
Canadian Forces Mental Health Survey

Questionnaire,
2013

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**Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI**

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Initial Contact (IC)

CAI standard block

IC_BEG

External variables required:

Variables from previously completed blocks:

CN_N01: method of interview from CN block

CRN_N01: method of interview from CRN block

SURVEYNAME = "the 2013 Canadian Forces Mental Health Survey"

IC_R01

I'm calling regarding ^SURVEYNAME. [All information collected in this survey will be kept strictly confidential.]

INTERVIEWER: Press <1> to continue.

Help text:

Procedure:

Since contact has not necessarily been made with an individual who will be responding to the survey, no confidential information should be disclosed.

Functionality:

<F5> "Refusal" and <F6> "Don't Know" are disabled for this question.

IC_END

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Canadian Forces Member Status (CFMS)

CFMS_BEG

External variables required:
CF_MEM from sample file
SEX

CFMS_Q01

I would like to confirm that you are still enrolled as a [regular Canadian Forces member/Canadian Forces reservist]. Is this correct?

- 1 Yes (Go to CFMS_END)
2 No
(DK, RF not allowed)

CFMS_Q02

INTERVIEWER: Enter reason respondent is no longer a [regular Canadian Forces member/Canadian Forces reservist].
If necessary, ask: (What is the reason why you are no longer a [regular Canadian Forces member/Canadian Forces reservist]?)

- 1 Reservist
2 CF Regular member
3 Retired
4 Other
(DK, RF not allowed)

CFMS_END

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Deployment (DPL)

DPL_BEG	External variables required: CF_MEM SEX
DPL_R1	The following questions examine your personal military history. <u>INTERVIEWER:</u> Press <1> to continue.
DPL_R2	For the purpose of answering the next few questions, "deployment" means having deployed in support of a mission, such as a NATO mission or a UN tour. Do not include exercises, sea time, individual or collective training courses, TD (temporary duty), aid to civil power activities or Canadian disaster relief activities. <u>INTERVIEWER:</u> Press <1> to continue.
DPL_Q2	Have you ever deployed for any period of time in support of the mission in Afghanistan, since its inception in 2001? (This would include the following operations: ARTEMIS, APOLLO, ATHENA, ARCHER, ALTAIR, Task Force Afghanistan, ARGUS, ACCIUS, ATTENTION or SAIPH.) 1 Yes 2 No DK, RF
Help text:	<i>Include deployments to locations other than Afghanistan such as the Persian (Arabian) Gulf, Camp Mirage or elsewhere in the Middle East or Southwest Asia, Europe, or North America. Include deployments to Kabul, Kandahar, and elsewhere in Afghanistan</i> <i>Include deployments done while in the Reserves</i> <i>Include deployments that occurred for only a brief periods of time, e.g., as part of a Technical Assistance Visit (TAV)</i> <i>Exclude postings</i>
DPL_C2A	If CF_MEM=1, go to DPL_Q3. Otherwise, go to DPL_C2B.
DPL_C2B	If DPL_Q2=1, go to DPL_Q3. Otherwise, go to DPL_END.
DPL_Q3	Have you ever deployed for any period of time outside of North America in support of any other Canadian Forces operation? 1 Yes 2 No DK, RF
DPL_END	

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Survey Introduction (INT)

CAI standard block

INT_BEG External variables required:

Variables from previously completed blocks:
Survey specific texts variables created:
SURVEYINTRO = "This survey is conducted under the authority of the Statistics Act. It will collect information on the mental health of members of the Canadian Forces, on the use of health services and on some of the factors that can affect physical and emotional health."

INT_R01 ^DT_SURVEYINTRO.

INTERVIEWER: Press <1> to continue.

Help text: Purpose:
To introduce the survey to respondents so that they are aware of its nature and purposes.

Functionality:
<F5> "Refusal" and <F6> "Don't Know" are disabled for this question.

INT_R02 **Your answers will be kept strictly confidential and will not be disclosed without your consent. The data will only be used for statistical purposes. While participation is voluntary, your assistance is essential if the results are to be accurate.**

INTERVIEWER: Press <1> to continue.

Help text: Purpose:
To affirm that respondents' information is confidential and that their participation is important for the accuracy of the data.

Functionality:
<F5> "Refusal" and <F6> "Don't Know" are disabled for this question.

INT_END

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Age without Date of Birth (ANDB)

Harmonized content

ANDB_BEG	Variable taken from sample file: SPECRESPAGE: age of specific respondent Variable created based on sample file data: SPECRESPNAME: name of specific respondent (one space separating first and last names)
ANDB_Q01	What is ^SPECRESPNAME's age? _ _ _ Age in years (MIN: 0) (MAX: 121) (DK, RF not allowed)
Help text:	<i>Tag: Age without date of birth</i> <i>Purpose:</i> To collect the age of the household member. <i>Procedure:</i> If the respondent is unwilling or unable to provide a specific age for the household member, probe to obtain an estimate. <i>Functionality:</i> <F5> "Refusal" and <F6> "Don't Know" are disabled for this question.
Programmer:	Pre-fill the question text with the appropriate respondent name.
ANDB_E01	The respondent's age has been updated. Select <Suppress> to accept the answer and continue or <Goto> to return and correct.
Rule :	Trigger soft edit if SPECRESPAGE = RESPONSE and ANDB_Q01 - SPECRESPAGE > 3.
ANDB_END	

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Sex (SEX)

Harmonized content

SEX_BEG External variables required:
SPECRESPSEX: sex of specific respondent (1 = male or 2 = female)
SPECRESPNAME: name of specific respondent (one space separating first and last names)

SEX_Q01 INTERVIEWER: Enter ^SPECRESPNAME's sex.
If necessary, ask: (Is ^SPECRESPNAME male or female?)

1 Male
2 Female
(DK, RF not allowed)

Help text: Tag: Sex

Procedure:
if sufficient information has been provided, select either "Male" or "Female" without asking the question.

If there is doubt as to the sex of a household member, ask the question and make the appropriate selection.

Functionality:
<F5> "Refusal" and <F6> "Don't know" are disabled for this question.

Programmer: Pre-fill the question text with the appropriate respondent name.

SEX_E01 The respondent's sex has been updated. Select <Suppress> to accept the answer and continue or <Goto> to return and correct.

Rule : Trigger soft edit if there is a valid feedback sex and the entered sex is different from the feedback sex.

SEX_END

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Marital Status without Confirmation (De-facto) (MSNC)

Harmonized content

MSNC_BEG Variable created based on sample file data:
PROXYSEX: gender of targeted respondent and whether the interview
is being conducted by proxy
FNAME

Import: YOUR2, ARE_C, YOU1

MSNC_Q01 **What is your marital status?
Are you... ?**

INTERVIEWER: Read categories to respondent.

- 1 **Married**
 - 2 **Living common-law**
 - 3 **Widowed**
 - 4 **Separated**
 - 5 **Divorced**
 - 6 **Single, never married**
- DK, RF

Help text:

Tag: Marital Status Without Confirmation (De-facto)

Purpose:

marital status is an important variable in tracking the evolution of social attitudes
economic data combined with marital status and family data provides insight into
the socio-economic situation of various types of families

Definition:

living common-law: refers to two people of the opposite sex or the same sex who live
together as a couple but who are not legally married to each other

Procedure:

the full list of categories should be read to the respondent
if a Quebec respondent answers "civil union", code to the "married" category

Programmer:

Pre-fill the question text with the appropriate respondent name.

MSNC_END

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General Health (GEN)

Core content

GEN_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOGEN: do block flag, from the sample file.

DV_AGE: Age of selected respondent from AN3 block

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

GEN_C01

If DOGEN = 1, go to GEN_R01.

Otherwise, go to GEN_END.

GEN_R01

INTERVIEWER: Please give the Resource sheet to the respondent before starting the interview.

This survey deals with various aspects of your health. The following questions ask about physical activity, social relationships and health status. By health, we mean not only the absence of disease or injury but also physical, mental and social well-being.

INTERVIEWER: Press <1> to continue.

GEN_Q01

In general, would you say your health is...?

INTERVIEWER: Read categories to respondent.

- 1 **Excellent**
- 2 **Very good**
- 3 **Good**
- 4 **Fair**
- 5 **Poor**

DK, RF

(Go to GEN_END)

Help text:

Tag: Perceived health

Perceived health is an indicator of overall health status. It can reflect aspects of health not captured in other measures, such as: incipient disease, disease severity, aspects of positive health status, physiological and psychological reserves and social and mental function. Perceived health refers to the perception of a person's health in general, either by the person himself or herself, or, in the case of proxy response, by the person responding. Health means not only the absence of disease or injury but also physical, mental and social well being.

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GEN_Q02A

Compared to one year ago, how would you say your health is now? Is it...?

INTERVIEWER: Read categories to respondent.

- 1 Much better now than 1 year ago
- 2 Somewhat better now (than 1 year ago)
- 3 About the same as 1 year ago
- 4 Somewhat worse now (than 1 year ago)
- 5 Much worse now (than 1 year ago)

DK, RF

GEN_Q02A_1

How often do you have trouble going to sleep or staying asleep?

INTERVIEWER: Read categories to respondent.

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DK, RF

GEN_Q02B

Using a scale of 0 to 10 where 0 means "Very dissatisfied" and 10 means "Very satisfied", how do you feel about your life as a whole right now?

- 00 Very dissatisfied
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 |
- 10 Very satisfied

DK, RF

GEN_Q07

Thinking about the amount of stress in your life, would you say that most days are...?

INTERVIEWER: Read categories to respondent.

- 1 Not at all stressful
- 2 Not very stressful
- 3 A bit stressful
- 4 Quite a bit stressful
- 5 Extremely stressful

DK, RF

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GEN_Q09

The next question is about your main job or business in the past 12 months. Would you say that most days at work were...?

INTERVIEWER: Read categories to respondent.

- 1 Not at all stressful
- 2 Not very stressful
- 3 A bit stressful
- 4 Quite a bit stressful
- 5 Extremely stressful

DK, RF

GEN_Q10

How would you describe your sense of belonging to your local community? Would you say it is...?

INTERVIEWER: Read categories to respondent.

- 1 Very strong
- 2 Somewhat strong
- 3 Somewhat weak
- 4 Very weak

DK, RF

GEN_END

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Screening Section (SCR)

Core content

SCR_BEG	Content block
	External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOSCR: do block flag, from the sample file. PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
SCR_C01	If DOSCR = 1, go to SCR_R01. Otherwise, go to SCR_END.
SCR_R01	The next questions are about your well-being and areas of your life that could affect your physical and emotional health. Take your time to think about each question before answering. <u>INTERVIEWER</u> : Press <1> to continue.
SCR_Q08A	In general, would you say your <u>physical</u> health is... ? <u>INTERVIEWER</u> : Read categories to respondent. 1 Excellent 2 Very good 3 Good 4 Fair 5 Poor DK, RF
SCR_Q08B	In general, would you say your <u>mental</u> health is... ? <u>INTERVIEWER</u> : Read categories to respondent. 1 Excellent 2 Very good 3 Good 4 Fair 5 Poor DK, RF
SCR_Q20A	During your life, have you <u>ever</u> had an <u>attack of fear or panic</u> when all of a sudden you felt very frightened, anxious or uneasy? 1 Yes (Go to SCR_Q21) 2 No DK, RF

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SCR_Q20B

Have you ever had an attack when all of a sudden:
- you became very uncomfortable,
- you either became short of breath, dizzy, nauseous or your heart
pounded,
- or you thought that you might lose control, die or go crazy?

- 1 Yes
- 2 No
- DK, RF

SCR_Q21

Have you ever in your life had a period lasting several days or longer
when most of the day you felt sad, empty or depressed?

- 1 Yes (Go to SCR_Q26A)
- 2 No
- DK, RF

SCR_Q22

Have you ever had a period lasting several days or longer when most
of the day you were very discouraged about how things were going in
your life?

- 1 Yes (Go to SCR_Q26A)
- 2 No
- DK, RF

SCR_Q23

Have you ever had a period lasting several days or longer when you
lost interest in most things you usually enjoy like work, hobbies and
personal relationships?

- 1 Yes
- 2 No
- DK, RF

SCR_Q26A

Did you ever have a time in your life when you were a "worrier"; that is,
when you worried a lot more about things than other people with the
same problems as you?

- 1 Yes (Go to SCR_Q26C)
- 2 No
- DK, RF

SCR_Q26B

Did you ever have a time in your life when you were much more
nervous or anxious than most other people with the same problems as
you?

- 1 Yes
- 2 No
- DK, RF

SCR_Q26C

Did you ever have a period lasting 6 months or longer when you were
anxious and worried most days?

- 1 Yes
- 2 No
- DK, RF

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SCR_END

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Chronic Conditions (CCC)

Core content

CCC_BEG	Content block External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOCCC: Do block flag, from the sample file. PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
CCC_C011	If DOCCC = 1, go to CCC_R011. Otherwise, go to CCC_END.
CCC_R011	Now I'd like to ask about certain long-term health conditions which you may have. We are interested in "long-term conditions" which are expected to last or have already lasted 6 months or more and that have been diagnosed by a health professional. <u>INTERVIEWER</u> : Press <1> to continue.
CCC_Q031	Do you have asthma? 1 Yes 2 No DK RF (Go to CCC_END)
CCC_Q041	Do you have fibromyalgia? <u>INTERVIEWER</u> : Respondent may include myofascial pain syndrome. 1 Yes 2 No DK, RF
CCC_Q051	(Remember, we're interested in conditions diagnosed by a health professional and are expected to last or have already lasted 6 months or more.) Do you have arthritis, excluding fibromyalgia? <u>INTERVIEWER</u> : Please exclude myofascial pain syndrome. 1 Yes 2 No DK, RF

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- CCC_Q061 (Do you have:)
...back problems, excluding fibromyalgia and arthritis?
1 Yes
2 No
DK, RF
- CCC_Q062 Do you have any other chronic musculoskeletal problems other than arthritis, back pain, or fibromyalgia (e.g. tennis elbow, torn ligaments, plantar fasciitis, knee problems, etc.)?
1 Yes
2 No
DK, RF
- CCC_Q071 (Remember, we're interested in conditions diagnosed by a health professional and are expected to last or have already lasted 6 months or more.)
Do you have high blood pressure?
1 Yes (Go to CCC_Q081)
2 No
DK
RF (Go to CCC_Q081)
- CCC_Q072 Have you ever been diagnosed with high blood pressure?
1 Yes
2 No
DK, RF
- CCC_Q081 Remember, we're interested in conditions diagnosed by a health professional and are expected to last or have already lasted 6 months or more.
Do you have migraine headaches?
1 Yes
2 No
DK, RF
- CCC_Q101 (Do you have:)
...diabetes?
INTERVIEWER: Exclude respondents who have been told they have prediabetes. Only respondents with type 1, type 2 or gestational diabetes should answer "yes" to this question.
1 Yes
2 No
DK, RF

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CCC_Q152

Remember, we're interested in conditions diagnosed by a health professional and are expected to last or have already lasted 6 months or more.

Do you suffer from the effects of a traumatic brain injury (TBI) or concussion?

INTERVIEWER: If necessary, ensure that the effects of the TBI or concussion are ongoing and have lasted, or are expected to last, 6 months or longer.

- 1 Yes
- 2 No
- DK, RF

CCC_Q280A

(Remember, we're interested in conditions diagnosed by a health professional and are expected to last or have already lasted 6 months or more.)

Do you have a mood disorder such as depression, bipolar disorder, mania or dysthymia?

INTERVIEWER: Include manic depression.

- 1 Yes
- 2 No (Go to CCC_Q290A)
- DK, RF (Go to CCC_Q290A)

CCC_Q280B

What kind of mood disorder do you have?

INTERVIEWER: Mark all that apply.

- 1 Depression
- 2 Bipolar disorder (manic depression)
- 3 Mania
- 4 Dysthymia
- 5 Other
- DK, RF

CCC_Q290A

Do you have an anxiety disorder such as a phobia, obsessive-compulsive disorder or a panic disorder?

- 1 Yes
- 2 No (Go to CCC_Q311)
- DK, RF (Go to CCC_Q311)

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CCC_Q290B

What kind of anxiety disorder do you have?

INTERVIEWER: Mark all that apply.

- 1 Phobia
 - 2 Obsessive-compulsive disorder (OCD)
 - 3 Panic disorder
 - 4 Other - Specify (Go to CCC_S290B)
- DK, RF

Go to CCC_Q311

CCC_S290B

(What kind of anxiety disorder do you have?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

CCC_Q311

Do you have post-traumatic stress disorder?

- 1 Yes
 - 2 No
- DK, RF

CCC_Q901

Do you have any other long-term physical or mental health condition that has been diagnosed by a health professional?

- 1 Yes
 - 2 No
- DK, RF

CCC_END

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Pain and discomfort (HUP)

Core content

HUP_BEG	Content block External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOHUP: do block flag, from the sample file. PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
HUP_C1	If DOHUP = 1, go to HUP_R01. Otherwise, go to HUP_END.
HUP_R01	The next set of questions asks about the level of pain or discomfort you usually experience. They are not about illnesses like colds that affect people for short periods of time. <u>INTERVIEWER</u> : Press <1> to continue.
HUP_Q28	Are you usually free of pain or discomfort? 1 Yes (Go to HUP_END) 2 No (Go to HUP_END) DK, RF (Go to HUP_END)
HUP_Q29	How would you describe the <u>usual</u> intensity of your pain or discomfort? <u>INTERVIEWER</u> : Read categories to respondent. 1 Mild 2 Moderate 3 Severe DK, RF
HUP_Q30	How many activities does your pain or discomfort prevent? <u>INTERVIEWER</u> : Read categories to respondent. 1 None 2 A few 3 Some 4 Most DK, RF
HUP_END	

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Positive Mental Health (PMH)

Core content

PMH_BEG This module is the Mental Health Continuum Short Form® instrument developed by Dr. Corey Keyes (Emory University in Atlanta, Georgia USA). The author granted permission to Statistics Canada for the use of MHC-SF in this survey.

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOPMH: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

PMH_C01 If DOPMH = 1, go to PMH_R01

Otherwise, go to PMH_END.

PMH_R01

(Please refer to page 1 of the booklet.)

The following questions are about how you have been feeling during the past month.

INTERVIEWER: Press <1> to continue.

PMH_Q01

In the past month, how often did you feel:

...happy?

INTERVIEWER: Read categories to respondent.

- 1 Every day
- 2 Almost every day
- 3 About 2 or 3 times a week
- 4 About once a week
- 5 Once or twice
- 6 Never

DK, RF

(Go to PMH_END)

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PMH_Q02

(In the past month, how often did you feel:)

...interested in life?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q03

(In the past month, how often did you feel:)

...satisfied with your life?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q04

In the past month, how often did you feel:

...that you had something important to contribute to society?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q05

(In the past month, how often did you feel:)

...that you belonged to a community (like a social group, your neighbourhood, your city, your school)?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

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PMH_Q06

(In the past month, how often did you feel:)

...that our society is becoming a better place for people like you?

INTERVIEWER: If necessary, explain that "people like you" can refer to any groups to which the respondent feels they belong (i.e. religion, income, ethnicity, age, health status, community, etc.).

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q07

In the past month, how often did you feel:

...that people are basically good?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q08

(In the past month, how often did you feel:)

...that the way our society works makes sense to you?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q09

(In the past month, how often did you feel:)

...that you liked most parts of your personality?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

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PMH_Q10

In the past month, how often did you feel:

...good at managing the responsibilities of your daily life?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q11

(In the past month, how often did you feel:)

...that you had warm and trusting relationships with others?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q12

(In the past month, how often did you feel:)

...that you had experiences that challenge you to grow and become a better person?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_Q13

In the past month, how often did you feel:

...confident to think or express your own ideas and opinions?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

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PMH_Q14

(In the past month, how often did you feel:)

...that your life has a sense of direction or meaning to it?

- 1 Every day
 - 2 Almost every day
 - 3 About 2 or 3 times a week
 - 4 About once a week
 - 5 Once or twice
 - 6 Never
- DK, RF

PMH_END

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Stress (STR)

Core content

STR_BEG

Content block

External variables required:
DOSTR: Do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block
PE_Q02: last name of specific respondent from USU block

Screen display:
Display on header bar PE_Q01 and PE_Q02 separated by a space

STR_C1

If DOSTR = 1, go to STR_R1.
Otherwise, go to STR_END.

STR_R1

Now a few questions about the stress in your life.

INTERVIEWER: Press <1> to continue.

STR_Q1

In general, how would you rate your ability to handle unexpected and difficult problems, for example, a family or personal crisis?

Would you say your ability is...?

INTERVIEWER: Read categories to respondent.

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor

DK, RF

(Go to STR_END)

STR_Q2

In general, how would you rate your ability to handle the day-to-day demands in your life, for example, handling work, family and volunteer responsibilities?

Would you say your ability is...?

INTERVIEWER: Read categories to respondent.

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor

DK, RF

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STR_Q3

Thinking about stress in your day-to-day life, what would you say is the most important thing contributing to feelings of stress you may have?

INTERVIEWER: Do not probe.

- 01 Time pressures / not enough time
 - 02 Own physical health problem or condition
 - 03 Own emotional or mental health problem or condition
 - 04 Financial situation (e.g., not enough money, debt)
 - 05 Own work situation (e.g., hours of work, working conditions)
 - 06 School
 - 07 Employment status (e.g, unemployment)
 - 08 Caring for - own children
 - 09 Caring for - others
 - 10 Other personal or family responsibilities
 - 11 Personal relationships
 - 12 Discrimination
 - 13 Personal and family's safety
 - 14 Health of family members
 - 15 Other - Specify (Go to STR_S3)
 - 16 Nothing
- DK, RF

Go to STR_Q6_1

STR_S3

(Thinking about stress in your day-to-day life, what would you say is the most important thing contributing to feelings of stress you may have?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

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STR_Q6_1

(Please refer to page 2 of the booklet.)

People have different ways of dealing with stress. Thinking about the ways you deal with stress, please tell me how often you do each of the following.

How often do you try to solve the problem?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, RF

STR_Q6_2

To deal with stress, how often do you talk to others?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, RF

STR_Q6_3

When dealing with stress, how often do you avoid being with people?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, RF

STR_Q6_4

How often do you sleep more than usual to deal with stress?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, RF

STR_Q6_5A

When dealing with stress, how often do you try to feel better by eating more, or less, than usual?

- 1 Often
- 2 Sometimes
- 3 Rarely
- 4 Never

DK, RF

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- STR_Q6_5B **When dealing with stress, how often do you try to feel better by smoking more cigarettes than usual?**
- INTERVIEWER: If necessary, enter "5" to indicate "Not applicable" (respondent does not usually smoke cigarettes).
- 1 Often
2 Sometimes
3 Rarely
4 Never
5 Not applicable
DK, RF
- STR_Q6_5C **When dealing with stress, how often do you try to feel better by drinking alcohol?**
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF
- STR_Q6_5D **When dealing with stress, how often do you try to feel better by using drugs or medication?**
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF
- STR_Q6_6 **How often do you jog or do other exercise to deal with stress?**
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF
- STR_Q6_7 **How often do you pray or seek spiritual help to deal with stress?**
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF
- STR_Q6_8 **To deal with stress, how often do you try to relax by doing something enjoyable?**
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF

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STR_Q6_9

To deal with stress, how often do you try to look on the bright side of things?

- 1 Often
 - 2 Sometimes
 - 3 Rarely
 - 4 Never
- DK, RF

STR_Q6_10

When dealing with stress, how often do you blame yourself?

- 1 Often
 - 2 Sometimes
 - 3 Rarely
 - 4 Never
- DK, RF

STR_Q6_11

To deal with stress, how often do you wish the situation would go away or somehow be finished?

- 1 Often
 - 2 Sometimes
 - 3 Rarely
 - 4 Never
- DK, RF

STR_END

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Distress (DIS)

Core content

DIS_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DODIS: Do block flag, from the sample file.

REFDATE: current date from operating system

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Display DTE1MOAGOE as Month DD, YYYY, e.g. January 2, 2008.

DIS_C01

If DODIS = 1, go to DIS_R01.

Otherwise, go to DIS_END.

DIS_R01

The following questions deal with feelings you may have had during the past month.

INTERVIEWER: Press <1> to continue.

DIS_Q01A

(Please refer to page 3 of the booklet.)

During the past month, that is, from ^DTE1MOAGOE to yesterday, about how often did you feel:

...tired out for no good reason?

INTERVIEWER: Read categories to respondent.

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time

DK, RF

(Go to DIS_END)

DIS_Q01B

During the past month, that is, from ^DTE1MOAGOE to yesterday, about how often did you feel:

... nervous?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time

DK, RF

(Go to DIS_Q01D)

(Go to DIS_Q01D)

Processing:

At the time of the data processing, if DIS_Q01B = 5, then DIS_Q01C will be set to 5 (None of the time).

