

Table of Contents
INSTITUTION POLICY QUESTIONS ..... 3
A. Selected Resident Information ..... 5
B. General Health. ..... 6
C. Health Status. ..... 7
Vision ..... 7
Hearing ..... 8
Speech ..... 8
Getting Around. ..... 9
Hands and Fingers ..... 10
Feelings ..... 11
Memory ..... 11
Thinking ..... 11
Pain and Discomfort ..... 12
D. Chronic Conditions ..... 12
E. Restriction of Activities ..... 15
Balance ..... 18
F. Smoking ..... 19
G. Alcohol ..... 20
H. Social Support ..... 21
I. Socio-demographic Characteristics ..... 23
Country of Birth / Year of Immigration ..... 23
Ethnicity ..... 23
Language ..... 24
Race ..... 24
Education ..... 25
Income ..... 25
J. CONTACT INFORMATION ..... 26
First Contact Person ..... 26
Second Contact Person ..... 26
K. Agreements. ..... 27
Drug Use and Health Care Ukitization. ..... 27
Health Number. ..... 27
L. Drug Use ..... 28
M. Health Care Utilizatip. ..... 29
N. Provincial Headth Number ..... 30


## Institution Policy Questions


$\begin{array}{ll}\text { Q7 } & \text { Institution Response Code } \\ \text { IPI4_FS } & \end{array}$

Q6 IPI4_Q6

Q7

As of today, how many long-term residents / patients are admitted to this facility?

In Hospitals
By long-term patient, we mean those patients who are now admitted to long-term beds in this facility.

## In Residential Care Facilities

By long-term resident, we mean those residents who have been here for six months or more, including any resident who is temporarily absent from the facility today, for example, visiting relatives or residents transferred to other institutions, such as hospitals, who have not been formally discharged. We would also like you to include those residents who have bean here for less than six months, but who are not expected to be discharged to the community in the next six months.

## _ _ _ Long-term residents / patients

1 Agrees to Participat

$$
\begin{array}{ll}
1 & \text { Agrees to Participate } \\
2 & \text { Refuses } \\
3 & \text { No Contact } \\
4 & \text { Other (Specify in notes) }
\end{array}
$$



## NPHS: Residents of Health Institutions

Form 3

## A. Selected Resident Information

The first set of questions will provide important basic information on the people we are interviewing.


Q8
Do you (Does . . .) live in a room by yourself (by him / herself)?
DHI4_8

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Q9
DHI4_MOA DHI4_YOA

Q10
DHI4 11
What was the date of your (. . .'s) admission to this facility?
(The most recent admission if admitted more than once.)

1
$\overline{\mathrm{Y}} \overline{\mathrm{Y}} \quad \overline{\mathrm{MM}}$
9 Don't know
Where were you (was . . .) living before being admitted to this facility? 人e yout (Was . . .) living in:
(Read list. Mark one only.)

1

2

3

4
5
6
7
8
9
10
99

Your ( . . .'s) own household
A relative's household
An unrelated persons' household
A residence for Senior Citizens
A nursing home
A hospital
A convalescent home
A group home
A hotel, rooming or lodging hous
Other (Specify)
Don't know

## B. General Health

This part of the survey deals withyarious aspects of your (. . .'s) health. By health, we mean not only the absence of disease or injury but also cphysieal, mental and social well-being.
Q11 In general, Wound you say your (...'s) health is:
GHI4_1
(Read list one only.)


## C. Health Status

The next set of questions asks about your (. . .'s) day to day health. The questions are not about illnesses like colds that affect people for short periods of time. They are concerned with a person's usual abilities. You may feel that some of these questions do not apply to you (. . .), but it is important that we ask the same questions of everyone.

