

INFORMATION COPY  
DO NOT USE TO REPORT

**We'd like to ask you some general background questions about \_\_\_\_\_.**

1. Below is a list of statements that describe some of the feelings and behaviours of children. For each statement, please select the response that best describes your child **now or within the past six months**. You may only select one response.

|   |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |                                  |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>True | Often<br>or<br>very true |
|---|------|---|-------------------------|-------------------------------------|--------------------------|----------------------------------|------|---|-------------------------|-------------------------------------|--------------------------|
| Can't concentrate,<br>can't pay attention<br>for long               | C009 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Lying or cheating                | C020 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Can't sit still, restless<br>or hyperactive                         | C010 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Nervous, high-strung<br>or tense | C021 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Cries a lot   | C011 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Too fearful or anxious           | C022 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Cruelty, bullying or<br>meanness to others                          | C012 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Physically attacks<br>people     | C023 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Cruelty to animals  | C013 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Runs away from home              | C024 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Deliberately harms self<br>or attempts suicide                      | C014 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Sets fires                       | C025 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Destroys his/her<br>own things                                      | C015 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Steals at home                   | C026 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Destroys things<br>belonging to his/her<br>family or other children | C016 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Steals outside<br>the home       | C027 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Disobedient at school   | C017 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Talks about killing self         | C028 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Gets in many fights   | C018 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Threatens people                 | C029 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Impulsive or acts<br>without thinking                               | C019 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Truancy, skips school            | C030 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |

|   |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |   |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |
|---|------|---|-------------------------|-------------------------------------|--------------------------|---|------|---|-------------------------|-------------------------------------|--------------------------|
| Unhappy, sad<br>or depressed                          | C031 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Can't stay seated when<br>required to do so                       | C043 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Vandalism   | C032 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Feels worthless<br>or inferior                                    | C044 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Worrying  | C033 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Moody or irritable  | C045 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Not as happy as<br>other children                     | C034 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Doesn't like to be<br>with people he/she<br>doesn't know          | C046 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Distractible, has trouble<br>sticking to any activity | C035 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Gets no pleasure from<br>usual activities                         | C047 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Has trouble<br>enjoying self                          | C036 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Loses temper  | C048 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Has difficulty awaiting<br>turn in games<br>or groups | C037 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Fails to finish things<br>he/she starts                           | C049 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Fidgets   | C038 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Complains of feeling<br>sick before separating<br>from loved ones | C050 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Afraid of being alone                                 | C039 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Uses weapons when<br>fighting                                     | C051 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Has been physically<br>cruel to others                | C040 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | When anxious, his/her<br>mind goes blank                          | C052 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Angry and resentful                                   | C041 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Gets anxious about<br>meeting new people                          | C053 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |
| Anxious or on edge                                    | C042 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    | Has difficulty making<br>decisions                                | C054 | 0 | <input type="radio"/>   | <input type="radio"/>               | <input type="radio"/>    |

|  |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |   |      |   | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |
|--|------|---|-------------------------|-------------------------------------|--------------------------|---|------|---|-------------------------|-------------------------------------|--------------------------|
| Blames others for own mistakes                                   | C055 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Trouble sleeping                                      | C067 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Overly upset when leaving loved ones                             | C056 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Worries about doing better at things                  | C068 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Feels he/she has to be perfect                                   | C057 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Worries that bad things will happen to loved ones     | C069 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Repeats certain actions over and over; compulsions               | C058 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Easily annoyed by others                              | C070 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Worries that something bad will cause separation from loved ones | C059 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Has mugged people                                     | C071 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Changes in appetite  | C060 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Is nervous with people he/she doesn't know            | C072 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Afraid of doing things in front of others                        | C061 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Scared to go to sleep without parents being near      | C073 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Defiant, talks back to adults                                    | C062 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Avoids social situations                              | C074 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Too concerned with neatness or cleanliness                       | C063 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Has broken into someone else's house, building or car | C075 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Can't get his/her mind off certain thoughts, obsessions          | C064 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | When anxious, he/she has disturbed sleep              | C076 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Argues a lot with adults   | C065 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Gets back at people                                   | C077 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |
| Avoids school because of fear of separation from loved ones      | C066 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  | Shy or timid  | C078 | 0 | <input type="radio"/>   | 1 <input type="radio"/>             | 2 <input type="radio"/>  |