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DIS_Q01C (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...so nervous that nothing could calm you down?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

DIS_Q01D (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...hopeless?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

DIS_Q01E During the past month, that is, from ^DTE1MOAGOE to yesterday, about
how often did you feel:

...restless or fidgety?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time (Go to DIS_Q01G)
- DK, RF (Go to DIS_Q01G)

Processing: At the time of the data processing, if DIS_Q01E = 5, then DIS_Q01F will be set to 5
(None of the time).

DIS_Q01F (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...so restless you could not sit still?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

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DIS_Q01G (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...sad or depressed?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time (Go to DIS_Q01I)
- DK, RF (Go to DIS_Q01I)

Processing: At the time of the data processing, if DIS_Q01G = 5, then DIS_Q01H will be set to 5
(None of the time).

DIS_Q01H (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...so depressed that nothing could cheer you up?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- DK, RF

DIS_Q01I (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...that everything was an effort?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- DK, RF

DIS_Q01J (During the past month, that is, from ^DTE1MOAGOE to yesterday,
about how often did you feel:)

...worthless?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- DK, RF

DIS_C01K If (DIS_Q01A = 5), and (DIS_Q01B = 5, DK, or RF), and (DIS_Q01D = 5, DK,
or RF), and (DIS_Q01E = 5, DK, or RF), and (DIS_Q01G = 5, DK, or RF),
and (DIS_Q01I = 5, DK, or RF), and (DIS_Q01J = 5, DK, or RF), go to
DIS_END.
Otherwise, go to DIS_Q01K.

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DIS_Q01K

We just talked about feelings that occurred to different degrees during the past month.
Taking them altogether, did these feelings occur more often in the past month than is usual for you, less often than usual or about the same as usual?

- 1 More often
 - 2 Less often (Go to DIS_Q01M)
 - 3 About the same (Go to DIS_Q01N)
 - 4 Never have had any (Go to DIS_END)
- DK, RF (Go to DIS_END)

DIS_Q01L

Is that a lot more, somewhat more or only a little more often than usual?

- 1 A lot
 - 2 Somewhat
 - 3 A little
- DK, RF

Go to DIS_Q01N

DIS_Q01M

Is that a lot less, somewhat less or only a little less often than usual?

- 1 A lot
 - 2 Somewhat
 - 3 A little
- DK, RF

DIS_Q01N

During the past month, how much did these feelings usually interfere with your life or activities?

INTERVIEWER: Read categories to respondent.

- 1 **A lot**
 - 2 **Some**
 - 3 **A little**
 - 4 **Not at all**
- DK, RF

DIS_END

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Depression (DEP)

Core content

DEP_BEG

Content block

External variables required:

DODEP: do block flag, from the sample file.

SCR_Q21, SCR_Q22, SCR_Q23: from the SCR block

SUI_Q01, SUI_Q02, SUI_Q04A, SUI_Q06A, SUI_Q13, SUI_Q16, SUI_Q19 :
from the Suicide sub-block SUI

DV_AGE: age of selected respondent from AN3 block.

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex
block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Content type:

NOTE TO DATA USERS:

There are 4 different ways to enter the depression module, as described in the conditions below. The flow is based on responses to three screener questions: SCR_Q21, SCR_Q22 and SCR_Q23. Those respondents who said "yes" to the first screener question (SCR_Q21) are not asked the second and third screener questions, so they will go to DEP_Q01A. Respondents who say "yes" to the second screener question (SCR_Q22) are not asked the third screener question, so they will go to DEP_Q02. Those who say "yes" to the third screener question (SCR_Q23) will go to DEP_Q09. Finally, those who say no to all three screener questions will go to the start of the suicide sub-block (DEP_B27).

Programmer:

For the KEY PHRASES that are associated with DEP_Q24A to DEP_Q26BB as well as SUI_Q01, SUI_Q04A and SUI_Q06A, please create a parallel block to display the list of KEY PHRASES that can be triggered at any point during the module by pressing <CTRL D>. Only the KEY PHRASES for answers that the respondent reported will be displayed.

DEP_C01A

If DODEP = 1, go to DEP_C01B.
Otherwise, go to DEP_END.

DEP_C01B

If SCR_Q21 = 1 (Yes), go to DEP_Q01A.
Otherwise, go to DEP_C01C.

DEP_C01C

If SCR_Q22 = 1 (Yes), go to DEP_Q02.
Otherwise, go to DEP_C01D.

DEP_C01D

If SCR_Q23 = 1 (Yes), go to DEP_Q09.
Otherwise, go to DEP_B27.

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- DEP_Q01A Earlier, you mentioned having periods that lasted several days or longer when you felt sad, empty or depressed most of the day.
- During such episodes, did you ever feel discouraged about how things were going in your life?
- 1 Yes
2 No (Go to DEP_Q01B)
DK (Go to DEP_Q01B)
RF (Go to DEP_B27)
- DEP_Q01A_1 During the episodes of being sad, empty or depressed, did you ever lose interest in most things like work, hobbies or other things you usually enjoyed?
- 1 Yes
2 No
DK, RF
- Go to DEP_D12
- DEP_Q01B During the episodes of being sad, empty or depressed, did you ever lose interest in most things like work, hobbies or other things you usually enjoyed?
- 1 Yes
2 No
DK, RF
- Go to DEP_D12
- DEP_Q02 Earlier, you mentioned having periods that lasted several days or longer when you felt discouraged about how things were going in your life.
- During such episodes, did you ever lose interest in most things like work, hobbies or other things you usually enjoy?
- 1 Yes
2 No
DK
RF (Go to DEP_B27)
- Go to DEP_D12
- DEP_Q09 Earlier, you mentioned having periods that lasted several days or longer when you lost interest in most things like work, hobbies or other things you usually enjoy.
- Did you ever have such a period that lasted for most of the day, nearly every day, for 2 weeks or longer?
- 1 Yes
2 No (Go to DEP_B27)
DK, RF (Go to DEP_B27)

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- DEP_C12 If DEP_Q09 = 1, go to DEP_Q16.
Otherwise, go to DEP_Q12.
- DEP_Q12 **Did you ever have a period of being [sad, discouraged or uninterested in things] that lasted for most of the day, nearly every day, for 2 weeks or longer?**
- 1 Yes
2 No (Go to DEP_B27)
DK, RF (Go to DEP_B27)
- DEP_Q16 **Think of periods lasting 2 weeks or longer when [these problems/this problem] with your mood [were/was] most severe and frequent. During those periods, did your feelings of being [sad, discouraged or uninterested] usually last ...?**
- INTERVIEWER: Read categories to respondent.
- 1 Less than one hour
2 1 hour to less than 3 hours
3 3 hours to less than 5 hours
4 5 hours or more
DK, RF
- DEP_Q17 **During those periods, how severe was your emotional distress?**
- INTERVIEWER: Read categories to respondent.
- 1 Mild
2 Moderate
3 Severe
4 Very severe
DK, RF
- DEP_Q18 **During those periods, how often was your emotional distress so severe that nothing could cheer you up?**
- INTERVIEWER: Read categories to respondent.
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF
- DEP_Q19 **During those periods, how often was your emotional distress so severe that you could not carry out your daily activities?**
- INTERVIEWER: Read categories to respondent.
- 1 Often
2 Sometimes
3 Rarely
4 Never
DK, RF

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DEP_C20 If (DEP_Q17 = 1 (mild) or RF) and (DEP_Q18 = 4 (never) or RF) and (DEP_Q19 = 4 (never) or RF), go to DEP_B27.
Otherwise, go to DEP_R21.

DEP_R21 **People with episodes of being [sad, discouraged or uninterested] often have other problems at the same time. These include things like feelings of low self-worth and changes in sleep, appetite, energy and ability to concentrate and remember.**

INTERVIEWER: Press <1> to continue.

DEP_Q21 **Did you ever have problems like this during one of your episodes of being [sad, discouraged or uninterested]?**

1 Yes
2 No (Go to DEP_B27)
DK, RF (Go to DEP_B27)

DEP_Q22A **Please think of an episode of being [sad, discouraged or uninterested] that lasted 2 weeks or longer when, at the same time, you also had the largest number of these other problems.**

Is there one particular episode that stands out as the worst one you ever had?

1 Yes
2 No (Go to DEP_Q23A)
DK, RF (Go to DEP_Q23A)

DEP_Q22A_1 **How old were you when that worst episode started?**

INTERVIEWER: Minimum is 0; maximum is ^DV_AGE.
|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

DEP_E22A_1 **The reported age is invalid, please return and correct.**

Rule : *Trigger hard edit if DEP_Q22A_1 > DV_AGE.*

DEP_Q22B **How long did it last (in terms of days, weeks, months or years)?**

INTERVIEWER: If the episode is ongoing, enter how long it has lasted to date.

|_|_|_| Number
(MIN: 1)
(MAX: 900)

DK, RF (Go to DEP_R24)

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DEP_N22C	<p><u>INTERVIEWER</u>: Was that in days, weeks, months or years?</p> <p>1 Days 2 Weeks 3 Months 4 Years (DK, RF not allowed)</p> <p>Go to DEP_R24</p>
DEP_E22C	<p>An unusual value has been entered. Please confirm or return and change the reporting unit.</p> <p><i>Rule :</i> <i>Trigger soft edit if (DEP_Q22B > 365 and DEP_N22C = 1) or (DEP_Q22B > 52 and DEP_N22C = 2) or (DEP_Q22B > 24 and DEP_N22C = 3).</i></p>
DEP_E22D	<p>The number of years is invalid, please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if DEP_N22C = 4 and ((DEP_Q22B > (DV_AGE - DEP_Q22A_1)) and (DEP_Q22A_1 <> DK, RF) or (DEP_Q22A_1 = DK,RF and DEP_Q22B > DV_AGE)).</i></p>
DEP_E22E	<p>Respondent previously reported the episode lasted at least 2 weeks. The minimum length of time is 2 weeks or 14 days, please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if (DEP_Q22B = 1 and DEP_N22C = 2) or (DEP_Q22B < 14 and DEP_N22C = 1).</i></p>
DEP_Q23A	<p>Think of the last time you had a bad episode of being [sad, discouraged or uninterested] like this. How old were you when that last episode occurred?</p> <p><u>INTERVIEWER</u>: Minimum is 0; Maximum is ^DV_AGE.</p> <p> _ _ _ Age in years (MIN: 0) (MAX: 130)</p> <p>DK, RF</p>
DEP_E23A	<p>The reported age is invalid. Please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if DEP_Q23A > DV_AGE.</i></p>
DEP_C23A	<p>If DEP_Q23A = RF, go to DEP_R24. Otherwise, go to DEP_Q23B.</p>
DEP_Q23B	<p>How long did that episode last?</p> <p><u>INTERVIEWER</u>: If the episode is ongoing, enter how long it has lasted to date.</p> <p> _ _ _ Number (MIN: 1) (MAX: 900)</p> <p>DK, RF (Go to DEP_R24)</p>

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DEP_N23C	<p><u>INTERVIEWER</u>: Was that in days, weeks, months or years?</p> <p>1 Days 2 Weeks 3 Months 4 Years (DK, RF not allowed)</p> <p>Go to DEP_R24</p>
DEP_E23C	<p>An unusual value has been entered. Please confirm or return and change the reporting unit.</p> <p>Rule : <i>Trigger soft edit if (DEP_Q23B > 365 and DEP_N23C = 1) or (DEP_Q23B > 52 and DEP_N23C = 2) or (DEP_Q23B > 24 and DEP_N23C = 3).</i></p>
DEP_E23D	<p>The number of years is invalid, please return and correct.</p> <p>Rule : <i>Trigger hard edit if DEP_N23C = 4 and ((DEP_Q23B > (DV_AGE - DEP_Q23A)) and (DEP_Q23A <> DK, RF) or (DEP_Q23A = DK,RF and DEP_Q23B > DV_AGE)).</i></p>
DEP_E23E	<p>Respondent previously reported the episode lasted at least 2 weeks. The minimum length of time is 2 weeks or 14 days, please return and correct.</p> <p>Rule : <i>Trigger hard edit if (DEP_Q23B = 1 and DEP_N23C = 2) or (DEP_Q23B < 14 and DEP_N23C = 1).</i></p>
DEP_R24	<p>In answering the next questions, think about the period of 2 weeks or longer when your feelings of being [sad, discouraged or uninterested] and other problems were most severe and frequent. During that period, tell me which of the following problems you had for most of the day, nearly every day.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>
DEP_Q24A	<p>Did you feel sad, empty or depressed most of the day, nearly every day, during that period of 2 weeks or longer?</p> <p>1 Yes (KEY_PHRASE = feeling sad, empty or depressed) 2 No (Go to DEP_Q24C) DK, RF (Go to DEP_Q24C)</p>
DEP_Q24B	<p>Nearly every day, did you feel so sad that nothing could cheer you up?</p> <p>1 Yes (KEY_PHRASE = feeling that nothing could cheer you up) 2 No DK, RF</p>

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DEP_Q24C **During that period of 2 weeks or longer, did you feel discouraged most of the day, nearly every day, about how things were going in your life?**

- 1 Yes (KEY_PHRASE = feeling discouraged about things in your life)
2 No (Go to DEP_Q24E)
DK, RF (Go to DEP_Q24E)

DEP_Q24D **Did you feel hopeless about the future nearly every day?**

- 1 Yes (KEY_PHRASE = feeling hopeless about the future)
2 No
DK, RF

DEP_Q24E **During that period of 2 weeks or longer, did you lose interest in almost all things like work, hobbies and things you like to do for fun?**

- 1 Yes (KEY_PHRASE = losing interest in almost all things)
2 No
DK, RF

DEP_Q24F **Did you feel like nothing was fun even when good things were happening?**

- 1 Yes (KEY_PHRASE = feeling that nothing was fun)
2 No
DK, RF

Content type:

NOTE TO DATA USERS:

The condition DEP_C25 is a checkpoint to see if the respondent has said yes to at least one of the Q24 series of questions. If they did not, then they do not meet the criteria for the major depressive episode derived variable and are skipped to suicide sub block (DEP_B27).

DEP_C25 If any one of DEP_Q24A, DEP_Q24B, DEP_Q24C, DEP_Q24D, DEP_Q24E or DEP_Q24F = 1 (Yes), go to DEP_Q26A. Otherwise, go to DEP_B27.

DEP_Q26A **During that period of 2 weeks or longer, did you, nearly every day, have a much smaller appetite than usual?**

- 1 Yes (KEY_PHRASE = having a much smaller appetite) (Go to DEP_Q26E)
2 No
DK, RF

DEP_Q26B **Did you have a much larger appetite than usual nearly every day?**

- 1 Yes (KEY_PHRASE = having a much larger appetite)
2 No
DK, RF

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DEP_Q26C **During that period of 2 weeks or longer, did you gain weight without trying to?**

- 1 Yes
- 2 No (Go to DEP_Q26E)
- DK, RF (Go to DEP_Q26E)

DEP_Q26C_1 **Was this weight gain due to a physical growth[or pregnancy]?**

- 1 Yes (Go to DEP_Q26G)
- 2 No (KEY_PHRASE = gaining weight without trying to)
- DK, RF

DEP_Q26D **How much did you gain?**

INTERVIEWER: Enter amount only.

|_|_|_| Weight
(MIN: 1)
(MAX: 300)

DK, RF (Go to DEP_Q26G)

DEP_N26D INTERVIEWER: Was that in pounds or kilograms?

- 1 Pounds
- 2 Kilograms
- (DK, RF not allowed)

Go to DEP_Q26G

DEP_E26D An unusual value has been entered. Please confirm.

Rule : *Trigger soft edit if (DEP_Q26D > 100 and DEP_N26D = 1) or (DEP_Q26D > 50 and DEP_N26D = 2).*

DEP_Q26E **Did you lose weight without trying to?**

INTERVIEWER: If respondent reports being on a diet or physically ill, select "No".

- 1 Yes
- 2 No (Go to DEP_Q26G)
- DK, RF (Go to DEP_Q26G)

DEP_Q26E_1 **Was this weight loss a result of a diet or a physical illness?**

- 1 Yes (Go to DEP_Q26G)
- 2 No (KEY_PHRASE = losing weight without trying to)
- DK, RF

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DEP_Q26F

How much did you lose?

INTERVIEWER: Enter amount only.

|_|_|_|
(MIN: 1)
(MAX: 300)

DK, RF

(Go to DEP_Q26G)

DEP_N26F

INTERVIEWER: Was that in pounds or kilograms?

1 Pounds
2 Kilograms
(DK, RF not allowed)

DEP_E26F

An unusual value has been entered. Please confirm.

Rule :

Trigger soft edit if (DEP_Q26F > 100 and DEP_N26F = 1) or (DEP_Q26F > 50 and DEP_N26F = 2).

DEP_Q26G

During that period of 2 weeks or longer, did you have a lot more trouble than usual either falling asleep, staying asleep or waking up too early nearly every night?

1 Yes (KEY_PHRASE = having trouble falling or staying asleep or waking up too early) (Go to DEP_Q26I)
2 No
DK, RF

DEP_Q26H

During that period of 2 weeks or longer, did you sleep a lot more than usual nearly every night?

1 Yes (KEY_PHRASE = sleeping a lot more than usual) (Go to DEP_Q26J)
2 No
DK, RF

DEP_Q26I

Did you sleep much less than usual and still not feel tired or sleepy?

1 Yes (KEY_PHRASE = sleeping much less than usual)
2 No
DK, RF

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- DEP_Q26J **During that period of 2 weeks or longer, did you feel tired or low in energy nearly every day, even when you had not been working very hard?**
- 1 Yes (KEY_PHRASE = feeling tired or low in energy) (Go to DEP_Q26L)
2 No
DK, RF
- DEP_Q26K **During that period of 2 weeks or longer, did you have a lot more energy than usual nearly every day?**
- 1 Yes (KEY_PHRASE = having a lot more energy than usual)
2 No
DK, RF
- DEP_Q26L **Did you talk or move more slowly than is normal for you nearly every day?**
- 1 Yes (KEY_PHRASE = talking or moving more slowly than normal)
2 No (Go to DEP_Q26N)
DK, RF (Go to DEP_Q26N)
- DEP_Q26M **Did anyone else notice that you were talking or moving slowly?**
- 1 Yes
2 No
DK, RF
- Go to DEP_Q26P
- DEP_Q26N **Were you so restless or jittery nearly every day that you paced up and down or couldn't sit still?**
- 1 Yes (KEY_PHRASE = feeling restless or jittery, or couldn't sit still)
2 No (Go to DEP_Q26P)
DK, RF (Go to DEP_Q26P)
- DEP_Q26O **Did anyone else notice that you were restless?**
- 1 Yes
2 No
DK, RF

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DEP_Q26P **During that period of 2 weeks or longer, did your thoughts come much more slowly than usual or seem mixed up nearly every day?**

- 1 Yes (KEY_PHRASE = thinking much more slowly than usual) (Go to DEP_Q26R)
2 No
DK, RF

DEP_Q26Q **Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?**

- 1 Yes (KEY_PHRASE = having thoughts race through your head)
2 No
DK, RF

DEP_Q26R **Nearly every day, did you have a lot more trouble concentrating than is normal for you?**

- 1 Yes (KEY_PHRASE = having more trouble concentrating)
2 No
DK, RF

DEP_Q26S **Were you unable to make up your mind about things you ordinarily have no trouble deciding about?**

- 1 Yes (KEY_PHRASE = being unable to make your mind about things)
2 No
DK, RF

DEP_Q26T **Did you lose your self-confidence?**

- 1 Yes (KEY_PHRASE = losing your self-confidence)
2 No
DK, RF

DEP_Q26U **Nearly every day, did you feel that you were not as good as other people?**

- 1 Yes (KEY_PHRASE = feeling not as good as other people) (Go to DEP_Q26W)
2 No (Go to DEP_Q26W)
DK, RF

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- DEP_Q26V **Did you feel totally worthless nearly every day?**
- 1 Yes (KEY_PHRASE = feeling worthless)
2 No
DK, RF
- DEP_Q26W **Did you feel guilty nearly every day?**
- 1 Yes (KEY_PHRASE = feeling guilty every day)
2 No
DK, RF
- DEP_Q26X **Did you feel irritable, grouchy or in a bad mood nearly every day?**
- 1 Yes (KEY_PHRASE = feeling grouchy)
2 No
DK, RF
- DEP_Q26Y **Did you feel nervous or anxious most days?**
- 1 Yes (KEY_PHRASE = feeling nervous or anxious)
2 No
DK, RF
- DEP_Q26Z **During that period of 2 weeks or longer, did you have any sudden attacks of intense fear or panic?**
- 1 Yes (KEY_PHRASE = having attacks of fear or panic)
2 No
DK, RF
- DEP_Q26ZFF **Did you feel that you could not cope with your everyday responsibilities?**
- 1 Yes (KEY_PHRASE = feeling you couldn't cope with your responsibilities)
2 No
DK, RF
- DEP_Q26ZGG **Did you feel like you wanted to be alone rather than spend time with friends or relatives?**
- 1 Yes (KEY_PHRASE = wanting to be alone)
2 No
DK, RF

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DEP_Q26ZHH	<p>Did you feel less talkative than usual?</p> <p>1 Yes (KEY_PHRASE = feeling less talkative) 2 No DK, RF</p>
DEP_Q26ZII	<p>Were you often in tears?</p> <p>1 Yes (KEY_PHRASE = being often in tears) 2 No DK, RF</p>
DEP_Q26AA	<p>Did you often think a lot about death, either your own, someone else's or death in general?</p> <p>1 Yes (KEY_PHRASE = thinking about death) 2 No DK, RF</p>
DEP_Q26BB	<p>During that period, did you ever think that it would be better if you were dead?</p> <p>1 Yes (KEY_PHRASE = thinking you were better dead) 2 No DK, RF</p>
DEP_B27	<p>Call Suicide block (SUI).</p>
Content type:	<p>NOTE TO DATA USERS: <i>The Suicide (SUI) sub-block is triggered here. All respondents in the survey will be sent here, as all will receive the suicide questions. Some respondents will enter the SUI module after they have gone through the previous depression questions, while respondents who do not meet the depression criteria will directly go to the suicide questions (note the flows in the previous questions that send respondents to DEP_B27).</i></p>
DEP_C27	<p>If DEP_D27A >= 5, go to DEP_C28. Otherwise, go to DEP_END.</p>
Content type:	<p>NOTE TO DATA USERS: <i>The condition DEP_C27 is a checkpoint to see if the respondent has said yes to at least 5 of the key questions above. If they did not, then they do not meet the criteria for the major depressive episode derived variable and are sent to the end of the module.</i></p>
DEP_C28	<p>If SUI_Q01 = 1 (Yes) or SUI_Q02 = 1 (Yes), go to DEP_Q28B. Otherwise, go to DEP_Q28A.</p>

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DEP_Q28A

You mentioned having a number of the problems that I just asked you about.

During that episode, how much did your feelings of being [sad, discouraged or uninterested] and having these other problems interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent. If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

- | | | |
|--------|------------|------------------|
| 1 | Not at all | (Go to DEP_Q29A) |
| 2 | A little | (Go to DEP_Q28C) |
| 3 | Some | (Go to DEP_Q28C) |
| 4 | A lot | (Go to DEP_Q28C) |
| 5 | Extremely | (Go to DEP_Q28C) |
| DK, RF | | (Go to DEP_Q28C) |

DEP_Q28B

Earlier, you mentioned having a number of problems during the period of 2 weeks or longer when your feelings of being [sad, discouraged or uninterested] were most frequent and severe. During that episode, how much did your feelings of being [sad, discouraged or uninterested] and having these other problems interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent. If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

- | | | |
|--------|------------|------------------|
| 1 | Not at all | (Go to DEP_Q29A) |
| 2 | A little | |
| 3 | Some | |
| 4 | A lot | |
| 5 | Extremely | |
| DK, RF | | |

DEP_Q28C

During that episode, how often were you unable to carry out your daily activities because of your feelings of being [sad, discouraged or uninterested]?

INTERVIEWER: Read categories to respondent.

- | | | |
|--------|-----------|--|
| 1 | Often | |
| 2 | Sometimes | |
| 3 | Rarely | |
| 4 | Never | |
| DK, RF | | |

DEP_Q29A

Episodes of this sort sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think your episodes of feeling [sad, discouraged or uninterested] ever occurred as the result of physical causes, medication, drugs or alcohol?

- | | | |
|--------|-----|------------------|
| 1 | Yes | |
| 2 | No | (Go to DEP_Q30A) |
| DK, RF | | (Go to DEP_Q30A) |

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DEP_Q29B Do you think your episodes were always the result of physical causes, medication, drugs or alcohol?

- 1 Yes
- 2 No (Go to DEP_Q30A)
- DK, RF (Go to DEP_Q30A)

DEP_Q29C **What were the causes?**

INTERVIEWER: Mark all that apply.