Vision
Are you (Is . . .) usually able to see well enough to read ordinary newsprint without glasses or contact lenses?

| 1 | Yes | Go to Q15 |
| :--- | :--- | :--- |
| 2 | No |  |
| 9 | Don't know |  |

Q13
Are you (Is . . .) usually able to see well enough to read ordinary newsprint with glasses or contact lenses?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |

Q14

## HSI4_3

Are you (Is . . .) able to see at all?

| 1 | Yes |  |
| :--- | :--- | :--- |
|  | 1 | No |
| 2 | 9 | Don't know |

Q15 Are you (Is . . .) able torseonely nough without glasses or contact lenses to recognize a
HSI4_4 friend on the other side of the street?

1
2

## Hearing





## Feelings

| Q37 | Would you describe yourself ( . . ) as being usually: <br> (Read list. Mark one only.) |
| :--- | :--- |
| HSI4_27 |   <br>  2$\quad$ Happy and interested in life? |
|  | 3 |$\quad$ Somewhat happy?

Memory

| Q38 | How would you describe your ( . . 's) usual ability to remember things? Are you (Is . . .): |
| :--- | :--- |
| HSI4 28 | (Read list. Mark one only.) |

## Thinking

Is this a problem with short-term menuryy with long-term memory, or with both short and long-term memory?
By short-term memory, we mean remembering yesterday and today. By long-term memory, we mean remembering events that happened last year or many years ago.
(Do not read list. Mark on < Okly.)
Problem Avith short-term memory only
Problem with leng-term memory only
Problemwith goth short-term and long-term memory
Porrt knon


## Pain and Discomfort

Q41 Are you (Is . . .) usually free of pain or discomfort?

HSI4_31

Q42
HSI4_32

| 1 | Yes | Go to section D |
| :--- | :--- | :--- |
| 2 | No |  |
| 9 | Don't know |  |

How would you describe the usual intensity of your (. . .'s) pain or discomfort? (Read list. Mark one only.)

| 1 | Mild |
| :--- | :--- |
| 2 | Moderate |
| 3 | Severe |
| 9 | Don't know |

Q43
HSI4_33
How many activities does your (. .'s) pain or discomfort prevent? (Read list. Mark one only.)

| 1 | None |
| :--- | :--- |
| 2 | A few |
| 3 | Some |
| 4 | Most |
| 9 | Don't know |

## D. Chronic Conditions

Now I'd like to ask about any chronic conditions you (.. .) may have. Chronic or "long-term conditions" refer to conditions that have lasted or are expected to last 6 months or more.

Q44 Do you (Does ...) have any of the following long-term conditions that have been diagnosed by a health professional?
(Read list)
CCI4_1A
a) Arthrisionrheumatism


CCI4_1C
c) Asthma

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |




CCI4_44U
u) Multiple sclerosis

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |

CCI4_44V v) Deformity, orthopedic impairment or absence of arms, legs, hands or feet

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |

CCI4_1V
w) Any other long-term condition - Specify

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |
|  |  |
| x) | Cancer |

CCI4_44X
x) Cancer

| 1 | Yes | Go to Q45 |
| :--- | :--- | :--- |
| 2 | No | Go to Section E |
| 9 | Don't know | Go to Section E |

Q45
CCI4C45A
What type(s) of cancer is this? For example, skin, rung or colon cancer.

## E. Restriction of Activities

The next few questions deal with eny heath limitations which affect your (. . 's) daily activities. Again, "long-term conditions" refer toeenditions that have lasted or are expected to last 6 months or more.

Q46 Because of a ang-term physical or mental condition or a health problem, are you (is ...)
RAI4_46

Q47
 limited in thekind or amount of activity you (he / she) can do?


Because of a long-term condition or health problem, do you (does . . .) need the help of another person in:

RAI4_7A
a) Personal care such as bathing, dressing or eating?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |



Q51 Do you (Does . . .) have another condition or health problem causing you (. . .) to be limited in your (his / her) activities?

RAI4_5
RAI4CIC2
RAI4G12B
RAI4G25B

1 Yes-Specify one condition / health problem





Q67
SMI4_6
At what age did you ( . . .) begin to smoke (cigarettes) daily?
$\overline{9}^{--}$
Years old (3 chars.)