INFORMATION COPY  
DO NOT USE TO REPORT

|  |      | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |                                | Never<br>or<br>not true | Sometimes<br>or<br>somewhat<br>true | Often<br>or<br>very true |   |
|--|------|-------------------------|-------------------------------------|--------------------------|--------------------------------|-------------------------|-------------------------------------|--------------------------|---|
| Afraid of making mistakes                            | C079 | 0                       | 1                                   | 2                        | Makes careless mistakes        | C082                    | 0                                   | 1                        | 2 |
| Has nightmares about being separated from loved ones | C080 | 0                       | 1                                   | 2                        | Finds it hard to stop worrying | C083                    | 0                                   | 1                        | 2 |
| Stays out at night despite being told not to         | C081 | 0                       | 1                                   | 2                        | Overtired or lacks energy      | C084                    | 0                                   | 1                        | 2 |

2. The next questions are about the problems you marked above or any other problems of behaviour or feelings that the child might have had **now or in the past 6 months**. How much have these problems interfered with...

|  |      | Not at all | A little | Somewhat | A lot | A great deal |
|--|------|------------|----------|----------|-------|--------------|
| a. how well he/she gets along with you and the rest of the family? | C085 | 0          | 1        | 2        | 3     | 4            |
| b. making and keeping friends?                                     | C086 | 0          | 1        | 2        | 3     | 4            |
| c. learning or school work?  | C087 | 0          | 1        | 2        | 3     | 4            |
| d. playing, hobbies, sports or other leisure activities?           | C088 | 0          | 1        | 2        | 3     | 4            |

3. **Now or in the past six months**, to what extent have these problems ....

|  |      | Not at all | A little | Somewhat | A lot | A great deal | Not applicable |
|--|------|------------|----------|----------|-------|--------------|----------------|
| a. caused you personal upset, distress or worry?   | C089 | 0          | 1        | 2        | 3     | 4            |                |
| b. interfered with your work, recreational activities or socializing with relatives or friends?          | C090 | 0          | 1        | 2        | 3     | 4            |                |
| c. led to bad feelings or relationships with neighbours?   | C091 | 0          | 1        | 2        | 3     | 4            |                |
| d. put a burden on you or the family as a whole?   | C092 | 0          | 1        | 2        | 3     | 4            |                |
| e. been a source of tension, disagreement or conflict with your spouse or partner?                       | C093 | 0          | 1        | 2        | 3     | 4            | 5              |
| f. led to major arguments or disputes with your spouse or partner about how to deal with these problems? | C094 | 0          | 1        | 2        | 3     | 4            | 5              |

4. Please read each statement below and mark the circle that most closely describes the way you have acted towards the child during the **past six months**.

|  |      | Never                   | Rarely                  | Sometimes               | Often                   | Always                  |
|--|------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| a. I enjoy doing things with him/her.                                  | C095 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| b. I cheer him/her up when he/she is sad.                              | C096 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| c. I give him/her a lot of care and attention.                         | C097 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| d. I listen to his/her ideas and opinions.                             | C098 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| e. I speak of the good things he/she does.                             | C099 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| f. I nag him/her about little things.                                  | C100 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| g. I get angry and yell at him/her.                                    | C102 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| h. I threaten punishment more often than I use it.                     | C103 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| i. Whether I keep or do not keep a rule depends on my mood.            | C104 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| j. I say mean things to make him/her feel bad (e.g. sad, mad, guilty). | C105 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |

**Parents have disagreements with their children from time to time because of challenging behaviour. Examples of challenging behaviour in younger children may include tantrums, defiance or disobedience; examples of challenging behaviour in teenagers may include talking back or being moody and argumentative.**

|  |      | Not at all              | 1 or 2 times            | 3 to 5 times            | 6 to 10 times           | More than 10 times      |
|--|------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 5. During the <b>past four weeks</b> , how often did you and the child have major disagreements, big arguments or blow-ups because of his/her challenging behaviour? | C106 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |
| 6. During the <b>past four weeks</b> , how often did you and the child have minor disagreements or quarrels because of his/her challenging behaviour?                | C107 | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> |

**Thank you very much for completing this questionnaire!**