- 01 Exhaustion
- 02 Hyperventilation
- 03 Hypochondria
- 04 Menstrual cycle
- 05 Pregnancy / postpartum
- 06 Thyroid disease
- 07 Cancer
- 08 Overweight
- 09 Medication (excluding illicit drugs)
- 10 Illicit drugs
- 11 Alcohol
- 12 Chemical Imbalance / Serotonin Imbalance
- 13 Chronic Pain
- 14 Caffeine
- 15 No specific diagnosis
- 16 Accident / Injury
- 17 Emotional, social or economic reason
- 18 Other - Specify (Go to DEP_S29C)
- DK, RF

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Go to DEP_Q30A

DEP_S29C **(What were the causes?)**

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer: *Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.*

DEP_E29C **A response of "Pregnancy / postpartum" or "Menstrual cycle" is invalid for a male respondent. Please return and correct.**

Rule : *Trigger hard edit if SEX_Q01 = 1 and (DEP_Q29C = 4 or 5).*

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- DEP_Q30A Did your episodes of feeling [sad, discouraged or uninterested] ever occur just after someone close to you died?
- 1 Yes
2 No (Go to DEP_R31)
DK, RF (Go to DEP_R31)
- DEP_Q30B Did your episodes of feeling [sad, discouraged or uninterested] always occur just after someone close to you died?
- 1 Yes
2 No
DK, RF
- DEP_R31 In the next questions, the word "episode" means a period lasting 2 weeks or longer when, nearly every day, you were [sad, discouraged or uninterested] and you also had some of the other problems we just mentioned. The end of an episode is when you no longer have the problems for two weeks in a row.
- INTERVIEWER: Press <1> to continue.
- DEP_Q31 During your life, how many episodes of feeling [sad, discouraged or uninterested] with some other problems lasting two weeks or longer have you ever had?
- INTERVIEWER: Minimum is 1; maximum is 901.
If respondent answers more than 900 episodes, enter "900".
If respondent answers "More than I can remember", enter "901".
- |_|_|_| Number of episodes
(MIN: 1)
(MAX: 901)
- DK, RF
- DEP_C31 If DEP_Q31 = 1, go to DEP_Q37E.
Otherwise, go to DEP_R37A.
- DEP_R37A Think of the very first time in your life when you had an episode lasting 2 weeks or longer when most of the day, nearly every day, you felt [sad, discouraged or uninterested] and you also had some of the other problems we talked about.
- INTERVIEWER: Press <1> to continue.
- DEP_Q37A Can you remember exactly how old you were the very first time you had such an episode?
- 1 Yes
2 No (Go to DEP_Q37C)
DK (Go to DEP_Q37C)
RF (Go to DEP_Q37D)

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DEP_Q37B

How old were you?

INTERVIEWER: Minimum is 0; Maximum is ^DV_AGE.

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK (Go to DEP_Q37C)
RF

Go to DEP_D37E

DEP_E37B

The reported age is invalid, please return and correct.

Rule :

Trigger hard edit if DEP_Q37B > DV_AGE.

DEP_Q37C

About how old were you (the first time you had such an episode)?

INTERVIEWER: Minimum is 0; Maximum is ^DV_AGE.

If respondent answers "All my life" or "As long as I can remember", press <F6> to indicate "DK".

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK (Go to DEP_Q37D)
RF

Go to DEP_D37E

DEP_E37C

The reported age is invalid, please return and correct.

Rule :

Trigger hard edit if DEP_Q37C > DV_AGE.

DEP_Q37D

Would you say that the very first time you had an episode of this sort was...?

INTERVIEWER: Read categories to respondent.

If respondent answers "All my life", press <F6> to indicate "DK".

- 1 Before you first started school
- 2 Before you were a teenager
- 3 Once you were a teenager or an adult

DK, RF

DEP_Q37E

Was that episode brought on by some stressful experience or did it happen out of the blue?

- 1 Brought on by stress
- 2 Out of the blue
- 3 Don't remember

DK, RF

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DEP_Q38A **At any time in the past 12 months, did you have an episode lasting 2 weeks or longer when you felt [sad, discouraged or uninterested] and also had some of the other problems already mentioned?**

INTERVIEWER: If respondent does not remember the problems, press <Ctrl D> to show the list of situations.

- 1 Yes
- 2 No (Go to DEP_C38C)
- DK, RF (Go to DEP_C38C)

DEP_Q38A_1 **How recently was it?**

INTERVIEWER: Read categories to respondent.

- 1 **During the past month**
- 2 **Between 1 and 6 months ago**
- 3 **More than 6 months ago**
- DK, RF

DEP_Q38B **During the past 12 months, about how many days out of 365 were you in such an episode? (You may use any number between 1 and 365 to answer.)**

|_|_|_| Number of days
(MIN: 1)
(MAX: 365)

DK, RF

Go to DEP_C39

DEP_C38C If DEP_Q31 = 1, go to DEP_C39.
Otherwise, go to DEP_Q38C.

DEP_Q38C **How old were you the last time you had one of these episodes?**

INTERVIEWER: Minimum is ^DV_MINAGE; Maximum is (^DV_AGE - 1).

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

DEP_E38C **The entered age is invalid. Please return and correct.**

Rule : Trigger hard edit if (DEP_Q38C > DV_AGE - 1) or (DEP_Q38C < DV_MINAGE).

DEP_C39 If DEP_Q31 = 1, go to DEP_C62.
Otherwise, go to DEP_Q39.

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DEP_Q53 Earlier, you mentioned that you had [^DEP_Q31/several] episode(s) of feeling [sad, discouraged or uninterested] with some other problems lasting 2 weeks or longer in your life.

How many of these episodes were brought on by some stressful experience?

INTERVIEWER: Minimum is 0; maximum is ^DEP_Q31.
If respondent answers "All of my episodes", enter ^DEP_Q31.

|_|_|_| Number of episodes
(MIN: 0)
(MAX: 901)

DK, RF

DEP_E53 The respondent reported that the number of episodes brought on by a stressful experience is greater than the total number of episodes. Please return and correct.

Rule : Trigger hard edit if (DEP_Q53 > DEP_Q31) and (DEP_Q31 <> DK, RF).

DEP_C62 If DEP_Q38A = 1 (Yes), go to DEP_R64A.
Otherwise, go to DEP_C72A.

DEP_R64A For the next questions, think about the period of 2 weeks or longer during the past 12 months when your feelings of being [sad, discouraged or uninterested] were most severe and frequent.

INTERVIEWER: Press <1> to continue.

DEP_Q64A During this period, how often did you feel cheerful?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Occasionally
- 4 Never

DK, RF

DEP_Q64B How often did you feel as if you were slowed down?

INTERVIEWER: Read categories to respondent.

- 1 Often
- 2 Sometimes
- 3 Occasionally
- 4 Never

DK, RF

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DEP_Q64C How often could you enjoy a good book or radio or TV program?

- 1 Often
 - 2 Sometimes
 - 3 Occasionally
 - 4 Never
- DK, RF

DEP_Q65A During this period, how often did you still enjoy the things you used to enjoy?

INTERVIEWER: Read categories to respondent.

- 1 As much as usual
 - 2 Not quite as much as usual
 - 3 Only a little
 - 4 Not at all
- DK, RF

DEP_Q65B How often could you laugh and see the bright side of things?

INTERVIEWER: Read categories to respondent.

- 1 As much as usual
 - 2 Not quite as much as usual
 - 3 Only a little
 - 4 Not at all
- DK, RF

DEP_Q65C How often did you take interest in your physical appearance?

- 1 As much as usual
 - 2 Not quite as much as usual
 - 3 Only a little
 - 4 Not at all
- DK, RF

DEP_Q65D How often did you look forward to enjoying things?

- 1 As much as usual
 - 2 Not quite as much as usual
 - 3 Only a little
 - 4 Not at all
- DK, RF

DEP_R66 (Please refer to page 4 of the booklet.)

Think about the period of time that lasted one month or longer when your feelings of being [sad, discouraged or uninterested in things] were most severe in the past 12 months. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference" while 10 means "very severe interference".

INTERVIEWER: Press <1> to continue.

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DEP_Q66A

In the past 12 months, how much did your feelings of being [sad, discouraged or uninterested in things] interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- DK, RF

DEP_Q66B_1

How much did your feelings interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- 11 Not applicable
- DK, RF

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DEP_Q66B_2

How much did they interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- 11 Not applicable
- DK, RF

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DEP_Q66C

Again thinking about that period of time lasting one month or longer during the past 12 months when your feelings of being [sad, discouraged or uninterested in things] were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 "very severe interference".)

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

DEP_Q66D

How much did they interfere with your social life?

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

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DEP_C67

If (DEP_Q66A, DEP_Q66B_1, DEP_Q66B_2, DEP_Q66C and DEP_Q66D) = 0 (no interference) or = 11 (not applicable) or DK, RF, go to DEP_C72A. Otherwise, go to DEP_Q68.

DEP_Q68

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your feelings of being [sad, discouraged or uninterested in things]? (You may use any number between 0 and 365 to answer.)

|_|_|_| Number of days
(MIN: 0)
(MAX: 365)

DK, RF

DEP_C72A

If SUI_Q16 = 1 (Yes) or SUI_Q19 = 1 (Yes), go to DEP_Q72B. Otherwise, go to DEP_Q72A.

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DEP_Q72A Did you ever in your life see, or talk on the telephone to, a medical doctor or other professional about your feelings of being [sad, discouraged or uninterested in things]? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes (Go to DEP_Q72C)
2 No (Go to DEP_END)
DK, RF (Go to DEP_END)

Processing: At the time of the data processing, if *SUI_Q16* = 1 or *SUI_Q19* = 1, then *DEP_Q72A* will be set to 1 (Yes).

DEP_Q72B Earlier, you mentioned that you consulted a professional. Think of the first time you saw, or talked to a medical doctor or other professional about your feelings of being [sad, discouraged or uninterested in things]. (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

How old were you the first time you saw, or talked to a professional about your feelings of being [sad, discouraged or uninterested in things]?

INTERVIEWER: Minimum is 1; Maximum is ^DV_AGE.

|_|_|_| Age in years
(MIN: 1)
(MAX: 130)

DK, RF

Go to DEP_Q73A

DEP_E72B The reported age is invalid. Please return and correct.

Rule : Trigger hard edit if *DEP_Q72B* > *DV_AGE*.

DEP_Q72C How old were you the first time you saw, or talked to a professional about your feelings of being [sad, discouraged or uninterested in things]?

INTERVIEWER: Minimum is 1; Maximum is ^DV_AGE.

|_|_|_| Age in years
(MIN: 1)
(MAX: 130)

DK, RF

DEP_E72C The reported age is invalid. Please return and correct.

Rule : Trigger hard edit if *DEP_Q72C* > *DV_AGE*.

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DEP_Q73A	<p>Did you ever get treatment for your feelings of being [sad, discouraged or uninterested in things] that you considered <u>helpful</u> or <u>effective</u>?</p> <p>1 Yes 2 No (Go to DEP_C86) DK, RF (Go to DEP_C86)</p>
DEP_Q73B	<p>How old were you the <u>first time</u> you got <u>helpful</u> treatment for your feelings of being [sad, discouraged or uninterested in things]?</p> <p><u>INTERVIEWER</u>: Minimum is ^DV_MINAGE2; Maximum is ^DV_AGE.</p> <p> _ _ _ Age in years (MIN: 0) (MAX: 130)</p> <p>DK, RF</p>
DEP_E73B	<p>The entered age is invalid. Please return and correct.</p>
Rule :	<p><i>Trigger hard edit if (DEP_Q73B > DV_AGE) or (DEP_Q73B < DV_MINAGE2).</i></p>
DEP_C86	<p>If SUI_Q16 = 1 (Yes) or SUI_Q19 = 1 (Yes), go to DEP_C87. Otherwise, go to DEP_Q86.</p>
DEP_Q86	<p>During the past 12 months, did you receive professional treatment for your feelings of being [sad, discouraged or uninterested in things]?</p> <p>1 Yes 2 No DK, RF</p>
Processing:	<p><i>At the time of the data processing, if SUI_Q16 = 1 or SUI_Q19 = 1, then DEP_Q86 will be set to 1 (Yes).</i></p>
DEP_C87	<p>If SUI_Q13 = 1 (Yes), go to DEP_END. Otherwise, go to DEP_Q87.</p>
DEP_Q87	<p>During your life, were you <u>ever</u> hospitalized overnight for your feelings of being [sad, discouraged or uninterested in things]?</p> <p>1 Yes 2 No DK, RF</p>
Processing:	<p><i>At the time of the data processing, if SUI_Q13 = 1, then DEP_Q87 will be set to 1 (Yes).</i></p>
DEP_END	

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Suicide - sub block (SUI)

Core content

SUI_BEG

Content block

External variables required:

FNAME: first name of respondent from household block.

DT_KEYPHRASE3: from DEP module

DEP_Q26A: from the DEP module

DV_AGE: age of selected respondent from ANC block.

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

NOTE TO DATA USERS:

All respondents are asked the SUI module. However, the introduction and first question will be worded differently if the respondent has answered the majority of the previous depression questions. The question DEP_Q26A determines this, as having gotten to this question (regardless of the answer) indicates that they are still eligible to continue with the depression module.

SUI_C01

If DEP_Q26A = 1, 2, DK, RF (respondent answered Q26 series of questions), go to SUI_R01.
Otherwise, go to SUI_R02.

SUI_R01

(Please refer to page 5 of the booklet.)

Three experiences are listed, EXPERIENCE A, B and C.

INTERVIEWER: Press <1> to continue.

SUI_Q01

Think of the period of 2 weeks or longer when your feelings of being ^DT_KEYPHRASE3 and other problems were most severe and frequent. During that time, did EXPERIENCE A happen to you?

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes (Go to SUI_Q03)

2 No (Go to SUI_Q02)

DK, RF (Go to SUI_END)

SUI_R02

(Please refer to page 5 of the booklet.)

The following questions may be sensitive to some people, but we have to ask the same questions of everyone. Three experiences are listed, EXPERIENCE A, B and C.

INTERVIEWER: Press <1> to continue.

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SUI_Q02 **Has EXPERIENCE A ever happened to you?**

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes (Go to SUI_Q03)
2 No (Go to SUI_END)
DK, RF (Go to SUI_END)

SUI_Q03 **In the past 12 months, did EXPERIENCE A happen to you?**

INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."

1 Yes (Go to SUI_C04)
2 No
DK, RF

SUI_Q03_1 **How old were you the last time this experience happened to you?**

INTERVIEWER: Minimum is 6; maximum is (^DV_AGE - 1).

|_||_| Age in years
(MIN: 6)
(MAX: 129)

DK, RF

SUI_E03_1 **The age entered is invalid, please return and correct.**

Rule : *Trigger hard edit if SUI_Q03_1 > (DV_AGE - 1).*

SUI_C04 If SUI_Q01 = 1, go to SUI_Q04A.
Otherwise, go to SUI_D04B.

SUI_Q04A **Now look at the second experience on the list, EXPERIENCE B. During that period of 2 weeks or longer, did EXPERIENCE B happen to you?**

INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."

1 Yes (Go to SUI_Q05)
2 No
DK, RF

SUI_Q04B **[Now look at the second of the three experiences on the list, EXPERIENCE B.] Did EXPERIENCE B ever happen to you?**

INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."

1 Yes (Go to SUI_Q05)
2 No (Go to SUI_C06)
DK, RF (Go to SUI_C06)

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SUI_Q05 **Did EXPERIENCE B happen to you at any time in the past 12 months?**

INTERVIEWER: EXPERIENCE B is "You made a plan for committing suicide."

- 1 Yes (Go to SUI_C06)
2 No
DK, RF

SUI_Q05_1 **How old were you the last time EXPERIENCE B happened to you?**

INTERVIEWER: Minimum is 6; maximum is (^DV_AGE - 1).

|_|_|_| Age in years
(MIN: 6)
(MAX: 129)

DK, RF

SUI_E05_1 **The age entered is invalid, please return and correct**

Rule : *Trigger hard edit if SUI_Q05_1 > (DV_AGE - 1)*

SUI_C06 If SUI_Q01 = 1, go to SUI_Q06A.
Otherwise, go to SUI_D06B

SUI_Q06A **Now, look at the third experience on the list, EXPERIENCE C. During that period of 2 weeks or longer, did EXPERIENCE C happen to you?**

INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

- 1 Yes (Go to SUI_Q06C)
2 No
DK, RF

SUI_Q06B **[Now look at the third of the three experiences on the list, EXPERIENCE C.] Has EXPERIENCE C ever happened to you?**

INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."

- 1 Yes (Go to SUI_C14)
2 No (Go to SUI_C14)
DK, RF (Go to SUI_C14)

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SUI_Q06C	<p>How many times did EXPERIENCE C ever happen to you in your lifetime?</p> <p><u>INTERVIEWER:</u> Minimum is 1; maximum is 901. If respondent answers more than 900 times, enter "900". If respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of times (MIN: 1) (MAX: 901)</p> <p>DK, RF</p>
SUI_E06C	<p>An unusual value has been entered. Please confirm.</p> <p><i>Rule :</i> <i>Trigger soft edit if SUI_Q06C > 50 and SUI_Q06C < 901.</i></p>
SUI_Q10	<p>During the <u>last 12 months</u>, did EXPERIENCE C happen to you?</p> <p><u>INTERVIEWER:</u> EXPERIENCE C is "You attempted suicide or tried to take your own life."</p> <p>1 Yes (Go to SUI_Q11) 2 No DK, RF</p>
SUI_Q10_1	<p>How old were you [when/the last time] EXPERIENCE C happened to you?</p> <p><u>INTERVIEWER:</u> EXPERIENCE C is "You attempted suicide or tried to take your own life." Minimum is 6; maximum is (^DV_AGE - 1).</p> <p> _ _ _ Age in years (MIN: 6) (MAX: 129)</p> <p>DK, RF</p>
SUI_E10_1	<p>The age entered is invalid, please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if SUI_Q10_1 > (DV_AGE - 1).</i></p>
SUI_Q11	<p>Did it result in an injury or poisoning?</p> <p><u>INTERVIEWER:</u> If more than one attempt, ask about the most recent one.</p> <p>1 Yes 2 No DK, RF (Go to SUI_C14)</p>

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- SUI_Q12 **Did it require medical attention (following the most recent time EXPERIENCE C happened to you)?**
- INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."
If more than one attempt, ask about the most recent one.
- 1 Yes
2 No (Go to SUI_C14)
DK, RF (Go to SUI_C14)
- SUI_Q13 **Were you hospitalized overnight or longer (following this most recent time since EXPERIENCE C happened to you)?**
- INTERVIEWER: EXPERIENCE C is "You attempted suicide or tried to take your own life."
If more than one attempt, ask about the most recent one.
- 1 Yes
2 No
DK, RF
- SUI_C14 If SUI_Q10 = 1, go to SUI_Q19.
Otherwise, go to SUI_C15.
- SUI_C15 If SUI_Q03 = 1, go to SUI_Q16.
Otherwise, go to SUI_END.
- SUI_Q16 **During the past 12 months, have you seen, or talked on the telephone, to a professional about EXPERIENCE A?**
- INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."
- 1 Yes
2 No
DK, RF
- Go to SUI_END
- SUI_Q19 **During the past 12 months, have you seen, or talked on the telephone to, a professional about EXPERIENCE A or EXPERIENCE C?**
- INTERVIEWER: EXPERIENCE A is "You seriously thought about committing suicide or taking your own life."
EXPERIENCE C is "You attempted suicide or tried to take your own life."
- 1 Yes
2 No
DK, RF
- SUI_END

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Panic Disorder (PAD)

Core content

PAD_BEG

Content block

External variables required:

DOPAD: do block flag, from the sample file.

SCR_Q20A, SCR_Q20B: from the SCR block

DV_AGE: age of selected respondent from AN3 block.

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Content type:

There are two different ways to enter the panic disorder module, as described in the two conditions below. The flow is based on responses to two screener questions: SCR_Q20A and SCR_Q20B. Respondents who say "yes" to the first screener question (SCR_Q20A) are not asked the second screener question, so they will go to PAD_R01A. Respondents who say "yes" to the second screener question will go to PAD_R01B.

NOTE TO DATA USERS:

PAD_R01A to PAD_Q02P - Questions on symptoms of panic attacks.

PAD_C03 - Condition to determine whether or not respondents meet a symptom threshold to continue in the module.

PAD_Q04 - Question on whether symptoms developed suddenly and reached their peak within 10 minutes.

PAD_Q05 - Question on the number of lifetime attacks.

PAD_Q06 to PAD_Q08 - Questions for respondents who have only experienced one panic attack in his or her lifetime. Respondents are skipped out of the module at the end of these questions.

PAD_Q10A to PAD_Q10C - Questions on the recency of attacks.

PAD_R13A to PAD_Q16 - Questions on experiences following an attack that lasted a month or longer.

PAD_R17A to PAD_Q19 - Questions on the number of lifetime attacks associated with the following situations: (1) unexpected, "out of the blue", (2) when a person has an unreasonably strong fear, and (3) when a person is in real danger.

PAD_C20 - Condition to determine whether or not the respondent has experienced at least one unexpected, "out of the blue" attack in his or her lifetime. Respondents with none are skipped out.

PAD_Q22 - Question on the amount of interference the unexpected, "out of the blue" attack(s) caused in the respondent's life.

PAD_C23 - Condition to determine whether or not the respondent has experienced more than one unexpected, "out of the blue" attack in his or her lifetime. Respondents with only one are skipped out.

PAD_Q25A to PAD_Q25C - Questions on whether unexpected attacks resulted from physical illness or injury or the use of medication, drugs or alcohol.

PAD_Q36 to PAD_Q37A - Questions on the recency of unexpected, "out of the blue" attacks.

PAD_Q40 to PAD_Q42 - Questions on emotional distress and physical sensations in the past 12 months.

PAD_R44A to PAD_Q46 - Questions on 12-month interference of attacks with specific aspects of life.

PAD_Q50 to PAD_Q65 - Questions on treatment and hospitalization.

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PAD_C01A	If DOPAD = 1, go to PAD_D01B. Otherwise, go to PAD_END.
PAD_C01B	If SCR_Q20A = 1, go to PAD_R01A. Otherwise, go to PAD_C01C.
PAD_C01C	If SCR_Q20B = 1, go to PAD_R01B. Otherwise, go to PAD_END.
PAD_R01A	Earlier, you mentioned having attacks of fear or panic when all of a sudden you felt very frightened, anxious or uneasy. Think of a bad attack like that. During <u>that</u> attack, tell me which of the following problems you had. <u>INTERVIEWER:</u> Press <1> to continue. Go to PAD_Q02A
PAD_R01B	Earlier you mentioned having attacks when all of a sudden you had problems like being short of breath, feeling dizzy, your heart pounding or being afraid you would die or go crazy. Think of a bad attack like that. During <u>that</u> attack, tell me which of the following problems you had. <u>INTERVIEWER:</u> Press <1> to continue.
Programmer:	When total count of responses of "Yes" in PAD_Q02A to PAD_Q02P = 5, go to PAD_D03
PAD_Q02A	Did your heart pound or race? 1 Yes 2 No DK RF (Go to PAD_END)
PAD_Q02B	Were you short of breath? 1 Yes 2 No DK, RF
PAD_Q02C	Did you feel nauseous or sick to your stomach? 1 Yes 2 No DK, RF
PAD_Q02D	Did you feel dizzy or faint? 1 Yes 2 No DK, RF

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PAD_Q02E

Did you sweat?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02F

Did you tremble or shake?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02G

Did you have a dry mouth?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02H

Did you feel like you were choking?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02I

Did you have pain or discomfort in your chest?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02J

Were you afraid that you might lose control of yourself or go crazy?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02K

Did you feel that you were "not really there", like you were watching a movie of yourself?

- 1 Yes (Go to PAD_Q02M)
- 2 No
- DK, RF

PAD_Q02L

Did you feel that things around you were not real or like a dream?

- 1 Yes
- 2 No
- DK, RF

PAD_Q02M

Were you afraid that you might pass out?