Q68
At what age did you (. . .) stop smoking (cigarettes) daily?
$\begin{array}{lll}\text { SMI4_7 } & \overline{9}^{--} \quad & \begin{array}{l}\text { Years old (3 chars.) } \\ \text { Don't know }\end{array}\end{array}$
G. Alcohol

Now, some questions about your (. .'s) alcohol consumption. When we use the word drinkitmeans:)

- one bottle or can of beer or a glass of draft
- one glass of wine or a wine cooler

- one straight or mixed drink with one and a half ounces of hard liquor

Q69
ALI4_1

Q70
ALI4_2

During the past 12 months, have you (has . . ) had adrininf beer, wine, liquor or any other alcoholic beverage?

Yes
No
Don't know

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |



During the past 12 months, howoten did you (. . .) drink alcoholic beverages?
(Do not read list. Mark one privy
1
2
3
4
$\begin{array}{ll}1 & \text { Every day } \\ 2 & 4-6 \text { times dunce } \\ 3 & 2-3 \text { timesqueck } \\ 4 & \text { Once wren } \\ 5 & \text { a-3times minonth } \\ 6 & \text { Que anonth } \\ 7 & \text { Less than once a month } \\ \text { Don't know }\end{array}$
6 Ene month
7
$9\langle\lambda$
Go to Section H
Q71
Did you (. . .) ever have a drink?
ALI 3

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Don't know |

## H. Social Support

Now, some questions about your (. . 's) contact with different groups and support from family and friends.



## I. Socio-demographic Characteristics

Now I'd like to ask some general questions which will allow us to study the relationship between health and factors which may be related to health.

## Country of Birth / Year of Immigration



## Language

Q86 Which languages can you (. . .) speak or understand now?
(Do not read list. Mark all that apply.)
SDI4_5A
SDI4-5B
SDI4-5C
SDI4-5D

Q87

| SDI4_4A | 1 | English | 10 | Korean |
| :--- | :--- | :--- | :--- | :--- |
| SDI4_4B | 2 | French | 11 | Persian (Farsi) |
| SDI4_87C | 3 | Arabic | 12 | Polish |
| SDI4_4C | 4 | Chinese | 13 | Portuguese |
| SDI_4D | 5 | Cree | 14 | Punjabi |
| SDI4_4G | 6 | German | 15 | Spanisn |
| SDI4_4H | 7 | Greek | 16 | 17 |
| SDI_4I | 8 | Hungarian | 18 |  |
| SDI4_4J | 9 | Italian |  |  |
| SDI4_4R | 19 | Other - Specify | (26 charyinian |  |

## Race



| Q89 | What is the highest level of education that you have (. . . has) completed? |
| :--- | :--- |
| EDI4_1 | (Do not read list. Mark one only) |



Income

Thinking about your (. . .'s) own personal income, from which of the following sources did you(. . .) receive any income in the past $\mathbf{1 2}$ months? (Read list. Mark all that apply.)

| INI4_1B | 1 | Benefits from Canada or Quebec Rensiol Plan |
| :---: | :---: | :---: |
| INI4_1A | 2 | Old Age Security |
| INI4_1C | 3 | Guaranteed Income Supprement |
| INI4_1D | 4 | Retirement pensions, supecannyation and annuities |
| INI4_1F | 5 | Provincial or municipal social assistance or welfare |
| INI4_90F | 6 | Worker's compensation |
| INI4_90G | 7 | Unemployment insurance |
| INI4_1E | 8 | Dividends and interest on bonds, deposits and savings, stocks, mutual funds, etc. |
| INI4_1G | 9 | Wages, salgries, or income from self employment |
| INI4_1H | 10 | Otheyincone (e.g. rental income, scholarships, other government income, alimony, chird support, etc.) |
| INI4_1I | 11 | vone Go to Section J |
|  | 99 | Danyknow |



## J. Contact Information

This survey is the first interview in a longer-term study to look at the health of Canadians.
We will need to re-contact you (. . .) two years from now to ask a few more questions about your ( . . .'s) health.

We would like the names, addresses and phone numbers of two friends or relatives (of . . .) we could call in case there are difficulties in reaching you. This would only be used to help us make contact with you (. . .).