- 1 Yes
- 2 No
- DK, RF

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PAD_Q02N	<p>Were you afraid that you might die?</p> <p>1 Yes 2 No DK, RF</p>
PAD_Q02O	<p>Did you have hot flushes or chills?</p> <p>1 Yes 2 No DK, RF</p>
PAD_Q02P	<p>Did you feel numbness or have tingling sensations?</p> <p>1 Yes 2 No DK, RF</p>
PAD_C03	<p>If DV_PAD_D03 >= 4, go to PAD_D04. Otherwise, go to PAD_END.</p>
Content type:	<p>NOTE TO DATA USERS: The condition PAD_C03 is a checkpoint to see if the respondent has said 'Yes' to at least 4 of the key questions above. It should be noted that PAD_Q02D and PAD_Q02M measure the same symptom and therefore only count as one 'Yes' in PAD_D03. If they did not answer 'Yes' to four of the above symptoms, then they do not meet the criteria for the panic disorder derived variable and are sent to the end of the module.</p>
PAD_Q04	<p>During your attacks, did the problems like:</p> <p>[List of problems]</p> <p>begin suddenly and reach their peak within <u>10 minutes</u> after the attacks began?</p> <p><u>INTERVIEWER</u>: If the respondent reports that this happened "sometimes", enter "yes".</p> <p>1 Yes 2 No (Go to PAD_END) DK, RF (Go to PAD_END)</p>
PAD_Q05	<p>About how many of these sudden attacks have you had in your <u>entire lifetime</u>?</p> <p><u>INTERVIEWER</u>: If the respondent answers more than 900 attacks, enter "900". If the respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of attacks (MIN: 1) (MAX: 901)</p> <p>DK RF (Go to PAD_END)</p>

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PAD_C06 If PAD_Q05 = 1, go to PAD_Q06.
Otherwise, go to PAD_Q10A.

PAD_Q06 **When did the attack occur? Was it... ?**

INTERVIEWER: Read categories to respondent.

- 1 **During the past month**
 - 2 **1 month to less than 6 months ago**
 - 3 **6 months to 12 months ago**
 - 4 **More than 12 months ago**
- DK, RF

PAD_R08 **Attacks of this sort can occur in 3 different situations.**
- In the first situation, the attacks occur unexpectedly, "out of the blue".
- In the second situation, a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd.
- In the third situation, a person is in real danger, like a car accident or a bank robbery.

INTERVIEWER: Press <1> to continue.

PAD_Q08 **Which of these 3 situations describes your attack? Did it occur...?**

INTERVIEWER: Read categories to respondent.

If respondent thought there was real danger even though it turned out not to be dangerous, select category 3, "In a situation of real danger".

- 1 **Unexpectedly, "out of the blue"**
 - 2 **In a situation where you had a strong fear**
 - 3 **In a situation of real danger**
- DK, RF

Go to PAD_END

PAD_Q10A **At any time in the past 12 months, did you have one of these attacks?**

- 1 Yes
 - 2 No (Go to PAD_Q10C)
- DK (Go to PAD_Q10C)
RF (Go to PAD_R13A)

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PAD_Q10B

How recently was it?

INTERVIEWER: Read categories to respondent.

- 1 During the past month
 - 2 Between 1 and 6 months ago
 - 3 More than 6 months ago
- DK, RF

Go to PAD_R13A

PAD_Q10C

How old were you the last time you had one of these attacks?

INTERVIEWER: Minimum is 0; maximum is (^DV_AGE - 1).

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

PAD_E10C

The reported age is invalid, please return and correct.

Rule :

Trigger hard edit if PAD_Q10C > (DV_AGE - 1)

PAD_R13A

After one of these attacks, tell me if you ever had any of the following experiences.

INTERVIEWER: Press <1> to continue.

PAD_Q13A

A month or more when you often worried that you might have another attack?

- 1 Yes (Go to PAD_C16)
 - 2 No
- DK, RF

PAD_Q13B

A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack or losing control?

- 1 Yes (Go to PAD_C16)
 - 2 No
- DK, RF

PAD_Q13C

A month or more when you changed your everyday activities because of the attacks?

- 1 Yes (Go to PAD_C16)
 - 2 No
- DK, RF

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PAD_Q13D	<p><u>A month or more</u> when you avoided certain situations because of fear about having another attack?</p> <p>1 Yes 2 No DK, RF</p>
PAD_C16	<p>If 1 of (PAD_Q13A or PAD_Q13B or PAD_Q13C or PAD_Q13D) = 1, go to PAD_Q16. Otherwise, go to PAD_R17A.</p>
PAD_Q16	<p>Did you have <u>a month</u> of worry or change in activity like that in the <u>past 12 months</u>?</p> <p>1 Yes 2 No DK, RF</p>
PAD_R17A	<p>Attacks of this sort can occur in <u>3 different situations</u>.</p> <ul style="list-style-type: none">- In the first situation, the attacks occur <u>unexpectedly</u>, "out of the <u>blue</u>".- In the second situation, a person has <u>an unreasonably strong fear</u>. For example, some people have a terrible fear of bugs or of heights or of being in a crowd.- In the third situation, a person is in <u>real danger</u>, like a car accident or a bank robbery. <p>INTERVIEWER: Press <1> to continue.</p>
PAD_Q17A	<p>The next questions are about how many of your attacks occurred in <u>each</u> of these 3 kinds of situations.</p> <p>Did you ever have an attack that occurred unexpectedly, "out of the blue"?</p> <p>INTERVIEWER: If the respondent reports a panic attack that was "out of the blue" but resulted from an unexpected, sudden situation of <u>real danger</u> (e.g. a car accident), enter as an attack in a "situation of real danger" (in PAD_Q19), <u>not</u> as an "out of the blue" attack.</p> <p>1 Yes 2 No (Go to PAD_Q18) DK, RF (Go to PAD_Q18)</p>

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PAD_Q17B	<p>In your lifetime, about how many attacks occurred unexpectedly, "out of the blue"?</p> <p><u>INTERVIEWER</u>: If the respondent reports a panic attack that was "out of the blue" but resulted from an unexpected, sudden situation of <u>real danger</u> (e.g. a car accident), enter as an attack in a "situation of real danger" (in PAD_Q19), <u>not</u> as an "out of the blue" attack.</p> <p>If the respondent answers more than 900 attacks, enter "900". If the respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of attacks (MIN: 1) (MAX: 901)</p> <p>DK (Go to PAD_Q17C) RF</p>
PAD_E17B	<p>The reported number of "out of the blue" attacks is greater than the number of lifetime attacks. Please confirm.</p>
Rule :	<p>Trigger soft edit if PAD_Q17B > PAD_Q05 and (PAD_Q17B < 900) and (PAD_Q05 < 900) and (PAD_Q05 <> DK, RF).</p>
PAD_C17C	<p>If PAD_Q17B = PAD_Q05, go to PAD_C20. Otherwise, go to PAD_Q18.</p>
PAD_Q17C	<p>(In your lifetime,) did you ever have 4 or more attacks that occurred unexpectedly, "out of the blue"?</p> <p>1 Yes 2 No DK, RF</p>
PAD_E17C	<p>The reported number of "out of the blue" attacks is greater than the number of lifetime attacks.</p>
Rule :	<p>Trigger soft edit if PAD_Q17C = 1 and PAD_Q05 < 4 and PAD_Q05 <> DK, RF.</p>
PAD_Q18	<p>In your lifetime, about how many attacks occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situations?</p> <p><u>INTERVIEWER</u>: If the respondent answers more than 900 attacks, enter "900". If the respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of attacks (MIN: 0) (MAX: 901)</p> <p>DK, RF</p>
PAD_C18	<p>If PAD_Q17B + PAD_Q18 = PAD_Q05, go to PAD_C20. Otherwise, go to PAD_Q19.</p>

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PAD_Q25C

What were the causes?

INTERVIEWER: Mark all that apply.

- 01 Exhaustion
 - 02 Hyperventilation
 - 03 Hypochondria
 - 04 Menstrual cycle
 - 05 Pregnancy / postpartum
 - 06 Thyroid disease
 - 07 Cancer
 - 08 Overweight
 - 09 Medication (excluding illicit drugs)
 - 10 Illicit drugs
 - 11 Alcohol
 - 12 Chemical Imbalance / Serotonin Imbalance
 - 13 Chronic pain
 - 14 Caffeine
 - 15 No specific diagnosis
 - 16 Other - Specify (Go to PAD_S25C)
 - 17 Other - Physical causes, etc.
- DK, RF

Go to PAD_C33

PAD_S25C

(What were the causes?)

INTERVIEWER: Specify.

(80 spaces)

DK, RF

PAD_E25C

A response of "Pregnancy / postpartum" or "Menstrual cycle" is invalid for a male respondent. Please return and correct.

Rule :

Trigger hard edit if SEX_Q01 = 1 and (PAD_Q25C = 4 or 5).

PAD_C33

If PAD_Q18 = <empty> or 0 (no attack associated with an unreasonably strong fear of the situation where no real danger was present) and PAD_Q19 = <empty> or 0 (no attack associated with dangerous situations), go to PAD_C34.
Otherwise, go to PAD_C35.

PAD_C34

If PAD_Q10A = 1 (attack(s) in the past 12 months), go to PAD_Q40.
Otherwise, go to PAD_C39.

PAD_C35

If PAD_Q10A = 1 (attack(s) in the past 12 months), go to PAD_Q36.
Otherwise, go to PAD_C39.

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PAD_Q36	<p>In the past 12 months, how many unexpected, "out of the blue" attacks did you have?</p> <p><u>INTERVIEWER:</u> Minimum is 0; maximum is 901. If respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of attacks (MIN: 0) (MAX: 901)</p> <p>DK, RF</p>
PAD_E36	<p>The reported number of attacks is greater than the number of "out of the blue" lifetime attacks. Please return and correct.</p>
Rule :	<p>Trigger hard edit if ((PAD_Q36 > PAD_Q17B) and (PAD_Q17B < 900) and (PAD_Q36 < 900) and (PAD_Q17B <> DK, RF)) or (PAD_Q36 >= 4 and PAD_Q17C = 2)</p>
PAD_C37	<p>If PAD_Q36 = 0, go to PAD_Q37A. Otherwise, go to PAD_Q40.</p>
PAD_Q37A	<p>How old were you <u>the last time</u> you had an unexpected, "out of the blue" attack?</p> <p><u>INTERVIEWER:</u> Minimum is 0. Maximum is (^DV_AGE - 1).</p> <p> _ _ _ Age in years (MIN: 0) (MAX: 130)</p> <p>DK, RF</p>
PAD_E37A	<p>The reported age is invalid, please return and correct.</p>
Rule :	<p>Trigger hard edit if PAD_Q37A > (DV_AGE - 1).</p>
PAD_C39	<p>If PAD_Q16 = 1, go to PAD_R41. Otherwise, go to PAD_Q50.</p>
PAD_Q40	<p>Think about an attack during the <u>past 12 months</u>. How much emotional distress did you have during this attack?</p> <p><u>INTERVIEWER:</u> Read categories to respondent. If the respondent reports that the emotional distress was so severe that they were unable to concentrate and had to stop what they were doing, enter "5" (Very severe).</p> <p>1 None 2 Mild 3 Moderate 4 Severe 5 Very severe</p> <p>DK, RF</p>

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PAD_R41 Sometimes people with attacks get upset by physical sensations that remind them of the attacks. Examples include being out of breath after physical exercise, feeling speeded up after drinking coffee or beverages containing caffeine, feeling out of control after using alcohol or drugs, and feeling tingly while watching a scary movie or television show.

INTERVIEWER: Press <1> to continue.

PAD_Q41 In the past 12 months, did you get upset by any physical sensations that reminded you of your attacks?

- 1 Yes
- 2 No (Go to PAD_R44A)
- DK, RF (Go to PAD_R44A)

PAD_Q42 In the past 12 months, how often did you avoid situations or activities that might cause these physical sensations?

INTERVIEWER: Read categories to respondent.

- 1 All the time
- 2 Most of the time
- 3 Sometimes
- 4 Rarely
- 5 Never
- DK, RF

PAD_R44A (Please refer to page 4 of the booklet.)

Think about the period of time lasting one month or longer when your attacks or worry about the attacks were most severe in the past 12 months. Please tell me what number best describes how much the attacks or worry about the attacks interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

INTERVIEWER: Press <1> to continue.

PAD_Q44A How much did your attacks or worry about the attacks interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- DK, RF

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PAD_Q44B_1

How much did it interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".
If necessary, explain that the word "it" refers to the attacks or worry
about the attacks.

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
11 Not applicable
DK, RF

PAD_Q44B_2

How much did it interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".
If necessary, explain that the word "it" refers to the attacks or worry
about the attacks.

00 No Interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
11 Not applicable
DK, RF

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PAD_Q44C

Again thinking about the period of time that lasted one month or longer when your attacks or worry about the attacks were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

PAD_Q44D

How much did it interfere with your social life?

INTERVIEWER: If necessary, explain that the word "it" refers to the attacks or worry about the attacks.

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

PAD_C45

If (PAD_Q44A, PAD_Q44B_1, PAD_Q44B_2, PAD_Q44C and PAD_Q44D) = 0 (no interference) or = 11 (not applicable), or DK or RF, go to PAD_Q50.
Otherwise, go to PAD_Q46.

PAD_Q46

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your attacks or the worry about the attacks? (You may use any number between 0 and 365 to answer.)

|_|_|_| Number of days
(MIN: 0)
(MAX: 365)

DK, RF

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PAD_Q50

Did you ever in your life see, or talk on the telephone to, a medical doctor or other professional about your attacks? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes

2 No

DK, RF

(Go to PAD_END)

(Go to PAD_END)

PAD_Q64

During the past 12 months, did you receive professional treatment for your attacks?

1 Yes

2 No

DK, RF

PAD_Q65

Were you ever hospitalized overnight for your attacks?

1 Yes

2 No

DK, RF

PAD_END

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Generalized Anxiety Disorder (GAD)

Core content

GAD_BEG

Content block

External variables required:

FNAME: first name of respondent from household block.

DOGAD: do block flag, from the sample file.

SCR_Q26A: from the SCR block

SCR_Q26B: from the SCR block

SCR_Q26C: from the SCR block

DV_AGE : age of respondent from ANC block.

SEX_Q01: sex of respondent (1 = male, 2 = female) from Sex block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Note to programmer: For the KEY PHRASES that are associated with GAD_Q09A to GAD_Q10E, please create a parallel block to display the list of KEY PHRASES that can be triggered at any point during the module by pressing <CTRL G>. Only the KEY PHRASES for questions that the respondent reported "Yes" for will be displayed.

GAD_C01A

If DOGAD = 1, go to GAD_C01B.

Otherwise, go to GAD_END.

GAD_C01B

If SCR_Q26A = 1 (Yes), go to GAD_R01A.

Otherwise, go to GAD_C01C.

GAD_C01C

If SCR_Q26B = 1 (Yes), go to GAD_R01B.

Otherwise, go to GAD_C01D.

GAD_C01D

If SCR_Q26C = 1 (Yes), go to GAD_R01C.

Otherwise, go to GAD_END.

GAD_R01A

Earlier, you mentioned having a time in your life when you were "a worrier". The next questions are about that time. Please turn to page 6 of the booklet where we list several things which you could have been worried, nervous or anxious about during that time.

INTERVIEWER: Press <1> to continue.

Go to GAD_D01C

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GAD_R01B

Earlier, you mentioned having a time in your life when you were much more nervous or anxious than most other people. The next questions are about that time. Please turn to page 6 of the booklet where we list several things which you could have been nervous or anxious about during that time.

INTERVIEWER: Press <1> to continue.

Go to GAD_D01C

GAD_R01C

Earlier, you mentioned having a period lasting 6 months or longer when you were anxious or worried most days. The next questions are about that time. Please turn to page 6 of the booklet where we list several things which you could have been anxious or worried about during that time.

INTERVIEWER: Press <1> to continue.

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GAD_Q01

Now, tell me which of these things were you [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?

INTERVIEWER: Mark all that apply.

- 01 Worrying about everything (Go to GAD_Q03)
 - 02 Worrying about nothing in particular (Go to GAD_Q03)
 - 03 Finances
 - 04 Success at school or work
 - 05 Social life
 - 06 Love life
 - 07 Relationships at school or work
 - 08 Relationships with family
 - 09 Physical appearance
 - 10 Own physical health
 - 11 Own mental health
 - 12 Alcohol or drug use
 - 13 Being away from home or apart from loved ones
 - 14 The health or welfare of loved ones
 - 15 Social phobias (e.g., meeting people)
 - 16 Agoraphobia (e.g., leaving home alone)
 - 17 Specific phobias (e.g., fears of bugs, heights or closed spaces)
 - 18 Obsessions (e.g., worry about germs)
 - 19 Compulsions (e.g., repetitive hand washing)
 - 20 Crime / violence
 - 21 Economy
 - 22 Environment (e.g., global warming, pollution)
 - 23 Moral decline of society (e.g., capitalism, decline of the family)
 - 24 War / revolution
 - 25 Other - Specify (Go to GAD_S01)
- DK, RF

Go to GAD_Q02A

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GAD_S01 (Now, tell me which of these things were you [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer: *Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.*

GAD_Q02A **Is there anything else which you were [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?**

- 1 Yes - Specify
- 2 No (Go to GAD_Q03)
- DK, RF (Go to GAD_Q03)

GAD_S02A Is there anything else which you were [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?

INTERVIEWER: Specify.

(80 spaces)

(DK, RF)

Programmer: *Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.*

GAD_Q02B **Is there anything else which you were [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?**

- 1 Yes - Specify
- 2 No (Go to GAD_Q03)
- DK, RF (Go to GAD_Q03)

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GAD_S02B Is there anything else which you were [worried, nervous or anxious/nervous or anxious/anxious or worried] about during that time?

INTERVIEWER: Specify.

(80 spaces)

DK, RF

Programmer: *Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.*

GAD_Q03 **Do you think your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried] were ever excessive, unreasonable, or a lot stronger than they should have been?**

1 Yes

2 No

DK, RF

GAD_Q04 **How often did you find it difficult to control your [worry, nervousness or anxiety/nervousness or anxiety/anxiety or worry]?**

INTERVIEWER: Read categories to respondent.

1 Often

2 Sometimes

3 Rarely

4 Never

DK, RF

GAD_Q04_1 **How often were you so nervous or worried that you could not think about anything else, no matter how hard you tried?**

INTERVIEWER: Read categories to respondent.

1 Often

2 Sometimes

3 Rarely

4 Never

DK, RF

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

- GAD_Q09A **Did you often feel restless, keyed up or on edge?**
- 1 Yes (KEY_PHRASE = feeling restless or on edge)
2 No
DK, RF
- GAD_Q09B **Did you often get tired easily?**
- 1 Yes (KEY_PHRASE = feeling tired easily)
2 No
DK, RF
- GAD_Q09C **Were you often more irritable than usual?**
- 1 Yes (KEY_PHRASE = feeling more irritable than usual)
2 No
DK, RF
- GAD_Q09D **Did you often have difficulty concentrating or keeping your mind on what you were doing?**
- 1 Yes (KEY_PHRASE = having difficulty concentrating)
2 No
DK, RF
- GAD_Q09E **Did you often have tense, sore or aching muscles?**
- 1 Yes (KEY_PHRASE = having tense or aching muscles)
2 No
DK, RF
- GAD_Q09F **(During this worst episode lasting 6 months or longer,) did you often have trouble falling or staying asleep?**
- 1 Yes (KEY_PHRASE = having difficulty falling or staying asleep)
2 No
DK, RF
- GAD_Q10A **Did your heart often pound or race?**
- 1 Yes (KEY_PHRASE = having your heart pound)
2 No
DK, RF

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GAD_Q10B	Did you often sweat? 1 Yes (KEY_PHRASE = sweating) 2 No DK, RF
GAD_Q10C	Did you often tremble or shake? 1 Yes (KEY_PHRASE = trembling) 2 No DK, RF
GAD_Q10D	Did you often have a dry mouth? 1 Yes (KEY_PHRASE = having a dry mouth) 2 No DK, RF
GAD_Q10E	Were you sad or depressed most of the time? 1 Yes (KEY_PHRASE = feeling sad) 2 No DK, RF
GAD_C11A	If DV_TOTAL9 + DV_TOTAL10 = 0, go to GAD_END. Otherwise, go to GAD_C11B.
GAD_C11B	If DV_TOTAL10 = 0, go to GAD_C12. Otherwise, go to GAD_C11C.
GAD_C11C	If (DV_TOTAL9 + DV_TOTAL10 >= 5), go to GAD_C14. Otherwise, go to GAD_C13.
GAD_C12	If DV_TOTAL9 >= 2, go to GAD_Q15. Otherwise, go to GAD_END.
GAD_C13	If , go to . Otherwise, go to .
Programmer:	When (DV_TOTAL9 + DV_TOTAL10) and total count of responses of "Yes" in GAD_Q13A to GAD_Q13O = 5, go to GAD_C14.
GAD_Q13A	(During this episode lasting 6 months or longer,) did you often feel dizzy or lightheaded? 1 Yes 2 No DK, RF

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Canadian Forces Mental Health Survey (CFMHS)
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- GAD_Q13B **Were you often short of breath?**
- 1 Yes
2 No
DK, RF
- GAD_Q13C **Did you often feel like you were choking?**
- 1 Yes
2 No
DK, RF
- GAD_Q13D **Did you often have pain or discomfort in your chest?**
- 1 Yes
2 No
DK, RF
- GAD_Q13E **Did you often have pain or discomfort in your stomach?**
- 1 Yes (Go to GAD_Q13G)
2 No
DK, RF
- GAD_Q13F **(During this episode lasting 6 months or longer,) did you often have nausea?**
- 1 Yes
2 No
DK, RF
- GAD_Q13G **Did you often feel that you were unreal?**
- 1 Yes (Go to GAD_Q13I)
2 No
DK, RF
- GAD_Q13H **Did you often feel that things around you were unreal?**
- 1 Yes
2 No
DK, RF
- GAD_Q13I **Were you often afraid that you might lose control or go crazy?**
- 1 Yes (Go to GAD_Q13K)
2 No
DK, RF
- GAD_Q13J **Were you often afraid that you might pass out?**
- 1 Yes
2 No
DK, RF

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GAD_Q13K (During this episode lasting 6 months or longer,) were you often afraid that you might die?

- 1 Yes
- 2 No
- DK, RF

GAD_Q13L Did you often have hot flushes or chills?

- 1 Yes
- 2 No
- DK, RF

GAD_Q13M Did you often have numbness or tingling sensations?

- 1 Yes
- 2 No
- DK, RF

GAD_Q13N Did you often feel like you had a lump in your throat?

- 1 Yes
- 2 No
- DK, RF

GAD_Q13O Were you easily startled?

- 1 Yes
- 2 No
- DK, RF

GAD_C14 If DV_TOTAL9 >= 2, go to GAD_Q15.
Otherwise, go to GAD_C15.

GAD_C15 If (DV_TOTAL9 + DV_TOTAL10 + DV_TOTAL13) >= 3, go to GAD_Q15.
Otherwise, go to GAD_END.

GAD_Q15 How much emotional distress did you ever experience because you felt [worried, nervous or anxious/nervous or anxious/anxious or worried]?

INTERVIEWER: Read categories to respondent.

- 1 None
- 2 Mild
- 3 Moderate
- 4 Severe
- 5 Very severe
- DK, RF

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Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

GAD_Q17

How much did your feelings of being [worried, nervous or anxious/nervous or anxious/worried] ever interfere with either your work, your social life or your personal relationships?

INTERVIEWER: Read categories to respondent.

- 1 Not at all (Go to GAD_C17A)
 - 2 A little
 - 3 Some
 - 4 A lot
 - 5 Extremely
- DK, RF

GAD_Q17_1

How often were you unable to carry out your daily activities because you felt [worried, nervous or anxious/nervous or anxious/worried]?

INTERVIEWER: Read categories to respondent.

- 1 Often
 - 2 Sometimes
 - 3 Rarely
 - 4 Never
- DK, RF

GAD_C17A

If (GAD_Q15 = 3 or 4 or 5) or (GAD_Q17 = 3 or 4 or 5) or (GAD_Q17_1 = 1 or 2) go to GAD_Q18A.
Otherwise, go to GAD_END.

GAD_Q18A

Feelings of being [worried, nervous or anxious/nervous or anxious/worried] sometimes occur as a result of a physical illness or injury or the use of medication, drugs or alcohol. Do you think these feelings ever occurred as the result of physical causes, medication, drugs or alcohol?

- 1 Yes
 - 2 No (Go to GAD_R26)
- DK, RF (Go to GAD_R26)

GAD_Q18B

Do you think your [worry, nervousness or anxiety/nervousness or anxiety/worried] was always the result of physical causes, medication, drugs, or alcohol?

- 1 Yes
 - 2 No (Go to GAD_R26)
- DK, RF (Go to GAD_R26)

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GAD_Q18C

What were the causes?

INTERVIEWER: Mark all that apply.

- 01 Exhaustion
 - 02 Hyperventilation
 - 03 Hypochondria
 - 04 Menstrual cycle
 - 05 Pregnancy / postpartum
 - 06 Thyroid disease
 - 07 Cancer
 - 08 Overweight
 - 09 Medication (excluding illicit drugs)
 - 10 Illicit drugs
 - 11 Alcohol
 - 12 Chemical Imbalance / Serotonin Imbalance
 - 13 Chronic Pain
 - 14 Caffeine
 - 15 No specific diagnosis
 - 16 Other - Specify (Go to GAD_S18C)
- DK, RF

Go to GAD_R26

GAD_S18C

(What were the causes?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

GAD_E18C

A response of "Pregnancy / postpartum" or "Menstrual cycle" is invalid for a male respondent. Please return and correct.

Rule :

Trigger hard edit if SEX_Q01 = 1 and (GAD_Q18C = 4 or 5).

GAD_R26

In the next questions, the word "episode" means a period lasting 6 months or longer when, nearly every day, you were [worried, nervous or anxious/nervous or anxious/anxious or worried], and you also had some of the other problems we just mentioned. The end of an episode is when you no longer have these feelings for a full month.

INTERVIEWER: If respondent does not remember the problems, press <Ctrl+G> to show the list of problems. Press <1> to continue.

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GAD_Q26D During your life, how many episodes lasting **6 months or longer** have you ever had when you felt [worried, nervous or anxious/nervous or anxious/anxious or worried]?

INTERVIEWER: Minimum is 1; maximum is ^DV_AGE*2

|_|_|_| Number
(MIN: 1)
(MAX: 260)

DK, RF

GAD_E26D The number of episodes is invalid. Please return and correct.

Rule : Trigger hard edit if GAD_Q26D > DV_AGE*2.

GAD_Q27 During the **past 12 months**, did you have an episode of being [worried, nervous or anxious/nervous or anxious/anxious or worried] that lasted at least six months or longer?

1 Yes
2 No (Go to GAD_D27_2)
DK, RF (Go to GAD_D27_2)

GAD_Q27_1 How recently was it?

INTERVIEWER: Read categories to respondent.

1 During the past month
2 Between 1 and 6 months ago
3 More than 6 months ago
DK, RF

Go to GAD_C29

GAD_Q27_2 How old were you [the last time you had one of these episodes/when you had this episode]?

INTERVIEWER: Minimum is 0; maximum is ^DV_AGE.

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

GAD_E27_2 The reported age is invalid. Please return and correct.

Rule : Trigger hard edit if GAD_Q27_2 > DV_AGE.

GAD_C29 If GAD_Q26D > 1 or GAD_Q26D = DK or RF, go to GAD_Q31. Otherwise, go to GAD_Q32.

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GAD_Q31 How many of these episodes were brought on by some stressful experience?

INTERVIEWER: Minimum is 0; maximum is ^GAD_Q26D.

|_|_|_| Number
(MIN: 0)
(MAX: 260)

DK, RF

Go to GAD_C35

GAD_E31 The reported number is invalid, please return and correct.

Rule : *Trigger hard edit if (GAD_Q31 > GAD_Q26D) and (GAD_Q26D <> DK, RF).*

GAD_Q32 Was this episode brought on by some stressful experience or did it happen out of the blue?

- 1 Brought on by stress
 - 2 Out of the blue
 - 3 Don't remember
- DK, RF

GAD_C35 If GAD_Q27 = 1, go to GAD_R38.
Otherwise, go to GAD_Q44.

GAD_R38 (Please refer to page 4 of the booklet.)

Think about the period of time lasting one month or longer when your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried] were most severe in the past 12 months. Please tell me what number best describes how much these feelings interfered with each of the following activities. For each activity, please answer with a number between 0 and 10; 0 means "no interference" while 10 means "very severe interference".

INTERVIEWER: Press <1> to continue.

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GAD_Q38A

In the past 12 months, how much did your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried] interfere with your home responsibilities, like cleaning, shopping, and taking care of the house or apartment?

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
- DK, RF

GAD_Q38B_1

How much did these feelings interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
 - 11 Not applicable
- DK, RF

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GAD_Q38B_2

How much did these feelings interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
 - 11 Not applicable
- DK, RF

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

GAD_Q38C

Again, thinking about the period of time that lasted one month or longer when your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried] were most severe, how much did these feelings interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference").

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
- DK, RF

GAD_Q38D

How much did these feelings interfere with your social life?

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
- DK, RF

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GAD_C39

If (GAD_Q38A, GAD_Q38B_1, GAD_Q38B_2, GAD_Q38C and GAD_Q38D) = 0 (no interference) or 11 (not applicable) or DK or RF, go to GAD_Q44.
Otherwise, go to GAD_Q40.

GAD_Q40

In the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried]? (You may use any number between 0 and 365 to answer.)

|_|_|_| Number of days
(MIN: 0)
(MAX: 365)

DK, RF

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

GAD_Q44

Did you ever in your life see, or talk on the telephone to, a medical doctor or other professional about your feelings of being [worried, nervous or anxious/nervous or anxious/anxious or worried]? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes

2 No

DK, RF

(Go to GAD_END)

(Go to GAD_END)

GAD_Q58

During the past 12 months, did you receive professional treatment for being [worried, nervous or anxious/nervous or anxious/anxious or worried]?

1 Yes

2 No

DK, RF

GAD_Q59

Were you ever hospitalized overnight for being [worried, nervous or anxious/nervous or anxious/anxious or worried]?

1 Yes

2 No

DK, RF

GAD_END

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Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

Post Traumatic Stress Disorder (PTS)

Core content

PTS_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOPTS: do block flag, from sample file

DV_AGE: respondent's age from AN3 block

PE_Q01: first name of specific respondent taken from USU block

PE_Q02: last name of specific respondent taken from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space.

Content type:

NOTE TO DATA USERS:

PTS_Q001 to PTS_Q003 - Identification of lifetime traumatic event(s).

PTS_R005 to PTS_Q006 - Screening questions based on general symptoms and minimum duration.

PTS_Q064A to PTS_Q064G - Identification of worst/most recent traumatic event, age at time of event, onset of symptoms, duration of symptoms.

PTS_R065 to PTS_Q067 - Questions on reactions at time of worst traumatic event.

PTS_Q068 to PTS_Q106 - Questions on lifetime reactions to worst traumatic event.

PTS_R110A to PTS_Q115 - Questions on lifetime onset, duration, and impact of reactions to worst traumatic event.

PTS_R260 to PTS_Q263 - Questions on reactions during the past 12 months.

PTS_Q265 to PTS_Q268 - Identification of traumatic event which caused the most reactions during the past 12 months.

PTS_R269 to PTS_Q275 - Questions on reactions during 30 day period in past 12 months when reactions were most intense and frequent.

PTS_R278 to PTS_Q280 - Questions on 12 month interference with specific aspects of life.

PTS_Q282 to PTS_Q290 - Questions on treatments and hospitalizations.

Programmer:

For the KEY PHRASES that are associated with PTS_Q068 to PTS_Q074, PTS_Q86 to PTS_Q090, and PTS_Q102 to PTS_Q106, please create a parallel block to display the list of KEY PHRASES that can be triggered at any point during the module by pressing <CTRL+P>. Only the KEY PHRASES for answers that the respondent reported will be displayed.

For the KEY PHRASES that are associated with PTS_Q261A to PTS_Q261Q, please create a parallel block to display the list of KEY PHRASES that can be triggered at any point during the module by pressing <CTRL+R>. Only the KEY PHRASES for answers that the respondent reported will be displayed.

Canadian Forces Mental Health Survey (CFMHS)
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PTS_R001

INTERVIEWER: Hand reference card 1 to respondent.

(Please refer to reference card 1.)

In this next part of the interview, we ask about how people react to very stressful events that might have happened anytime during their life. Some questions might be a little more sensitive than others.

Please take a few minutes to read the events on the reference card and check off the events you have experienced at any time during your life. This card is provided to help you keep track of these events and you may take it with you at the end of the interview.

INTERVIEWER: The respondent should complete the first column (Experienced Event in Lifetime?) and count the total items marked in the column. The second column will be used later in the module.

Press <1> to continue.

PTS_Q001

During your lifetime, have any of these events ever happened to you?

- 1 Yes
- 2 No (Go to PTS_END)
- DK, RF (Go to PTS_END)

PTS_Q002

Looking at your reference card, how many different events have you ever experienced during your life? If the same event happened more than once, only count it once.

|_|_| Number of events
(MIN: 1)
(MAX: 28)

DK, RF

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PTS_Q003

Looking at your reference card, please tell me the Event ID [number that corresponds/numbers that correspond] to [this event/these events].

INTERVIEWER: [Mark all that apply.]

If the respondent wants to keep the event confidential, code "28".

01 01
02 02
03 03
04 04
05 05
06 06
07 07
08 08
09 09
10 10
11 11
12 12
13 13
14 14
15 15
16 16
17 17
18 18
19 19
20 20
21 21
22 22
23 23
24 24
25 25
26 26
27 27
28 28
DK, RF

(Go to PTS_END)

PTS_E003

Respondent did not report the same number of events in PTS_Q003, as reported in PTS_Q002. Please confirm.

Rule :

Trigger soft edit if (DV_PTS_D003 < PTS_Q002) and (PTS_Q002 <> DK, RF).

PTS_E004

An impossible value has been entered. Please return and correct.

Rule :

Trigger hard edit if (DV_PTS_D003 > PTS_Q002) and (PTS_Q002 <> DK, RF).

PTS_R005

After experiences like these, people sometimes have problems like upsetting memories or dreams, feeling emotionally distant or depressed, trouble sleeping or concentrating or feeling jumpy or easily startled.

INTERVIEWER: Press <1> to continue.

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PTS_Q005 Did you ever experience any of these reactions after [this traumatic event/any of these traumatic events]?

- 1 Yes
- 2 No (Go to PTS_END)
- DK, RF (Go to PTS_END)

PTS_Q006 Did you have reactions like this at least once a week for one month or longer?

- 1 Yes
- 2 No (Go to PTS_END)
- DK, RF (Go to PTS_END)

PTS_C064A If PTS_Q002 = 1, go to PTS_Q064C.
Otherwise, go to PTS_Q064A.

PTS_Q064A Looking at your reference card, of the events that happened to you, think about the one that caused you the most reactions. Please tell me the ID number that corresponds to this event.

INTERVIEWER: If the respondent wants to keep the event confidential, code "28".

- 01 01
- 02 02
- 03 03
- 04 04
- 05 05
- 06 06
- 07 07
- 08 08
- 09 09
- 10 10
- 11 11
- 12 12
- 13 13
- 14 14
- 15 15
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- 17 17
- 18 18
- 19 19
- 20 20
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- 26 26
- 27 27
- 28 28

- DK (Go to PTS_Q064B)
- RF (Go to PTS_END)

Go to PTS_Q064C

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PTS_E064A **The selected event that caused the most reactions was not previously selected. Please return and correct.**

Rule : *Trigger hard edit if the response selected in PTS_Q064A is <> 28 and is not selected in PTS_Q003.*

PTS_Q064B **Looking at your reference card, of the events that happened to you, which traumatic event happened most recently? Please tell me the ID number that corresponds to this event.**

INTERVIEWER: If the respondent wants to keep the event confidential, code "28".

- 01 01
- 02 02
- 03 03
- 04 04
- 05 05
- 06 06
- 07 07
- 08 08
- 09 09
- 10 10
- 11 11
- 12 12
- 13 13
- 14 14
- 15 15
- 16 16
- 17 17
- 18 18
- 19 19
- 20 20
- 21 21
- 22 22
- 23 23
- 24 24
- 25 25
- 26 26
- 27 27
- 28 28
- DK, RF

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(Go to PTS_END)

PTS_E064B **The selected event that happened most recently was not previously selected. Please return and correct.**

Rule : *Trigger hard edit if any response is selected in PTS_Q064B is <> 28 and is not selected in PTS_Q003.*

PTS_Q064C **Did this traumatic event happen more than once?**

- 1 Yes
- 2 No (Go to PTS_D064E)
- DK, RF (Go to PTS_D064E)

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PTS_Q064D	<p>In total, how many times did this event happen during your life?</p> <p><u>INTERVIEWER</u>: Minimum is 2; maximum is 100. If the respondent answers more than 100 times, enter "100". If the event happened repeatedly over a period of time, code "901".</p> <p> _ _ _ Number of times (MIN: 2) (MAX: 901)</p> <p>DK, RF</p>
PTS_E064D	<p>Maximum is 100. Please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if 100 < PTS_Q064D < 901.</i></p>
PTS_Q064E	<p>How old were you when [this first/this] happened?</p> <p><u>INTERVIEWER</u>: Minimum is 1; maximum is ^DV_AGE.</p> <p> _ _ _ Age in years (MIN: 1) (MAX: 130)</p> <p>DK, RF</p>
PTS_E064E	<p>An impossible value has been entered. Please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if PTS_Q064E > DV_AGE.</i></p>
PTS_C064F	<p>If PTS_Q064C = 2, go to PTS_R065A. Otherwise, go to PTS_D064F.</p>
PTS_Q064F	<p>How old were you when this event stopped happening?</p> <p><u>INTERVIEWER</u>: Minimum is [1/PTS_Q064E]; maximum is ^DV_AGE. If this event is still happening, enter "995".</p> <p> _ _ _ Age in years (MIN: 1) (MAX: 995)</p> <p>DK, RF</p>
PTS_E064FA	<p>An impossible value has been entered. Please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if (PTS_Q064E > PTS_Q064F < 995) and (PTS_Q064F <> DK, RF).</i></p>
PTS_E064FB	<p>An impossible value has been entered. Please return and correct.</p> <p><i>Rule :</i> <i>Trigger hard edit if (DV_AGE > PTS_Q064F < 995) and (PTS_Q064F <> DK, RF).</i></p>
PTS_C064G	<p>If PTS_Q064C = 1, go to PTS_D064G. Otherwise, go to PTS_R065A.</p>

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PTS_Q064G Of all the times this event happened, which time caused you the most reactions? Was it the first occurrence, the second or a later occurrence? Please give me the number of the time which caused you the most reactions.

INTERVIEWER: Minimum is 1; maximum is ^ST_PTSQ064DE.
If the event happened repeatedly over a period of time, code "901".

|_|_|_| Number
(MIN: 1)
(MAX: 901)

DK, RF

Go to PTS_R065B

PTS_E064GA **Maximum is 100. Please return and correct.**

Rule : Trigger hard edit if $100 < PTS_Q064G < 901$.

PTS_E064GB An unusual value has been entered. Please confirm.

Rule : Trigger soft edit if $(PTS_Q064G > PTS_Q064D)$ and $(PTS_Q064D \neq DK, RF)$.

PTS_R065A **For the following questions, that event that caused you the most reactions will be referred to as your worst event.**

INTERVIEWER: Press <1> to continue.

Go to PTS_D067

PTS_R065B **For the following questions, that time that caused you the most reactions will be referred to as your worst event.**

INTERVIEWER: Press <1> to continue.

PTS_Q067A **[During the period of time when your worst event was happening, did you ever feel terrified or very frightened/Were you terrified or very frightened at the time of your worst event]?**

1 Yes (Go to PTS_Q068)
2 No
DK, RF

PTS_Q067B **Did you feel helpless (at the time of your worst event)?**

1 Yes (Go to PTS_Q068)
2 No
DK, RF

PTS_Q067C **Did you feel shocked or horrified (at the time of your worst event)?**

1 Yes (Go to PTS_Q068)
2 No
DK, RF

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- PTS_Q067D **Did you feel numb (at the time of your worst event)?**
- 1 Yes
2 No
DK, RF
- PTS_Q068 **In the weeks, months or years after your worst event, did you try not to think about what happened?**
- 1 Yes (KEY_PHRASE = trying not to think about this event)
2 No
DK, RF
- PTS_Q069 **Did you purposely stay away from places, people or activities that reminded you of your worst event?**
- 1 Yes (KEY_PHRASE = staying away from reminders of this event)
2 No
DK, RF
- PTS_Q070 **Were you ever unable to remember some important parts of what happened?**
- INTERVIEWER: If the respondent was unable to remember because he was unconscious, knocked out or had a head injury, code "No".
- 1 Yes (KEY_PHRASE = being unable to remember part(s) of this event)
2 No
DK, RF
- PTS_Q071 **Did you lose interest in doing things you used to enjoy?**
- 1 Yes (KEY_PHRASE = losing interest in things you used to enjoy)
2 No
DK, RF
- PTS_Q072 **Did you feel emotionally distant or cut off from other people?**
- 1 Yes (KEY_PHRASE = feeling distant from other people)
2 No
DK, RF

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PTS_Q073	<p>Did you have trouble feeling normal feelings like love, happiness or warmth toward other people?</p> <p>1 Yes (KEY_PHRASE = having trouble feeling normal feelings) 2 No DK, RF</p>
PTS_Q074	<p>Did you feel you had no reason to plan for the future because you thought it would be cut short?</p> <p>1 Yes (KEY_PHRASE = feeling you had no reason to plan for the future) 2 No DK, RF</p>
PTS_C075	<p>If any one of PTS_Q068, PTS_Q069, PTS_Q070, PTS_Q071, PTS_Q072, PTS_Q073, or PTS_Q074 = 1 (Yes), go to PTS_D075. Otherwise, go to PTS_END.</p>
Content type:	<p><i>NOTE TO DATA USERS: The condition PTS_C075 is a checkpoint to see if the respondent has said yes to at least one of the key questions above (PTS_Q068 - PTS_Q074). If they did not, then they do not meet the criteria for the post traumatic stress disorder derived variable and are sent to the end of the module.</i></p>
PTS_Q086	<p>Did you ever have repeated unwanted <u>memories</u> of your worst event, that is, you <u>kept</u> remembering it even when you didn't want to?</p> <p>1 Yes (KEY_PHRASE = having unwanted memories) 2 No DK, RF</p>
PTS_Q087	<p>Did you ever have repeated unpleasant dreams about your worst event?</p> <p>1 Yes (KEY_PHRASE = having unpleasant dreams) 2 No DK, RF</p>
PTS_Q088	<p>Did you have <u>flashbacks</u>, that is, suddenly <u>act</u> or <u>feel</u> as if your worst event was happening all over again?</p> <p>1 Yes (KEY_PHRASE = having flashbacks) 2 No DK, RF</p>

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- PTS_Q089 **Did you get very upset when you were reminded of your worst event?**
- 1 Yes (KEY_PHRASE = getting really upset when reminded of this event)
2 No
DK, RF
- PTS_Q090 **When you were reminded of your worst event, did you ever have physical reactions like sweating, your heart racing or feeling shaky?**
- 1 Yes (KEY_PHRASE = having physical reactions)
2 No
DK, RF
- PTS_C091 If any one of PTS_Q086, PTS_Q087, PTS_Q088, PTS_Q089, or PTS_Q090 = 1 (Yes), go to PTS_D091. Otherwise, go to PTS_END.
- Content type: *NOTE TO DATA USERS: The condition PTS_C091 is a checkpoint to see if the respondent has said yes to at least one of the key questions above (PTS_Q086 - PTS_Q090). If they did not, then they do not meet the criteria for the post traumatic stress disorder derived variable and are sent to the end of the module.*
- PTS_Q102 **During the time your worst event affected you most, did you have trouble falling or staying asleep?**
- 1 Yes (KEY_PHRASE = having sleep problems)
2 No
DK, RF
- PTS_Q103 **Were you more irritable or short-tempered than you usually are?**
- 1 Yes (KEY_PHRASE = being irritable)
2 No
DK, RF
- PTS_Q104 **Did you have more trouble concentrating or keeping your mind on what you were doing?**
- 1 Yes (KEY_PHRASE = having trouble concentrating)
2 No
DK, RF
- PTS_Q105 **Were you much more alert or watchful, even when there was no real need to be?**
- 1 (KEY_PHRASE = being more alert or watchful)
2 No
DK, RF

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PTS_Q106	<p>Were you more <u>jumpy</u> or easily startled by ordinary noises?</p> <p>1 Yes (KEY_PHRASE = being jumpy or easily startled) 2 No DK, RF</p>
PTS_C107	<p>If any one of PTS_Q102, PTS_Q103, PTS_Q104, PTS_Q105, or PTS_Q106 = 1 (Yes), go to PTS_D107. Otherwise, go to PTS_END.</p>
Content type:	<p><i>NOTE TO DATA USERS:</i> The condition PTS_C107 is a checkpoint to see if the respondent has said yes to at least one of the key questions above (PTS_Q102 - PTS_Q106). If they did not, then they do not meet the criteria for the post traumatic stress disorder derived variable and are sent to the end of the module.</p>
PTS_R110A	<p>During your <u>life</u>, you mentioned having reactions to your worst event such as [trying not to think about this event/staying away from reminders of this event/being unable to remember part(s) of this event/losing interest in things you used to enjoy]/feeling distant from other people/having trouble feeling normal feelings/feeling you had no reason to plan for the future], [having unwanted memories/having unpleasant dreams/having flash backs/getting really upset when reminded of this event/having physical reactions] and [having sleep problems/being irritable/having trouble concentrating/being more alert or watchful/being jumpy or easily started].</p> <p>INTERVIEWER: Press <1> to continue.</p>
PTS_Q110A	<p>How <u>soon</u> after your worst event did you start having any of these reactions?</p> <p>INTERVIEWER: If the respondent answers "immediately" or "same day", enter "0" and "days". If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.</p> <p> _ _ _ Number (MIN: 0) (MAX: 901)</p> <p>DK, RF (Go to PTS_Q110B)</p>
PTS_N110A	<p>INTERVIEWER: Was that days, weeks, months, or years?</p> <p>1 Days 2 Weeks 3 Months 4 Years (DK, RF not allowed)</p>
PTS_E110AA	<p>An unusual value has been entered. Please confirm.</p>
Rule :	<p>Trigger soft edit if (PTS_Q110A >= 365 and PTS_N110A = 1) or (PTS_Q110A >= 52 and PTS_N110A = 2) or (PTS_Q110A >= 24 and PTS_N110A = 3).</p>

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PTS_E110AB	An impossible value has been entered. Please return and correct.
Rule :	Trigger hard edit if ((PTS_Q110A = 0 or PTS_Q110A > 104) and PTS_N110A = 2) or ((PTS_Q110A = 0 or PTS_Q110A > 36) and PTS_N110A = 3).
PTS_E110AC	An impossible value has been entered. Please return and correct.
Rule :	Trigger hard edit if ((PTS_Q110A = 0) or (PTS_Q110A > (DV_AGE - PTS_Q064E))) and PTS_N110A = 4.
PTS_Q110B	How long did you <u>continue</u> to have any of these reactions?
	<u>INTERVIEWER</u> : If the respondent answers "still going on", enter "901" and "days". If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.
	_ _ _ Number (MIN: 1) (MAX: 901)
	DK, RF (Go to PTS_C111)
PTS_N110B	<u>INTERVIEWER</u> : Was that days, weeks, months, or years?
	1 Days 2 Weeks 3 Months 4 Years (DK, RF not allowed)
PTS_E110BA	An unusual value has been entered. Please confirm.
Rule :	Trigger soft edit if ((PTS_Q110B >= 365 and PTS_Q110B < 901) and PTS_N110B = 1) or (PTS_Q110B >= 52 and PTS_N110B = 2) or (PTS_Q110B >= 24 and PTS_N110B = 3).
PTS_E110BB	An impossible value has been entered. Please return and correct.
Rule :	Trigger hard edit if (PTS_Q110B > 104 and PTS_N110B = 2) or (PTS_Q110B > 36 and PTS_N110B = 3).
PTS_E110BC	An impossible value has been entered. Please return and correct.
Rule :	Trigger hard edit if (PTS_Q110B > (DV_AGE - PTS_Q064E)) and PTS_N110B = 4.
PTS_C111	If (PTS_Q110B = 901 and PTS_N110B = 1) or (PTS_Q110B = DK), go to PTS_Q111. Otherwise, go to PTS_C113.
PTS_Q111	Did any of these reactions to your worst event last at least <u>one</u> month?
	1 Yes 2 No (Go to PTS_END) DK, RF (Go to PTS_END)

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- PTS_C113 If PTS_Q110B <= 25 and PTS_N110B = 1 or
PTS_Q110B <= 4 and PTS_N110B = 2 or
PTS_Q110B = RF, go to PTS_END.
Otherwise, go to PTS_R113.
- PTS_R113 **Think of the time when these reactions were most frequent and intense.**

INTERVIEWER: Press <1> to continue.
- PTS_Q113 **How often did these reactions occur?**

INTERVIEWER: Read categories to respondent.
If the respondent does not remember the lifetime reactions, press
<Ctrl+P> to show the list of reactions.
- 1 **Less than once a month** (Go to PTS_END)
 - 2 **One to two times a month**
 - 3 **Three to five times a month**
 - 4 **Six to ten times a month**
 - 5 **More than ten times a month**
- DK, RF
- PTS_Q114 **How much distress did these reactions cause you?**

INTERVIEWER: Read categories to respondent.
If the respondent does not remember lifetime reactions, press <Ctrl+P>
to show the list of reactions.
- 1 **None**
 - 2 **Mild**
 - 3 **Moderate**
 - 4 **Severe**
 - 5 **Very severe**
- DK, RF
- PTS_Q115 **How much did these reactions disrupt or interfere with your normal life?**

INTERVIEWER: Read categories to respondent.
If the respondent does not remember the lifetime reactions, press
<Ctrl+P> to show the list of reactions.
- 1 **Not at all**
 - 2 **A little**
 - 3 **Some**
 - 4 **A lot**
 - 5 **Extremely**
- DK, RF
- PTS_C260 If PTS_Q114 = 1, 2 and PTS_Q115 = 1, 2, go to PTS_END.
Otherwise, go to PTS_R260.