## K. Agreements

(If interviewing the resident or a proxy who is his / her next of kin, ask the questions in this section.
If interviewing a proxy who is not the next of kin of the resident, refer to the consent form to complete this section.)
We are asking your permission to obtain the following information from the staff of this facility (the facility in which . . . lives.)

## Drug Use and Health Care Utilization

Q102
AMI4_PER

First we would like to ask the number and names of the medications you take(...takes), both prescription and over the counter.

Second, we would like to ask about the frequency of your (. . 's) contacts with health professionals, such as doctors, dentists and therapists.

Do we have your permission?

1

2

## Yes <br> No (Check "Refused" in Q107 and Qł09)

Health Number
We are also seeking your permissiontolink information collected during this interview with provincial health information.

This would include information on past and continuing use of services such as visits to hospitals, clinics, physiciansoffices or other services provided by the province.

This information will be used for statistical purposes only.

Do we have your permission?

1


No (Check "Refused" in Q110)

(Havingyour ( . . .'s) provincial health number will assist us in linking to this other information.

Do we have your permission?
1 Yes
2 No (Check "Refused" in Q110)

## Agreement to Share

Q105 To avoid duplication Statistics Canada intends to share the information from this survey


#### Abstract

with provincial ministries of health, Health Canada, and Human Resources Development


 Canada.These organizations have undertaken to keep this information confidential and use it only for statistical purposes.

Do you agree to share the information you have provided?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

(Thank and end interview)
(If any YES in Q102, Q103 or Q104, arrange and complete interview with staff member of facility to complete Q106, Q107, Q108, Q109 and Q110)

## L. Drug Use



We have the permission of . . (. . 's next of kin) to obtain information from you about his / her use of medications and contact with health professionals.

Having the name of the staff member whoprovided us with the information will assist us should we need to clarify the information later. Your name will be kept confidential.

Q106 Name of staff member providing this information.
(First and last names)

Now, I am referkng to yesterday and the day before yesterday. During those two days, how many different medications, both prescription and over the counter, did . . . take?


Go to section M
Go to section M
Go to section M

Q108 What is the exact name of the medication that . . . took in the last two days? (Report a maximum of 12.)

| DGI4C3A | a) | ( | )(30 char) |
| :---: | :---: | :---: | :---: |
| DGI4C3B | b) | ( | )(30 char) |
| DGI4C3C | c) | ( | )(30 char) |
| DGI4C3D | d) | ( | )(30 char) |
| DGI4C3E | e) | ( | )(30 char) |
| DGI4C3F | f) | ( | )(30 char) |
| DGI4C3G | g) | ( | )(30 char) |
| DGI4C3H | h) | ( | )(30 char) |
| DGI4C3I | i) | ( | )(30 char) |
| DGI4C3J | j) | ( | )(30 char) |
| DGI4C3K | k) | ( | )(30 char) |
| DGI4C3L | 1) |  | )(30 char) |
|  | 8 | Refused |  |

## M. Health Care Utilization

Q109 I'd like to ask how often in the past 12 montans as ase following types of health care providers about his / her physical, emotiomah or mental health: (Read list.)

HCI4_Q1A

HCI4_1D
a) Doctors, including psychiatrists

| 1 | Every day |
| :--- | :--- |
| 2 | At least once a week |
| 3 | At least once a mont |
| 4 | Less than once a month |
| 5 | Not at all |
| 7 | Don't know |
| 8 | Refused |

b) Nurses for care or advice


Every day
At least once a week
At least once a month
Less than once a month
Not at all
Don't know
Refused

HCI4_Q1C
c) Therapists, such as speech, audiology, occupational, respiratory, or physiotherapists

| 1 | Every day |
| :--- | :--- |
| 2 | At least once a week |
| 3 | At least once a month |
| 4 | Less than once a month |
| 5 | Not at all |
| 7 | Don't know |
| 8 | Refused |

HCI4_1I
d) Dentists, denture therapists or dental hygienists