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- PTS_R260 The next question deals with any reactions you may have had in the past 12 months.
- These reactions could have been associated with one or more of the traumatic events that ever happened to you during your life.
- INTERVIEWER: Press <1> to continue.
- PTS_Q260 During the past 12 months, did you have any reactions like having upsetting memories or dreams, feeling emotionally distant or depressed, having trouble sleeping or concentrating, or feeling jumpy or easily startled?
- 1 Yes
 - 2 No (Go to PTS_Q282)
 - DK, RF (Go to PTS_Q282)
- PTS_Q261A During the past 12 months, did you try not to think about what happened?
- 1 Yes (KEY_PHRASE = trying not to think about the event(s))
 - 2 No
 - DK, RF
- PTS_Q261B (During the past 12 months,) did you purposely stay away from places, people or activities that reminded you of [this traumatic event/these traumatic events]?
- 1 Yes (KEY_PHRASE = staying away from reminders of the event(s))
 - 2 No
 - DK, RF
- PTS_Q261C (During the past 12 months,) were you unable to remember some important parts of what happened?
- INTERVIEWER: If the respondent was unable to remember because he or she was unconscious, knocked out or had a head injury, code "No".
- 1 Yes (KEY_PHRASE = being unable to remember part of the event(s))
 - 2 No
 - DK, RF
- PTS_Q261D (During the past 12 months,) did you lose interest in doing things you used to enjoy?
- 1 Yes (KEY_PHRASE = losing interest in things you used to enjoy)
 - 2 No
 - DK, RF

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- PTS_Q261E (During the past 12 months,) did you feel emotionally distant or cut off from other people?
- 1 Yes (KEY_PHRASE = feeling distant from other people)
2 No
DK, RF
- PTS_Q261F During the past 12 months, did you have trouble feeling normal feelings like love, happiness or warmth toward other people?
- 1 Yes (KEY_PHRASE = having trouble feeling normal feelings)
2 No
DK, RF
- PTS_Q261G (During the past 12 months,) did you feel you had no reason to plan for the future because you thought it would be cut short?
- 1 Yes (KEY_PHRASE = feeling you had no reason to plan for the future)
2 No
DK, RF
- PTS_Q261H (During the past 12 months,) did you have repeated unwanted memories of [this traumatic event/these traumatic events], that is, you kept remembering [it/them] even when you didn't want to?
- 1 Yes (KEY_PHRASE = having unwanted memories)
2 No
DK, RF
- PTS_Q261I (During the past 12 months,) did you ever have repeated unpleasant dreams about [this traumatic event/these traumatic events]?
- 1 Yes (KEY_PHRASE = having unpleasant dreams)
2 No
DK, RF
- PTS_Q261J (During the past 12 months,) did you have flashbacks, that is, suddenly act or feel as if [this traumatic event/these traumatic events] [was/were] happening all over again?
- 1 Yes (KEY_PHRASE = having flashbacks)
2 No
DK, RF

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- PTS_Q261K (During the past 12 months,) did you get very upset when you were reminded of [this traumatic event/these traumatic events]?
- 1 Yes (KEY_PHRASE = getting really upset when reminded of the event(s))
2 No
DK, RF
- PTS_Q261L During the past 12 months, when you were reminded of [this traumatic event/these traumatic events], did you have physical reactions like sweating, your heart racing or feeling shaky?
- 1 Yes (KEY_PHRASE = having physical reactions)
2 No
DK, RF
- PTS_Q261M (During the past 12 months,) did you have trouble falling or staying asleep?
- 1 Yes (KEY_PHRASE = having sleep problems)
2 No
DK, RF
- PTS_Q261N (During the past 12 months,) were you more irritable or short-tempered than you usually are?
- 1 Yes (KEY_PHRASE = being irritable)
2 No
DK, RF
- PTS_Q261O (During the past 12 months,) did you have more trouble concentrating or keeping your mind on what you were doing?
- 1 Yes (KEY_PHRASE = having trouble concentrating)
2 No
DK, RF
- PTS_Q261P (During the past 12 months,) were you much more alert or watchful, even when there was no real need to be?
- 1 (KEY_PHRASE = being more alert or watchful)
2 No
DK, RF

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PTS_Q261Q	<p>(During the past 12 months,) were you more <u>jumpy</u> or easily startled by ordinary noises?</p> <p>1 Yes (KEY_PHRASE = being jumpy or easily startled) 2 No DK, RF</p>
PTS_C262	<p>If DV_PTS_D262 < 3, go to PTS_Q282. Otherwise, go to PTS_Q262.</p>
Content type:	<p><i>NOTE TO DATA USERS: The condition PTS_C262 is a checkpoint to see if the respondent has said yes to at least 3 of the key questions above (PTS_Q261A - PTS_Q261Q). If they did not, then they do not meet the criteria for the post traumatic stress disorder derived variable and are sent to PTS_Q282.</i></p>
PTS_Q262	<p>When was the last time you had any of these reactions?</p> <p><u>INTERVIEWER:</u> Read categories to respondent. If the respondent does not remember the recent reactions, press <Ctrl+R> to show the list of reactions.</p> <p>1 During the past month 2 Between 1 and 6 months ago 3 More than 6 months ago DK, RF</p>
PTS_Q263	<p>In the past 12 months, how many weeks altogether did you have any of these reactions?</p> <p><u>INTERVIEWER:</u> Use any number between 1 and 52. If the respondent does not remember the recent reactions, press <Ctrl+R> to show the list of reactions.</p> <p> _ _ Number of weeks (MIN: 1) (MAX: 52)</p> <p>DK, RF</p>
PTS_C265	<p>If PTS_Q263 <= 3 or PTS_Q263 = DK, RF, go to PTS_Q282. Otherwise, go to PTS_Q265.</p>

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PTS_Q265

Looking at your reference card, please give me the Event ID numbers of all the traumatic events that caused these reactions in the past 12 months.

INTERVIEWER: Mark all that apply.

The respondent may now complete the second column of the reference card (Events related to 12 months reactions).

If the respondent does not remember the recent reactions, press <Ctrl+R> to show the list of reactions.

If the respondent wants to keep the event confidential, code "28".

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17 17
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19 19
20 20
21 21
22 22
23 23
24 24
25 25
26 26
27 27
28 28
DK
RF

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(Go to PTS_D269)

PTS_E265

A selected event that caused these reactions is not selected as a lifetime event. Please return and correct.

Rule :

Trigger hard edit if any response is selected in PTS_Q265 is <> 28 and is not selected in PTS_Q003.

PTS_C267

If DV_PTS_D267 = 1, go to PTS_D269.
Otherwise, go to PTS_Q267.

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PTS_Q267 Looking at your reference card, of these traumatic events, was there one that caused you the most upsetting reactions during the past 12 months?

- 1 Yes
- 2 No (Go to PTS_D269)
- DK, RF (Go to PTS_D269)

PTS_Q268 Looking at your reference card, please tell me the Event ID number that corresponds to this event.

INTERVIEWER: If the respondent wants to keep the event confidential, code "28".

- 01 01
- 02 02
- 03 03
- 04 04
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- 14 14
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- 18 18
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- 20 20
- 21 21
- 22 22
- 23 23
- 24 24
- 25 25
- 26 26
- 27 27
- 28 28
- DK, RF

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PTS_E268 A selected event that caused the most upsetting reactions is not selected as a lifetime event. Please return and correct.

Rule : Trigger hard edit if any response is selected in PTS_Q268 is <> 28 and is not selected in PTS_Q003.

PTS_R269 For the next few questions, think of the 30-day period in the past 12 months when your reactions to [this traumatic event/these traumatic events] were most frequent and intense.

INTERVIEWER: Press <1> to continue.

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- PTS_Q269 **During this 30-day period, did you lose interest in doing things you used to enjoy?**
- 1 Yes
2 No
DK, RF
- PTS_Q270 **(During this 30-day period,) did you feel emotionally distant or cut off from other people?**
- 1 Yes
2 No
DK, RF
- PTS_Q271 **(During this 30-day period,) did you have trouble feeling normal feelings like love, happiness or warmth toward other people?**
- 1 Yes
2 No
DK, RF
- PTS_Q272 **(During this 30-day period,) did you feel you had no reason to plan for the future because you thought it would be cut short?**
- 1 Yes
2 No
DK, RF
- PTS_Q273 **During this 30-day period, did you have any trouble falling or staying asleep?**
- 1 Yes
2 No
DK, RF
- PTS_Q274 **(During this 30-day period,) were you more jumpy or more easily startled by ordinary noises?**
- 1 Yes
2 No
DK, RF
- PTS_Q275 **(During this 30-day period,) did you purposely stay away from places, people or activities that reminded you of [this traumatic event/these traumatic events]?**
- 1 Yes
2 No
DK, RF
- PTS_C278 If any one of PTS_Q269, PTS_Q270, PTS_Q271, PTS_Q272, PTS_Q273, PTS_Q274, PTS_Q275 = 1 (Yes), go to PTS_R278. Otherwise, go to PTS_Q282.

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PTS_R278

(Please refer to page 4 of the booklet.)

In the past 12 months, think about the period of time that lasted one month or longer when your reactions to [this traumatic event/these traumatic events] were most severe. Please tell me what number best describes how much these reactions interfered with each of the following activities. For each activity, please answer with a number between 0 and 10; 0 means "no interference", while 10 means "very severe interference".

INTERVIEWER: Press <1> to continue.

If the respondent does not remember the events, have the respondent look at the reference card.

PTS_Q278A

In the past 12 months, how much did your reactions interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

PTS_Q278BA

How much did they interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
11 Not applicable
DK, RF

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PTS_Q278BB

How much did they interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
 - 11 Not applicable
- DK, RF

PTS_Q278C

Again think about that period of time lasting one month or longer when your reactions to [this traumatic event/these traumatic events] were most severe, how much did they interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)

INTERVIEWER: If the respondent does not remember the events, ask the respondent to look at the reference card.

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
- DK, RF

PTS_Q278D

How much did they interfere with your social life?

- 00 No interference
 - 01 |
 - 02 |
 - 03 |
 - 04 |
 - 05 |
 - 06 |
 - 07 |
 - 08 |
 - 09 V
 - 10 Very severe interference
- DK, RF

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PTS_C280 If PTS_Q278A, PTS_Q278BA, PTS_Q278BB, PTS_Q278C, PTS_Q278D = 0 (no interference) or = 11 (not applicable) or = DK, RF, go to PTS_Q282. Otherwise, go to PTS_Q280.

PTS_Q280 In the **past 12 months**, about how many days out of 365 were you **totally unable** to work or carry out your normal activities because of your reactions to [this traumatic event/these traumatic events]? (You may use any number between 0 and 365 to answer.)

INTERVIEWER: If the respondent does not remember the events, ask the respondent to look at the reference card.
If the respondent does not remember the recent reactions, press <Ctrl+R> to show the list of reactions.

|_|_|_| Number of days
(MIN: 0)
(MAX: 365)

DK, RF

PTS_Q282 Did you **ever** in your life see, or talk on the telephone, to a medical doctor or other professional about your reactions related to traumatic events? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

1 Yes
2 No (Go to PTS_END)
DK, RF (Go to PTS_END)

PTS_Q283 How old were you the **first time** you saw, or talked to a professional about these reactions?

INTERVIEWER: Minimum is [1/PTS_Q064E]; maximum is ^DV_AGE.
If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.

|_|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

PTS_E283 An impossible value has been entered. Please return and correct.

Rule : Trigger hard edit if ((PTS_Q283 < PTS_Q064E) or (PTS_Q283 > DV_AGE)) and (PTS_Q283 <> DK, RF).

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PTS_Q284 **Did you ever get treatment for these reactions that you considered helpful or effective?**

INTERVIEWER: If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.

- 1 Yes
2 No (Go to PTS_Q287)
DK, RF (Go to PTS_Q287)

PTS_Q285 **How old were you the first time you got helpful treatment for your reactions related to traumatic events?**

INTERVIEWER: Minimum is [1/PTS_Q064E]; maximum is ^DV_AGE.

|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

PTS_E285 **An impossible value has been entered. Please return and correct.**

Rule : Trigger hard edit if ((PTS_Q285 < PTS_Q064E) or (PTS_Q285 > DV_AGE)) and (PTS_Q285 <> DK, RF).

PTS_Q286 **Up to and including the first time you got helpful treatment, how many professionals did you see, or talk to about your reactions related to traumatic events?**

|_|_| Number of professionals
(MIN: 1)
(MAX: 95; Warning Value: 12)

DK, RF

PTS_E286 **An unusual value has been entered. Please confirm.**

Rule : Trigger soft edit if PTS_Q286 > 12.

PTS_Q287 **In total, how many professionals did you ever see, or talk to about these reactions?**

INTERVIEWER: If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.

|_|_| Number of professionals
(MIN: 0)
(MAX: 95; Warning Value: 12)

DK, RF

PTS_E287 **An unusual value has been entered. Please confirm.**

Rule : Trigger soft edit if PTS_Q287 > 12.

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PTS_Q288

At any time in the past 12 months, did you receive professional treatment for these reactions?

INTERVIEWER: If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.

- 1 Yes
- 2 No
- DK, RF

PTS_Q289

Were you ever hospitalized overnight for your reactions related to traumatic events?

- 1 Yes
- 2 No (Go to PTS_END)
- DK, RF (Go to PTS_END)

PTS_Q290

How old were you the first time you were hospitalized overnight because of these reactions?

INTERVIEWER: Minimum is [1/PTS_Q064E]; maximum is ^DV_AGE. If the respondent does not remember the lifetime reactions, press <Ctrl+P> to show the list of reactions.

- |_|_|_| Age in years
- (MIN: 0)
- (MAX: 130)
- DK, RF

PTS_E290

An impossible value has been entered. Please return and correct.

Rule :

Trigger hard edit if ((PTS_Q290 < PTS_Q064E) or (PTS_Q290 > DV_AGE)) and (PTS_Q290 <> DK, RF).

PTS_END

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Military Sexual Trauma (MST)

Core content

MST_BEG	Content block External variables required: DOMST: do block flag, from sample file SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block PTS_Q003: Traumatic event ID from PTS block PE_Q01: first name of specific respondent taken from USU block PE_Q02: last name of specific respondent taken from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space.
MST_C01	If PTS_Q003 = 17, go to MST_Q01A. Otherwise, go to MST_C02.
MST_Q01A	Earlier, you mentioned that you experienced a sexual assault. Did this ever take place while deployed on a CF operation? <u>INTERVIEWER:</u> If necessary, explain that "sexual assault" refers to someone forcing you or attempting to force you into any unwanted sexual activity, by threatening you, holding you down or hurting you in some way. 1 Yes 2 No DK, RF (Go to MST_END)
MST_Q01B	Did this ever take place in your CF workplace (other than on deployment)? 1 Yes 2 No DK, RF
MST_Q01C	Were <u>any</u> of the persons who committed this or these acts a CF member or civilian DND employee at the time of this or these events? 1 Yes 2 No DK, RF
MST_C02	If PTS_Q003 = 18, go to MST_Q02A. Otherwise, go to MST_END.

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MST_Q02A

Earlier, you mentioned that you experienced being touched against your will in a sexual way.

Did this ever take place while deployed on a CF operation?

INTERVIEWER: If necessary, explain that "being touched against your will in a sexual way" refers to unwanted touching or grabbing, kissing or fondling.

1 Yes

2 No

DK, RF

(Go to MST_END)

MST_Q02B

Did this ever take place in your CF workplace (other than on deployment)?

1 Yes

2 No

DK, RF

MST_Q02C

Were any of the persons who committed this or these acts a CF member or civilian DND employee at the time of this or these events?

1 Yes

2 No

DK, RF

MST_END

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Alcohol Use, Abuse and Dependence (AUD)

Core content

AUD_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOAUD: do block flag, from the sample file.

DV_AGE: respondent's age from ANC block

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Note to programmer: For the KEY PHRASES that are associated with DT_KEYPHRASEQ19E to DT_KEYPHRASEQ19JE, please create a parallel block to display the list of KEY PHRASES that can be triggered at any point during the module by pressing <CTRL A>. Only the KEY PHRASES for answers that the respondent reported will be displayed.

Content type:

NOTE TO DATA USERS:

AUD_R01 to AUD_Q11 - questions on alcohol use in the past 12 months and lifetime
AUD_C12A to AUD_C12D - conditions to determine whether or not respondents are administered the alcohol abuse questions

AUD_R13 to AUD_Q17 - questions used to determine abuse of alcohol

AUD_C18A to AUD_C18E - conditions to determine whether or not respondents are administered the alcohol dependence questions

AUD_R19 to AUD_Q29 - questions used to determine dependence on alcohol

AUD_R35 to AUD_Q36A - questions on 12-month alcohol use interference with specific aspects of life

AUD_Q39 to AUD_END - questions on treatment and hospitalization

AUD_C01

If DOAUD = 1, go to AUD_D01B.

Otherwise, go to AUD_END.

AUD_R01

Now, some questions about your alcohol consumption.

When we use the word "drink" it means:

- one bottle or can of beer or a glass of draft

- one glass of wine or a wine cooler (one whole bottle of wine counts as 5 drinks)

- one drink or cocktail with 1 and a 1/2 ounces of liquor

INTERVIEWER: Press <1> to continue.

AUD_Q01

During the past 12 months, that is, from ^DT_YEARAGO to yesterday, have you had a drink of beer, wine, liquor or any other alcoholic beverage?

1 Yes

2 No

DK, RF

(Go to AUD_Q04)

(Go to AUD_END)

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AUD_Q02

Please refer to page 7 of the booklet.

During the past 12 months, how often did you drink alcoholic beverages?

INTERVIEWER: Read categories to respondent.

If the respondent reports that their drinking varied significantly in the past 12 months, ask them to answer based on the period when they drank the most. Please enter a note for Head Office review.

- 1 **Less than once a month**
- 2 **Once a month**
- 3 **2 to 3 times a month**
- 4 **Once a week**
- 5 **2 to 3 times a week**
- 6 **4 to 6 times a week**
- 7 **Every day**

DK, RF

AUD_Q03

Please refer to page 8 of the booklet.

How often in the past 12 months have you had 5 or more drinks on one occasion?

INTERVIEWER: Read categories to respondent.

- 1 **Never**
- 2 **Less than once a month**
- 3 **Once a month**
- 4 **2 to 3 times a month**
- 5 **Once a week**
- 6 **More than once a week**

DK, RF

Go to AUD_C05

AUD_Q04

Have you ever had a drink?

- 1 **Yes**
 - 2 **No** (Go to AUD_END)
- DK, RF (Go to AUD_END)

Processing:

At the time of the data processing, if the respondent reported Yes to AUD_Q01, the variable AUD_Q04 will be given its value.

AUD_C05

If (AUD_Q02 = 3, 4, 5, 6, or 7) or (AUD_Q03 = 3, 4, 5, 6), go to AUD_C06. Otherwise, go to AUD_Q05.

AUD_Q05

Have you ever had 12 or more drinks in a year?

- 1 **Yes**
 - 2 **No** (Go to AUD_END)
- DK, RF

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AUD_E05 Respondent reported they drank at least once a month but has never had more than 12 drinks in a year. Please confirm.

Rule : Trigger soft edit if AUD_Q05 = 2 and AUD_Q02 = 2.

AUD_C06 If AUD_Q01 = 2, go to AUD_Q10.
Otherwise, go to AUD_Q06.

AUD_Q06 **On the days you drank in the past 12 months, about how many drinks did you usually have per day?**

|_|_| Drinks
(MIN: 1)
(MAX: 95)

DK, RF

AUD_E06 An unusual value has been entered. Please confirm.

Rule : Trigger soft edit if AUD_Q06 > 20.

AUD_Q08 **Was there ever a year in your life when you drank more than you did in the past 12 months?**

1 Yes (Go to AUD_Q10)
2 No
DK, RF

AUD_C09A If AUD_Q02 = 1, 2, 3-DK, RF, go to AUD_C09B.
Otherwise, go to AUD_R13.

AUD_C09B If AUD_Q06 = 1, 2, DK, RF, go to AUD_END.
Otherwise, go to AUD_R13.

AUD_Q10 Please refer to page 7 of the booklet.

Think about the years in your life when you drank most. During those years, how often did you usually have at least one drink?

INTERVIEWER: Read categories to respondent.

1 Less than once a month
2 Once a month
3 2 to 3 times a month
4 Once a week
5 2 to 3 times a week
6 4 to 6 times a week
7 Every day
DK, RF

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AUD_Q11	<p>On the days you drank during those years, about how many drinks did you usually have per day?</p> <p> _ _ Drinks (MIN: 1) (MAX: 95)</p> <p>DK, RF</p>
AUD_E11	<p>An unusual value has been entered. Please confirm.</p> <p>Rule : Trigger soft edit if AUD_Q11 > 20.</p>
AUD_C12A	<p>If AUD_Q10 = 1, 2, 3, DK, RF, go to AUD_C12B. Otherwise, go to AUD_R13.</p>
AUD_C12B	<p>If AUD_Q11 = 1, 2, DK, RF, go to AUD_C12C. Otherwise, go to AUD_R13.</p>
AUD_C12C	<p>If AUD_Q02 = 1, 2, 3, DK, RF, EMPTY, go to AUD_C12D. Otherwise, go to AUD_R13.</p>
AUD_C12D	<p>If AUD_Q06 = 1, 2, DK, RF, EMPTY, go to AUD_END. Otherwise, go to AUD_R13.</p>
Content type:	<p>NOTE TO DATA USERS: The section on alcohol abuse is initiated if the respondent reported: - ever drinking at least 12 drinks in a year AND during the year they drank the most, usually drinking at least once a week OR, if they drank less frequently, usually drinking 3 or more drinks per occasion - (See AUD_C12A to AUD_C12D)</p>
Tag:	<p>Alcohol Abuse</p>
AUD_R13	<p>The next questions are about problems you may have had because of drinking at <u>any time in your life</u>.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>
AUD_Q13A	<p>First, was there ever a time in your life when your drinking or being hung over frequently interfered with your work or responsibilities at school, on a job, or at home?</p> <p>1 Yes 2 No DK RF (Go to AUD_C14)</p>
AUD_Q13A_1	<p>Was there ever a time in your life when your drinking caused arguments or other serious or repeated problems with your family, friends, neighbours, or co-workers?</p> <p>1 Yes 2 No DK, RF</p>

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AUD_C13B	If AUD_Q13A_1 = 1, go to AUD_Q13B. Otherwise, go to AUD_Q13C.
AUD_Q13B	Did you continue to drink even though it caused problems with these people? 1 Yes 2 No DK, RF
AUD_Q13C	Were there times in your life when you were often under the influence of alcohol in situations where you could get hurt, for example when riding a bicycle, driving, or operating a machine? 1 Yes 2 No DK, RF
AUD_Q13D	Were you ever arrested or stopped by the police because of drunk driving or drunken behavior? 1 Yes 2 No DK, RF
AUD_C13E	If AUD_Q13D = 1, go to AUD_Q13E. Otherwise, go to AUD_C14.
AUD_Q13E	How many times were you arrested or stopped by the police due to drinking? _ Number of times (MIN: 1) (MAX: 95) DK, RF
AUD_E13E	An unusual value has been entered. Please confirm. <i>Rule :</i> <i>Trigger soft edit if AUD_Q13E > 15.</i>
AUD_C14	If AUD_Q13A = 1 or AUD_Q13A_1 = 1 or AUD_Q13B = 1 or AUD_Q13C = 1 or AUD_Q13D = 1, go to AUD_D14. Otherwise, go to AUD_C18A.

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AUD_Q16	<p>You just reported that: [- your drinking interfered with your responsibilities] [- your drinking caused problems with family, friends or others] [- you continued to drink even though it caused problems] [- you drank in situations where you could get hurt] [- your drinking resulted in problems with the police]</p> <p>How <u>recently</u> did you have [this problem/either of these problems/any of these problems] because of drinking?</p> <p><u>INTERVIEWER</u>: Read categories to respondent.</p> <p>1 In the past 30 days (Go to AUD_C18A) 2 1 month to less than 6 months ago (Go to AUD_C18A) 3 6 months to 12 months ago (Go to AUD_C18A) 4 More than 12 months ago (Go to AUD_C18A) DK, RF (Go to AUD_C18A)</p>
AUD_Q17	<p>How <u>old</u> were you the <u>last</u> time (you had [this problem/either of these problems/any of these problems] because of drinking)?</p> <p><u>INTERVIEWER</u>: Minimum is 0; maximum is ^DV_AGE - 1.</p> <p> _ _ _ Age in years (MIN: 0) (MAX: 130) DK, RF</p>
AUD_E17A	<p>The age at which the respondent last had this problem is invalid. Please return and correct.</p> <p><i>Rule :</i> Trigger hard edit if AUD_Q17 > DV_AGE - 1.</p>
AUD_E17B	<p>An unusual value has been entered. Please confirm.</p> <p><i>Rule :</i> Trigger soft edit if AUD_Q17 < 10.</p>
AUD_C18A	<p>If AUD_Q02 = 1, 2, 3, 4, 5, DK, RF, EMPTY, go to AUD_C18B. Otherwise, go to AUD_R19.</p>
AUD_C18B	<p>If AUD_Q06 = 1, 2, 3, 4, DK, RF, EMPTY, go to AUD_C18C. Otherwise, go to AUD_R19.</p>
AUD_C18C	<p>If AUD_Q10 = 1, 2, 3, 4, 5, DK, RF, EMPTY, go to AUD_C18D. Otherwise, go to AUD_R19.</p>
AUD_C18D	<p>If AUD_Q11 = 1, 2, 3, 4, DK, RF, EMPTY, go to AUD_C18E. Otherwise, go to AUD_R19.</p>

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AUD_C18E	If AUD_Q16 = 1, 2, 3, 4, go to AUD_C33. Otherwise, go to AUD_END.
Content type:	<i>NOTE TO DATA USERS: The section on alcohol dependence is initiated if the respondent reported: - ever drinking at least 12 drinks in a year AND - during the year they drank the most, usually drinking at least four times a week OR, if they drank less frequently, usually drinking 5 or more drinks per occasion - (See AUD_C18A to AUD_C18D)</i>
Tag:	Alcohol Dependence
AUD_R19	The next questions are about some <u>other</u> problems you may have had because of drinking. INTERVIEWER: Press <1> to continue.
AUD_Q19A	Was there ever a time in your life when you often had such a strong desire to drink that you couldn't stop yourself from taking a drink or found it difficult to think of anything else? 1 Yes 2 No DK RF (Go to AUD_C20A)
AUD_Q19A_1	Did you ever need to drink a larger amount of alcohol to get an effect, or did you ever find that you could no longer get a "buzz" or a high on the amount you used to drink? 1 Yes 2 No DK, RF
AUD_Q19B	Did you ever have times when you stopped, cut down, or went without drinking and then experienced <u>withdrawal symptoms</u> like fatigue, headaches, diarrhea, the shakes, or emotional problems? 1 Yes 2 No DK, RF
AUD_C19C	If AUD_Q19B = 1, go to AUD_Q19D. Otherwise, go to AUD_Q19C.
AUD_Q19C	Did you ever have times when you took a drink to <u>keep</u> from having problems like these? INTERVIEWER: If needed, clarify that "problems" refers to withdrawal symptoms. 1 Yes 2 No DK, RF

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- AUD_Q19D **Did you ever have times when you started drinking even though you promised yourself you wouldn't, or when you drank a lot more than you intended?**
- 1 Yes
2 No
DK, RF
- AUD_C19E If AUD_Q19D = 1, go to AUD_Q19G.
Otherwise, go to AUD_Q19E.
- AUD_Q19E **Were there ever times when you drank more frequently or for more days in a row than you intended?**
- 1 Yes
2 No
DK, RF
- AUD_C19F If AUD_Q19E = 1, go to AUD_Q19G.
Otherwise, go to AUD_Q19F.
- AUD_Q19F **Did you have times when you started drinking and became drunk when you didn't want to?**
- 1 Yes
2 No
DK, RF
- AUD_Q19G **Were there times when you tried to stop or cut down on your drinking and found that you were not able to do so?**
- 1 Yes
2 No
DK, RF
- AUD_Q19H **Did you ever have periods of several days or more when you spent so much time drinking or recovering from the effects of alcohol that you had little time for anything else?**
- 1 Yes
2 No
DK, RF
- AUD_Q19I **Did you ever have a time when you gave up or greatly reduced important activities because of your drinking, like sports, work, or seeing friends and family?**
- 1 Yes
2 No
DK, RF

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AUD_Q19J	<p>Did you ever continue to drink when you knew you had a serious physical or emotional problem that might have been caused by or made worse by drinking?</p> <p>1 Yes 2 No DK, RF</p>
AUD_C20A	<p>If (AUD_Q19A = 1 or AUD_Q19A_1 = 1 or AUD_Q19B = 1 or AUD_Q19C = 1 or AUD_Q19D = 1 or AUD_Q19E = 1 or AUD_Q19F = 1 or AUD_Q19G = 1 or AUD_Q19H = 1 or AUD_Q19I = 1 or AUD_Q19J = 1), go to AUD_D22. Otherwise, go to AUD_C20B.</p>
AUD_C20B	<p>If (AUD_Q13A = 1 or AUD_Q13A_1 = 1 or AUD_Q13B = 1 or AUD_Q13C = 1 or AUD_Q13D = 1), go to AUD_C33. Otherwise, go to AUD_END.</p>
AUD_R22	<p>[You reported that: (List of problems)].</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>
Content type:	<p><u>NOTE TO DATA USERS</u>: If the respondent reported having less than 4 problems in the AUD_Q19 series of questions, this introduction lists the key phrases associated with these problems. If there are 4 or more problems, a general introduction is used; however, the key phrases for these problems are available for the interviewers to reference in an extra screen in the application.</p>
AUD_C23	<p>If 3 or more of (AUD_Q19A, AUD_Q19A_1, AUD_Q19B, AUD_Q19C, AUD_Q19D, AUD_Q19E, AUD_Q19F, AUD_Q19G, AUD_Q19H, AUD_Q19I, AUD_Q19J) = 1, go to AUD_Q23. Otherwise, go to AUD_Q25.</p>
AUD_Q23	<p>Did you ever have <u>three</u> or more of these problems in the <u>same 12-month period</u>?</p> <p><u>INTERVIEWER</u>: If respondent does not remember the problems, press <Ctrl A> to show the list of situations.</p> <p>1 Yes 2 No DK, RF</p>
AUD_Q25	<p>How <u>recently</u> did you have [this problem/either of these problems/any of these problems]?</p> <p><u>INTERVIEWER</u>: Read categories to respondent.</p> <p>1 In the past 30 days (Go to AUD_Q29) 2 1 month to less than 6 months ago (Go to AUD_Q29) 3 6 months to 12 months ago (Go to AUD_Q29) 4 More than 12 months ago (Go to AUD_Q29) DK, RF (Go to AUD_Q29)</p>

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AUD_Q26 How old were you the last time you had any of these problems?

INTERVIEWER: Minimum is 0; maximum is ^DV_AGE - 1.

|_|_| Age in years
(MIN: 0)
(MAX: 130)

DK, RF

AUD_E26A The age at which the respondent last had any of these problems is invalid. Please return and correct.

Rule : Trigger hard edit if AUD_Q26 > DV_AGE - 1.

AUD_E26B An unusual value has been entered. Please confirm.

Rule : Trigger soft edit if AUD_Q26 < 10.

AUD_Q29 Starting from the time you first began having [this problem/either of these problems/any of these problems], about how many different times did you ever make a serious attempt to quit drinking?

INTERVIEWER: If greater than 995, enter <995>. Minimum is 0, maximum is 995.

|_|_| Number of times
(MIN: 0)
(MAX: 995)

DK, RF

AUD_C33 If AUD_Q25 = 1, 2, 3 or AUD_Q16 = 1, 2, 3, go to AUD_R35.
Otherwise, go to AUD_Q39.

AUD_R35 (Please refer to page 4 of the booklet.)

Think about the period of time that lasted one month or longer in the past 12 months when you were drinking the most. Please tell me what number best describes how much your drinking interfered with each of the following activities. For each activity, answer with a number between 0 and 10; 0 means "no interference" while 10 means "very severe interference."

INTERVIEWER: Press <1> to continue.

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AUD_Q35A

In the past 12 months, how much did your drinking interfere with your home responsibilities, like cleaning, shopping and taking care of the house or apartment?

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- DK, RF

AUD_Q35B_1

How much did your drinking interfere with your ability to attend school?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- 11 Not applicable
- DK, RF

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AUD_Q35B_2

How much did your drinking interfere with your ability to work at a job?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

- 00 No interference
- 01 |
- 02 |
- 03 |
- 04 |
- 05 |
- 06 |
- 07 |
- 08 |
- 09 V
- 10 Very severe interference
- 11 Not applicable
- DK, RF

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AUD_Q35C

Again, thinking about that period lasting one month or longer during the past 12 months when you were drinking the most, how much did your drinking interfere with your ability to form and maintain close relationships with other people? (Remember that 0 means "no interference" and 10 means "very severe interference".)

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

AUD_Q35D

How much did your drinking interfere with your social life?

00 No interference
01 |
02 |
03 |
04 |
05 |
06 |
07 |
08 |
09 V
10 Very severe interference
DK, RF

AUD_C36

If (AUD_Q35A, AUD_Q35B_1, AUD_Q35B_2, AUD_Q35C and AUD_Q35D) = 0, 11, DK, or RF, go to AUD_Q39. Otherwise, go to AUD_Q36A.

AUD_Q36A

About how many days out of 365 in the past 12 months were you totally unable to work or carry out your normal activities because of your drinking?

INTERVIEWER: Enter the number of days.

|_|_|_| Number of days
(MIN: 0)
(MAX: 365)

DK, RF

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AUD_Q39

Did you ever in your life see, or talk on the telephone to, a medical doctor or other professional about your use of alcohol? (By other professional, we mean psychologists, psychiatrists, social workers, counsellors, spiritual advisors, homeopaths, acupuncturists, self-help groups or other health professionals.)

- 1 Yes
- 2 No (Go to AUD_END)
- DK, RF (Go to AUD_END)

AUD_Q41

During the past 12 months, did you receive professional treatment for your use of alcohol?

- 1 Yes
- 2 No
- DK, RF

AUD_Q42

During your life, were you ever hospitalized overnight for your use of alcohol?

- 1 Yes
- 2 No
- DK, RF

AUD_END

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WHO Disability Assessment Schedule 2.0 (DAS)

Core content

DAS_BEG This module is the World Health Organization Disability Assessment Schedule 2.0 (WHO-DAS 2.0)© instrument developed by the World Health Organization (Geneva, Switzerland). Dr. Kostanjsek and Dr. Robinson Nicol granted permission to Statistics Canada for the use of WHO-DAS 2.0 in this survey.

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DODAS: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

DAS_C01A

If DODAS = 1, go to DAS_R01A.

Otherwise, go to DAS_END.

DAS_R01A

Please refer to page 9 of the booklet.

The following questions are about the difficulties people may have because of any short or long lasting health condition related to diseases or illnesses, injuries, mental or emotional problems and problems with alcohol or drugs.

INTERVIEWER: Press <1> to continue.

DAS_R01B

When reporting any difficulties, please think about the average amount of: increased effort, discomfort or pain, slowness, or changes in the way you do the activity over the last 30 days.

You may feel that some of these questions do not apply to you, but it is important that we ask the same questions of everyone.

INTERVIEWER: Press <1> to continue.

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DAS_Q01

In the last 30 days, how much difficulty did you have in:

... standing for long periods such as 30 minutes?

INTERVIEWER: Respondent may report difficulties due to pregnancy.

Read categories to respondent.

- 1 None
- 2 Mild
- 3 Moderate
- 4 Severe
- 5 Extreme/Cannot do

DK, RF

(Go to DAS_END)

DAS_Q02

(In the last 30 days, how much difficulty did you have in:)

... taking care of your household responsibilities?

- 1 None
- 2 Mild
- 3 Moderate
- 4 Severe
- 5 Extreme/Cannot do

DK, RF

DAS_Q03

(In the last 30 days, how much difficulty did you have in:)

... learning a new task, for example, learning how to get to a new place?

INTERVIEWER: If necessary, clarify that the question focuses on difficulty because of a health problem.

- 1 None
- 2 Mild
- 3 Moderate
- 4 Severe
- 5 Extreme/Cannot do

DK, RF

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Canadian Forces Mental Health Survey (CFMHS)
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DAS_Q04

In the last 30 days, how much of a problem did you have joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?

INTERVIEWER: If necessary, clarify that the question focuses on difficulty because of a health problem.

If necessary, enter "6" to indicate "Not applicable" (e.g. respondent has not joined community activities for reasons other than a health condition).

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
 - 6 Not applicable
- DK, RF

DAS_Q05

In the last 30 days, how much have you been emotionally affected by your health problems?

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme
- DK, RF

DAS_Q06

In the last 30 days, how much difficulty did you have in:

... concentrating on doing something for 10 minutes?

INTERVIEWER: If necessary, clarify that the question focuses on difficulty because of a health problem.

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

DAS_Q07

(In the last 30 days, how much difficulty did you have in:)

... walking a long distance such as a kilometre (or 0.6 miles)?

INTERVIEWER: Respondent may report difficulties due to pregnancy.

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

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DAS_Q08

(In the last 30 days, how much difficulty did you have in:)

... washing your whole body?

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

DAS_Q09

(In the last 30 days, how much difficulty did you have in:)

... getting dressed?

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

DAS_Q10

In the last 30 days, how much difficulty did you have in:

... dealing with people you do not know?

INTERVIEWER: If necessary, clarify that the question focuses on difficulty because of a health problem.

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

DAS_Q11

(In the last 30 days, how much difficulty did you have in:)

... maintaining a friendship?

INTERVIEWER: If necessary, clarify that the question focuses on difficulty because of a health problem.

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
- DK, RF

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2013 / CAPI

DAS_Q12

(In the last 30 days, how much difficulty did you have in:)

...your day to day work or school activities?

INTERVIEWER: If necessary, enter "6" to indicate "Not applicable" (e.g. if the respondent has not worked or studied for reasons other than a health condition).

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme/Cannot do
 - 6 Not applicable
- DK, RF

DAS_C13

If DAS_Q01 = 1 and DAS_Q02 = 1, DK, RF and DAS_Q03 = 1, DK, RF and DAS_Q04 = 1, 6, DK, RF and DAS_Q05 = 1, DK, RF and DAS_Q06 = 1, DK, RF and DAS_Q07 = 1, DK, RF and DAS_Q08 = 1, DK, RF and DAS_Q09 = 1, DK, RF and DAS_Q10 = 1, DK, RF and DAS_Q11 = 1, DK, RF and DAS_Q12 = 1, 6, DK, RF, go to DAS_END.
Otherwise, go to DAS_Q13.

DAS_Q13

In the last 30 days, overall, how much did these difficulties interfere with your life?

- 1 None
 - 2 Mild
 - 3 Moderate
 - 4 Severe
 - 5 Extreme
- DK, RF

DAS_END

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Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

Two-Week Disability (TWD)

Core content

TWD_BEG

Content block

External variables required:

REFDATE: current date from operating system

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOTWD: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Display DTE2WKAGOE as Month DD, YYYY, e.g. January 2, 2008.

Display DTEYSTRDAYE as Month DD, YYYY, e.g. January 2, 2008.

TWD_C1

If DOTWD = 1, go to TWD_D01.

Otherwise, go to TWD_END.

TWD_R01

The next few questions ask about your health during the past 14 days. It is important for you to refer to the 14-day period from ^DTE2WKAGOE to ^DTEYSTRDAYE.

INTERVIEWER: Press <1> to continue

TWD_Q1

During that period, did you stay in bed at all because of illness or injury, including any nights spent as a patient in a hospital?

1 Yes

2 No

(Go to TWD_D2)

DK, RF

(Go to TWD_END)

TWD_Q2

How many days did you stay in bed for all or most of the day?

INTERVIEWER: Enter "0" if less than a day.

|_|_| Days

(MIN: 0)

(MAX: 14)

DK, RF

(Go to TWD_END)

TWD_C3

If TWD_Q2 = 14 (days), go to TWD_END.

Otherwise, go to TWD_D3.

TWD_Q3

[Not counting days spent in bed, during/During] those 14 days, were there any days that you cut down on things you normally do because of illness or injury?

1 Yes

2 No

(Go to TWD_Q5)

DK, RF

(Go to TWD_Q5)

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TWD_Q4 How many days did you cut down on things for all or most of the day?

INTERVIEWER: Enter "0" if less than a day. Maximum is ^DV_14LSTWD2.

|_|_| Days
(MIN: 0)
(MAX: 14)

DK, RF

TWD_E4 **TWD_Q2 (days spent in bed for all or most of the day) + TWD_Q4 (days you cut down on things for all or most of the day) is greater than 14. Please return and correct.**

Rule : Trigger hard edit if TWD_Q4 > DV_14LSTWD2.

TWD_Q5 [Not counting days spent in bed, during/During] those 14 days, were there any days when it took extra effort to perform up to your usual level at work or at your other daily activities, because of illness or injury?

1 Yes
2 No (Go to TWD_END)
DK, RF (Go to TWD_END)

TWD_Q6 How many days required extra effort?

INTERVIEWER: Enter "0" if less than a day. Maximum is ^DV_14LSTWD2.

|_|_| Days
(MIN: 0)
(MAX: 14)

DK, RF

TWD_E6 **TWD_Q2 (days spent in bed for all or most of the day) + TWD_Q6 (days that required extra effort) is greater than 14. Please return and correct.**

Rule : Trigger hard edit if TWD_Q6 > DV_14LSTWD2.

TWD_END

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Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

Mental Health Services (SR1)

Core content

SR1_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOSR1: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

Content type:

This module collects information about the respondent's use of help, and health care services related to problems with emotions, mental health, or use of alcohol or drugs during the past 12 months.

NOTE TO DATA USERS:

SR1_Q001 to SR1_Q003 - Questions on overnight hospitalizations.

SR1_Q004 - Question reporting the professionals and non-professionals consulted.

SR1_Q010 to SR1_Q050_5 - Follow-up questions on professional consultations for each professional reported in SR1_Q004.

SR1_Q051_1 to SR1_Q106 - Follow-up questions on non-professional consultations for each non-professional reported in SR1_Q004.

SR1_Q110A to SR1_Q117 - Questions on the utilization of health services provided by an employer (CFMAP - the Canadian Forces Member Assistance Program), as well as the use of the Internet, self-help groups, and telephone help-lines.

SR1_Q118A to SR1_Q119 - Questions on the respondent's consultations with a civilian health professional, and unmet needs for care.

SR1_Q120 to SR1_Q121 - Questions on perceived discrimination or unfair treatment from health care service providers.

SR1_C001

If DOSR1 = 1, go to SR1_R001.

Otherwise, go to SR1_END.

SR1_R001

Now I would like to ask you some questions about your contacts with health professionals as well as other people about problems with your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

SR1_Q001

During the past 12 months, were you hospitalized overnight or longer for problems with your emotions, mental health or use of alcohol or drugs?

1 Yes

2 No

DK, RF

(Go to SR1_Q004)

(Go to SR1_Q004)

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_Q002 **During the past 12 months, how many times were you hospitalized overnight or longer for these problems?**

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF

SR1_Q003 **How long did you stay in the hospital for these problems (during the past 12 months)?**

|_|_|_| Time in hospital
(MIN: 1)
(MAX: 365)

DK, RF

(Go to SR1_Q004)

SR1_N003 INTERVIEWER: Was that days, weeks, or months?

- 1 Days
 - 2 Weeks
 - 3 Months
- (DK, RF not allowed)

SR1_E003 **You cannot report a time greater than one year. Please return and correct.**

Rule : *Trigger hard edit if (SR1_Q003 > 52 and SR1_N003 = 2) or (SR1_Q003 > 12 and SR1_N003 = 3).*

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SR1_Q004

Please refer to page 10 of the booklet.

During the past 12 months, have you seen, or talked on the telephone to, any of the following people about problems with your emotions, mental health or use of alcohol or drugs?

Do not include visits for routine pre- or post-deployment screening.

INTERVIEWER: Read categories to respondent. Mark all that apply. Include both civilian and Canadian Forces sources of mental health care.

- 01 Psychiatrist
 - 02 Family doctor or general practitioner
 - 03 Psychologist
 - 04 Nurse, including a CF case manager
 - 05 Social worker, counsellor, or psychotherapist
 - 06 Peer Support Coordinator from the Operational Stress Injury Social Support (OSISS) program
 - 07 Religious or spiritual advisor such as a priest, padre, chaplain, or rabbi
 - 08 Family member
 - 09 Friend, other than a co-worker, supervisor, or boss
 - 10 Co-worker, supervisor, or boss
 - 11 Other - Specify (Go to SR1_S004)
 - 12 None
- DK, RF

Go to SR1_C010A

SR1_S004

(Please refer to page 10 of the booklet.)

During the past 12 months, have you seen, or talked on the telephone to, any of the following people about problems with your emotions, mental health or use of alcohol or drugs?

Do not include visits for routine pre- or post-deployment screening.)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Canadian Forces Mental Health Survey (CFMHS)
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SR1_E004A	You cannot select "None" and another category. Please return and correct.
Rule :	<i>Trigger hard edit if SR1_Q004 = 12 and any other response selected in SR1_Q004.</i>
SR1_C010A	If (SR1_Q004 = 12, DK), go to SR1_Q110A. Otherwise, go to SR1_C010B.
SR1_C010B	If (SR1_Q004 = RF), go to SR1_END. Otherwise, go to SR1_C010C.
SR1_C010C	If SR1_Q004 = 1, go to SR1_R010. Otherwise, go to SR1_C020.
SR1_R010	You mentioned that you saw, or talked on the telephone to, a psychiatrist about your emotions, mental health or use of alcohol or drugs. <i>INTERVIEWER:</i> Press <1> to continue.
SR1_Q010	Think of the psychiatrist you talked to the <u>most often</u> during the past 12 months. How many times did you see, or talk on the telephone to, this psychiatrist (about your problems with your emotions, mental health, or use of alcohol or drugs)? ----- Number of times (MIN: 1) (MAX: 365) DK, RF (Go to SR1_Q011)
SR1_N010	<i>INTERVIEWER:</i> Was that per week, per month, or per year? If once per day, enter 7 times per week. 1 Per week 2 Per month 3 Per year (DK, RF not allowed)
Processing:	<i>At the time of data processing, values reported in SR1_Q010 will be recalculated to be displayed as number of times per year.</i>
SR1_E010	You cannot report talking to this person more than once per day. Please return and correct.
Rule :	<i>Trigger hard edit if (SR1_Q010 > 7 and SR1_N010 = 1) or (SR1_Q010 > 31 and SR1_N010 = 2).</i>

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SR1_Q011 (During the past 12 months,) about how long did each consultation with this psychiatrist last (in minutes)?

|_|_|_| Number of minutes
(MIN: 1)
(MAX: 240)

DK, RF

SR1_Q012 In general, how much would you say the psychiatrist helped you (for your problems with your emotions, mental health, or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q013 Have you stopped seeing the psychiatrist?

- 1 Yes
 - 2 No (Go to SR1_C020)
- DK, RF (Go to SR1_C020)

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SR1_Q014

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

- 01 You felt better
 - 02 You completed the recommended treatment
 - 03 You thought it was not helping
 - 04 You thought the problem would get better without more professional help
 - 05 You couldn't afford to pay
 - 06 You were too embarrassed to see the professional
 - 07 You wanted to solve the problem without professional help
 - 08 You had problems with things like transportation, childcare or your schedule
 - 09 The service or program was no longer available
 - 10 You were not comfortable with the professional's approach
 - 11 Because of discrimination or unfair treatment
 - 12 Other - Specify (Go to SR1_S014)
- DK, RF

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Go to SR1_C020

SR1_S014

(Please refer to page 11 of the booklet.)

Why did you stop?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

SR1_C020

If SR1_Q004 = 2, go to SR1_R020.
Otherwise, go to SR1_C030.

SR1_R020

You mentioned that you saw, or talked on the telephone to, a family doctor or general practitioner about your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_Q020 **Think of the family doctor or the general practitioner you talked to the most often during the past 12 months.**

How many times did you see, or talk on the telephone to, this family doctor or general practitioner about your problems with your emotions, mental health or use of alcohol or drugs?

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF (Go to SR1_Q021)

SR1_N020 **INTERVIEWER:** Was that per week, per month, or per year? If once per day, enter 7 times per week.

1 Per week
2 Per month
3 Per year
(DK, RF not allowed)

Processing: *At the time of data processing, values reported in SR1_Q020 will be recalculated to be displayed as number of times per year.*

SR1_E020 **You cannot report talking to this person more than once per day. Please return and correct.**

Rule : *Trigger hard edit if (SR1_Q020 > 7 and SR1_N020 = 1) or (SR1_Q020 > 31 and SR1_N020 = 2).*

SR1_Q021 **(During the past 12 months,) about how long did each consultation with this family doctor or general practitioner last (for your problems with your emotions, mental health or use of alcohol or drugs) (in minutes)?**

|_|_|_| Number of minutes
(MIN: 1)
(MAX: 240)

DK, RF

SR1_Q022 **In general, how much would you say this family doctor or general practitioner helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?**

INTERVIEWER: Read categories to respondent.

1 **A lot**
2 **Some**
3 **A little**
4 **Not at all**
DK, RF

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_Q023

Have you stopped talking to this family doctor or general practitioner about your problems with your emotions, mental health or use of alcohol or drugs?

- 1 Yes
2 No (Go to SR1_C030)
DK, RF (Go to SR1_C030)

SR1_Q024

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

- 01 You felt better
02 You completed the recommended treatment
03 You thought it was not helping
04 You thought the problem would get better without more professional help
05 You couldn't afford to pay
06 You were too embarrassed to see the professional
07 You wanted to solve the problem without professional help
08 You had problems with things like transportation, childcare or your schedule
09 The service or program was no longer available
10 You were not comfortable with the professional's approach
11 Because of discrimination or unfair treatment
12 Other - Specify (Go to SR1_S024)
DK, RF

Go to SR1_C030

SR1_S024

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

SR1_C030

If SR1_Q004 = 3, go to SR1_R030.
Otherwise, go to SR1_C040.

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_R030 You mentioned that you saw, or talked on the telephone to, a psychologist (about your emotions, mental health or use of alcohol or drugs).

INTERVIEWER: Press <1> to continue.

SR1_Q030 Think of the psychologist you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone to, this psychologist (about your problems with your emotions, mental health or use of alcohol or drugs)?

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF (Go to SR1_Q031)

SR1_N030 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.

1 Per week
2 Per month
3 Per year
(DK, RF not allowed)

Processing:

At the time of data processing, values reported in SR1_Q030 will be recalculated to be displayed as number of times per year.

SR1_E030 You cannot report talking to this person more than once per day. Please return and correct.

Rule : Trigger hard edit if (SR1_Q030 > 7 and SR1_N030 = 1) or (SR1_Q030 > 31 and SR1_N030 = 2).

SR1_Q031 (During the past 12 months,) about how long did each consultation with this psychologist last (in minutes)?

|_|_|_| Number of minutes
(MIN: 1)
(MAX: 240)

DK, RF

SR1_Q032 In general, how much would you say this psychologist helped you (for your problems with your emotions, mental health, or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

1 A lot
2 Some
3 A little
4 Not at all
DK, RF

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_Q033

Have you stopped seeing this psychologist?

- 1 Yes
- 2 No (Go to SR1_C040)
- DK, RF (Go to SR1_C040)

SR1_Q034

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

- 01 You felt better
 - 02 You completed the recommended treatment
 - 03 You thought it was not helping
 - 04 You thought the problem would get better without more professional help
 - 05 You couldn't afford to pay
 - 06 You were too embarrassed to see the professional
 - 07 You wanted to solve the problem without professional help
 - 08 You had problems with things like transportation, childcare or your schedule
 - 09 The service or program was no longer available
 - 10 You were not comfortable with the professional's approach
 - 11 Because of discrimination or unfair treatment
 - 12 Other - Specify (Go to SR1_S034)
- DK, RF

Go to SR1_C040

SR1_S034

(Please refer to page 11 of the booklet.)

Why did you stop?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

SR1_C040

If SR1_Q004 = 4, go to SR1_R040.
Otherwise, go to SR1_C050_1.

Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

SR1_R040 You mentioned that you saw, or talked on the telephone to, a nurse (or CF case manager) about your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

SR1_Q040 Think of the nurse (or CF case manager) you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone to, this nurse (or CF case manager) about your problems with your emotions, mental health or use of alcohol or drugs?

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF (Go to SR1_Q041)

SR1_N040 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.

1 Per week
2 Per month
3 Per year
(DK, RF not allowed)

Processing:

At the time of data processing, values reported in SR1_Q040 will be recalculated to be displayed as number of times per year.

SR1_E040 **You cannot report talking to this person more than once per day. Please return and correct.**

Rule : *Trigger hard edit if (SR1_Q040 > 7 and SR1_N040 = 1) or (SR1_Q040 > 31 and SR1_N040 = 2).*

SR1_Q041 (During the past 12 months,) about how long did each consultation with this nurse (or CF case manager) last (in minutes) (for your problems with your emotions, mental health or use of alcohol or drugs)?

|_|_|_| Number of minutes
(MIN: 1)
(MAX: 240)

DK, RF

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SR1_Q042

In general, how much would you say this nurse (or CF case manager) helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q043

Have you stopped talking to this nurse (or CF case manager) about your problems with your emotions, mental health or use of alcohol or drugs?

- 1 Yes
- 2 No (Go to SR1_C050_1)

DK, RF

(Go to SR1_C050_1)

SR1_Q044

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

- 01 You felt better
- 02 You completed the recommended treatment
- 03 You thought it was not helping
- 04 You thought the problem would get better without more professional help
- 05 You couldn't afford to pay
- 06 You were too embarrassed to see the professional
- 07 You wanted to solve the problem without professional help
- 08 You had problems with things like transportation, childcare or your schedule
- 09 The service or program was no longer available
- 10 You were not comfortable with the professional's approach
- 11 Because of discrimination or unfair treatment
- 12 Other - Specify (Go to SR1_S044)

DK, RF

Go to SR1_C050_1

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SR1_S044	<p>((Please refer to page 11 of the booklet.)</p> <p>Why did you stop?)</p> <p><u>INTERVIEWER</u>: Specify.</p> <hr/> <p>(80 spaces)</p> <p>(DK, RF not allowed)</p>
SR1_C050_1	<p>If SR1_Q004 = 5, go to SR1_R050_1. Otherwise, go to SR1_C051_1.</p>
SR1_R050_1	<p>You mentioned that you saw, or talked on the telephone to, a social worker, counsellor, or psychotherapist about your emotions, mental health or use of alcohol or drugs.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>
SR1_Q050_1	<p>Think of the social worker, counsellor, or psychotherapist you talked to the <u>most often</u> during the past 12 months.</p> <p>How many times did you see, or talk to on the telephone to, this professional (about your problems with your emotions, mental health or use of alcohol or drugs)?</p> <p>Number of times (MIN: 1) (MAX: 365)</p> <p>DK, RF (Go to SR1_Q050_2)</p>
SR1_N050	<p><u>INTERVIEWER</u>: Was that per week, per month, or per year? If once per day, enter 7 times per week.</p> <p>1 Per week 2 Per month 3 Per year (DK, RF not allowed)</p>
Processing:	<p><i>At the time of data processing, values reported in SR1_Q050_1 will be recalculated to be displayed as number of times per year.</i></p>
SR1_E050_1	<p>You cannot report talking to this person more than once per day. Please return and correct.</p>
Rule :	<p><i>Trigger hard edit if (SR1_Q050_1 > 7 and SR1_N050 = 1) or (SR1_Q050_1 > 31 and SR1_N050 = 2).</i></p>

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SR1_Q050_2 (During the past 12 months) about how long did each consultation with this professional last (in minutes)?

|_|_|_| Number of minutes
(MIN: 1)
(MAX: 240)

DK, RF

SR1_Q050_3 In general, how much would you say this professional helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q050_4 Have you stopped talking to this professional about your problems with your emotions, mental health or use of alcohol or drugs?

- 1 Yes
 - 2 No (Go to SR1_C051_1)
- DK, RF (Go to SR1_C051_1)

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SR1_Q050_5

(Please refer to page 11 of the booklet.)

Why did you stop?

INTERVIEWER: Mark all that apply.

- 01 You felt better
 - 02 You completed the recommended treatment
 - 03 You thought it was not helping
 - 04 You thought the problem would get better without more professional help
 - 05 You couldn't afford to pay
 - 06 You were too embarrassed to see the professional
 - 07 You wanted to solve the problem without professional help
 - 08 You had problems with things like transportation, childcare or your schedule
 - 09 The service or program was no longer available
 - 10 You were not comfortable with the professional's approach
 - 11 Because of discrimination or unfair treatment
 - 12 Other - Specify (Go to SR1_S050_5)
- DK, RF

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Go to SR1_C051_1

SR1_S050_5

(Please refer to page 11 of the booklet.)

Why did you stop?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

SR1_C051_1

If SR1_Q004 = 6, go to SR1_R051_1.
Otherwise, go to SR1_C052_1.

SR1_R051_1

You mentioned that you saw, or talked on the telephone to, a Peer Support Coordinator from the Operational Stress Injury Social Support (OSISS) program about your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

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- SR1_Q051_1 Think of the Peer Support Coordinator you talked to the most often during the past 12 months.
- How many times did you see, or talk on the telephone to, this Peer Support Coordinator about your problems with your emotions, mental health or use of alcohol or drugs?
- |_|_|_| Number of times
(MIN: 1)
(MAX: 365)
- DK, RF (Go to SR1_Q51_2)
- SR1_N051 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.
- 1 Per week
2 Per month
3 Per year
(DK, RF not allowed)
- Processing: *At the time of data processing, values reported in SR1_Q051_1 will be recalculated to be displayed as number of times per year.*
- SR1_E051_1 An unusual value has been entered. You reported talking to this person more than once per day. Please confirm.
- Rule : *Trigger soft edit if (SR1_Q051_1 > 7 and SR1_N051 = 1) or (SR1_Q051_1 > 31 and SR1_N051 = 2).*
- SR1_Q51_2 In general, how much would you say this Peer Support Coordinator helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?
- INTERVIEWER: Read categories to respondent.
- 1 **A lot**
2 **Some**
3 **A little**
4 **Not at all**
DK, RF
- SR1_Q051_6 Did this Peer Support Coordinator give you any advice about whether you should or should not seek professional help for your problems?
- 1 Yes
2 No (Go to SR1_C052_1)
DK, RF (Go to SR1_C052_1)

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SR1_Q051_7	<p>Did this person advise that...?</p> <p><u>INTERVIEWER:</u> Read categories to respondent.</p> <p>1 you should seek professional help 2 you did <u>not</u> need to seek professional help</p> <p>DK, RF</p>
SR1_C052_1	<p>If SR1_Q004 = 7, go to SR1_R052_1. Otherwise, go to SR1_C060.</p>
SR1_R052_1	<p>You mentioned that you saw, or talked on the telephone to, a religious or spiritual advisor such as a priest, padre, chaplain, or rabbi about your emotions, mental health or use of alcohol or drugs.</p> <p><u>INTERVIEWER:</u> Press <1> to continue.</p>
SR1_Q052_1	<p>Think of the religious or spiritual advisor you talked to the <u>most often</u> during the past 12 months.</p> <p>How many times did you see, or talk on the telephone to, this religious or spiritual advisor (about your problems with your emotions, mental health or use of alcohol or drugs)?</p> <p> _ _ _ Number of times (MIN: 1) (MAX: 365)</p> <p>DK, RF (Go to SR1_Q052_2)</p>
SR1_N052	<p><u>INTERVIEWER:</u> Was that per week, per month, or per year? If once per day, enter 7 times per week.</p> <p>1 Per week 2 Per month 3 Per year (DK, RF not allowed)</p>
Processing:	<p>At the time of data processing, values reported in SR1_Q052_1 will be recalculated to be displayed as number of times per year.</p>
SR1_E052_1	<p>An unusual value has been entered. You reported talking to this person more than once per day. Please confirm.</p>
Rule :	<p>Trigger soft edit if (SR1_Q052_1 > 7 and SR1_N052 = 1) or (SR1_Q052_1 > 31 and SR1_N052 = 2).</p>

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SR1_Q052_2

In general, how much would you say this religious or spiritual advisor helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q052_6

Did this religious or spiritual advisor give you any advice about whether you should or should not seek professional help for your problems?

- 1 Yes
- 2 No (Go to SR1_C060)

DK, RF

(Go to SR1_C060)

SR1_Q052_7

Did this person advise that...?

INTERVIEWER: Read categories to respondent.

- 1 you should seek professional help
- 2 you did not need to seek professional help

DK, RF

SR1_C060

If SR1_Q004 = 8, go to SR1_R060.
Otherwise, go to SR1_C070.

SR1_R060

You mentioned that you saw, or talked on the telephone to, a family member about your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

SR1_Q060

Think of the family member you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone to, this family member about your problems with your emotions, mental health or use of alcohol or drugs?

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF

(Go to SR1_Q062)

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SR1_N060	<p><u>INTERVIEWER</u>: Was that per week, per month, or per year? If once per day, enter 7 times per week.</p> <p>1 Per week 2 Per month 3 Per year (DK, RF not allowed)</p>
Processing:	<p><i>At the time of data processing, values reported in SR1_Q060 will be recalculated to be displayed as number of times per year.</i></p>
SR1_E060	<p>An unusual value has been entered. You reported talking to this person more than once per day. Please confirm.</p>
Rule :	<p><i>Trigger soft edit if (SR1_Q060 > 7 and SR1_N060 = 1) or (SR1_Q060 > 31 and SR1_N060 = 2).</i></p>
SR1_Q062	<p>In general, how much would you say this family member helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?</p> <p><u>INTERVIEWER</u>: Read categories to respondent.</p> <p>1 A lot 2 Some 3 A little 4 Not at all DK, RF</p>
SR1_Q065	<p>Did this family member give you any advice about whether you should or should not seek professional help for your problems?</p> <p>1 Yes 2 No (Go to SR1_C070) DK, RF (Go to SR1_C070)</p>
SR1_Q066	<p>Did this person advise that...?</p> <p><u>INTERVIEWER</u>: Read categories to respondent.</p> <p>1 you should seek professional help 2 you did <u>not</u> need to seek professional help DK, RF</p>
SR1_C070	<p>If SR1_Q004 = 9, go to SR1_R070. Otherwise, go to SR1_C080.</p>
SR1_R070	<p>You mentioned that you saw, or talked on the telephone to, a friend (other than a co-worker, supervisor, or boss) about your emotions, mental health or use of alcohol or drugs.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>

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- SR1_Q070 Think of the friend you talked to the most often during the past 12 months.
- How many times did you see, or talk on the telephone to, this friend (about your problems with your emotions, mental health or use of alcohol or drugs)?
- INTERVIEWER: Do not include a co-worker, supervisor, or boss.
- |_|_|_| Number of times
(MIN: 1)
(MAX: 365)
- DK, RF (Go to SR1_Q072)
- SR1_N070 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.
- 1 Per week
2 Per month
3 Per year
(DK, RF not allowed)
- Processing: *At the time of data processing, values reported in SR1_Q070 will be recalculated to be displayed as number of times per year.*
- SR1_E070 An unusual value has been entered. You reported talking to this person more than once per day. Please confirm.
- Rule : *Trigger soft edit if (SR1_Q070 > 7 and SR1_N070 = 1) or (SR1_Q070 > 31 and SR1_N070 = 2).*
- SR1_Q072 In general, how much would you say this friend helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?
- INTERVIEWER: Read categories to respondent.
Do not include a co-worker, supervisor, or boss.
- 1 A lot
2 Some
3 A little
4 Not at all
DK, RF
- SR1_Q075 Did this friend give you any advice about whether you should or should not seek professional help for your problems?
- INTERVIEWER: Do not include a co-worker, supervisor, or boss.
- 1 Yes
2 No (Go to SR1_C080)
DK, RF (Go to SR1_C080)

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SR1_Q082 In general, how much would you say this co-worker, supervisor or boss helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q085 Did this co-worker, supervisor or boss give you any advice about whether you should or should not seek professional help for your problems?

- 1 Yes
- 2 No (Go to SR1_C100)

DK, RF (Go to SR1_C100)

SR1_Q086 Did this person advise that...?

INTERVIEWER: Read categories to respondent.

- 1 you should seek professional help
- 2 you did not need to seek professional help

DK, RF

SR1_C100 If SR1_Q004 = 11, go to SR1_R100.
Otherwise, go to SR1_Q110A.

SR1_R100 You mentioned that you saw, or talked on the telephone to, other people about your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

SR1_Q100 Think of the person you talked to the most often during the past 12 months.

How many times did you see, or talk on the telephone to, this person (about your problems with your emotions, mental health or use of alcohol or drugs)?

|_|_|_| Number of times
(MIN: 1)
(MAX: 365)

DK, RF (Go to SR1_Q102)

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SR1_N100 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.

- 1 Per week
 - 2 Per month
 - 3 Per year
- (DK, RF not allowed)

Processing: *At the time of data processing, values reported in SR1_Q100 will be recalculated to be displayed as number of times per year.*

SR1_E100 An unusual value has been entered. You reported talking to this person more than once per day. Please confirm.

Rule : *Trigger soft edit if (SR1_Q100 > 7 and SR1_N100 = 1) or (SR1_Q100 > 31 and SR1_N100 = 2).*

SR1_Q102 **In general, how much would you say this person helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?**

INTERVIEWER: Read categories to respondent.

- 1 **A lot**
 - 2 **Some**
 - 3 **A little**
 - 4 **Not at all**
- DK, RF

SR1_Q105 **Did this person give you any advice about whether you should or should not seek professional help for your problems?**

- 1 Yes
 - 2 No (Go to SR1_Q110A)
- DK, RF (Go to SR1_Q110A)

SR1_Q106 **Did this person advise that...?**

INTERVIEWER: Read categories to respondent.

- 1 **you should seek professional help**
 - 2 **you did not need to seek professional help**
- DK, RF

SR1_Q110A **During the past 12 months, did you receive help or services through CFMAP, the Canadian Forces Member Assistance Program, for problems with your emotions, mental health or use of alcohol or drugs?**

INTERVIEWER: CFMAP is pronounced "sif-map".

- 1 Yes
 - 2 No (Go to SR1_Q111)
- DK, RF (Go to SR1_Q111)

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SR1_Q110B

In general, how much would you say these services helped you (for your problems with your emotions, mental health or use of alcohol or drugs)?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

SR1_Q111

During the past 12 months, did you use the Internet to get information, help or support for problems with your emotions, mental health or use of alcohol or drugs?

- 1 Yes (Go to SR1_Q112)
- 2 No

DK, RF

Go to SR1_Q113

SR1_Q112

(Please refer to page 12 of the booklet.)

Did you use the Internet (for problems with your emotions, mental health or use of alcohol or drugs)...?

INTERVIEWER: Read categories to respondent. Mark all that apply.

- 1 To learn about symptoms (e.g. get an online diagnosis)
- 2 To find out where you could get help
- 3 To discuss with others through forums, support groups or Internet social networks
- 4 To get online therapy (e.g. e-therapy, online counselling)

- 5 Other - Specify (Go to SR1_S112)

DK, RF

Go to SR1_Q113

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SR1_S112

((Please refer to page 12 of the booklet.)

Did you use the Internet (for problems with your emotions, mental health or use of alcohol or drugs)...?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

SR1_Q113

During the past 12 months, (not counting internet support groups) did you go to a self-help group for help with problems with your emotions, mental health or use of alcohol or drugs?

1 Yes

2 No

(Go to SR1_Q116)

DK, RF

(Go to SR1_Q116)

SR1_Q114

What type of self-help group did you go to?

INTERVIEWER: Mark all that apply.

1 Emotional or mental health
(e.g. groups for eating disorders, bipolar disorder, bereavement, etc.)

2 Alcohol or drug use (e.g. Alcoholics Anonymous, Narcotics Anonymous, etc.)

3 Other - Specify

(Go to SR1_S114)

DK, RF

Go to SR1_Q115

SR1_S114

(What type of self-help group did you go to?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

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SR1_Q115	<p>(During the past 12 months), how many times did you go to a meeting of a self-help group?</p> <p><u>INTERVIEWER:</u> If respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of times (MIN: 1) (MAX: 901)</p> <p>DK, RF (Go to SR1_Q116)</p>
SR1_C115	<p>If SR1_Q115 = 901, go to SR1_Q116. Otherwise, go to SR1_N115.</p>
SR1_N115	<p><u>INTERVIEWER:</u> Was that per week, per month, or per year? If once per day, enter 7 times per week.</p> <p>1 Per week 2 Per month 3 Per year (DK, RF not allowed)</p>
Processing:	<p><i>At the time of data processing, values reported in SR1_Q115 will be recalculated to be displayed as number of times per year.</i></p>
SR1_E115	<p>An unusual value has been entered. You reported attending to a self-help group meeting more than once per day. Please confirm.</p>
Rule :	<p><i>Trigger soft edit if (SR1_Q115 > 7 and SR1_N115 = 1) or (SR1_Q115 > 31 and SR1_N115 = 2) or (SR1_Q115 > 365 and SR1_N115 = 3).</i></p>
SR1_Q116	<p>During the past 12 months, did you use a telephone helpline for problems with your emotions, mental health or use of alcohol or drugs?</p> <p>1 Yes 2 No (Go to SR1_Q118A) DK, RF (Go to SR1_Q118A)</p>
SR1_Q117	<p>(During the past 12 months), how many times did you use a telephone helpline?</p> <p><u>INTERVIEWER:</u> If respondent answers "More than I can remember", enter "901".</p> <p> _ _ _ Number of times (MIN: 1) (MAX: 901)</p> <p>DK, RF (Go to SR1_Q118A)</p>
SR1_C117	<p>If SR1_Q117 = 901, go to SR1_Q118A. Otherwise, go to SR1_N117.</p>

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SR1_N117 INTERVIEWER: Was that per week, per month, or per year? If once per day, enter 7 times per week.

- 1 Per week
 - 2 Per month
 - 3 Per year
- (DK, RF not allowed)

Processing: *At the time of data processing, values reported in SR1_Q117 will be recalculated to be displayed as number of times per year.*

SR1_E117 An unusual value has been entered. You reported using a telephone helpline more than once per day. Please confirm.

Rule : *Trigger soft edit if (SR1_Q117 > 7 and SR1_N117 = 1) or (SR1_Q117 > 31 and SR1_N117 = 2) or (SR1_Q117 > 365 and SR1_N117 = 3).*

SR1_Q118A **In the past 12 months, have you seen or talked on the telephone to, a civilian health professional for problems with your emotions, mental health or the use of alcohol or drugs? Do not count after hours services, services for which the CF referred you, or those for which you used your CF Blue Cross card.**

- 1 Yes (Go to SR1_Q118B)
 - 2 No
- DK, RF

Go to SR1_Q119

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SR1_Q118B

Please turn to page 13 of the booklet.

Why did you see a civilian health professional for problems with your emotions, mental health or the use of alcohol or drugs?

INTERVIEWER: Mark all that apply.

- 01 Not eligible for CF health services
 - 02 Waiting time too long for CF care
 - 03 Felt care through the CF would be inadequate
 - 04 Transportation problems
 - 05 Language problems
 - 06 Personal or family responsibilities
 - 07 Concerned about confidentiality
 - 08 Concerned if something is wrong, your military career could be in jeopardy
 - 09 Didn't want to take time off from work to access services through the CF
 - 10 Other Specify (Go to SR1_S118B)
- DK, RF

Go to SR1_Q119

SR1_S118B

(Please turn to page 13 of the booklet.)

Why did you see a civilian health professional for problems with your emotions, mental health or the use of alcohol or drugs?

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

SR1_Q119

During the past 12 months, was there ever a time when you felt that you needed help for your emotions, mental health or use of alcohol or drugs, but you didn't receive it?

- 1 Yes
 - 2 No
- DK, RF

SR1_C120

If SR1_Q004 = (1, 2, 3, 4, or 5) or (SR1_Q110A = 1) or (SR1_Q113 = 1) or (SR1_Q116 = 1) or (SR1_Q118A = 1), go to SR1_R120.
Otherwise, go to SR1_END.

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SR1_R120 Now I would like to ask about possible experiences you may have had with the health care system or social services.

INTERVIEWER: Press <1> to continue.

SR1_Q120 During the past 12 months, did you feel that any health professional or other service provider held negative opinions about you or treated you unfairly:

... because of your ethnicity, culture, race, skin colour, language or accent, religion or sexual orientation?

1 Yes

2 No

DK, RF

(Go to SR1_END)

SR1_Q121 (During the past 12 months, did you feel that any health professional or other service provider held negative opinions about you or treated you unfairly?)

... because of your past or current problems with your emotions, mental health or use of alcohol or drugs?

1 Yes

2 No

DK, RF

SR1_END

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Medication Use (MED)

Core content

MED_BEG	Content block External variables required: DOMED: do block flag, from the sample file. REFDATE: current date from operating system PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
MED_C01	If DOMED = 1, go to MED_D01. Otherwise, go to MED_END.
MED_R01	Now I'd like to ask a few questions about your use of medication, both prescription and over-the-counter. <u>INTERVIEWER:</u> Press <1> to continue.
MED_Q01	In the past 12 months, that is, from [REFDATE - 365 (Date 1 year ago)] to yesterday, did you take any medication to help you with problems with your emotions, mental health or use of alcohol or drugs? <u>INTERVIEWER:</u> Include any medication related to sleep problems. Do not include natural health products such as herbs, minerals or homeopathic products. 1 Yes 2 No (Go to MED_END) DK, RF (Go to MED_END)
MED_Q02	Now, think about the last 2 days, that is, yesterday and the day before yesterday. During those 2 days, how many different medications did you take for problems with your emotions, mental health, or use of alcohol or drugs? <u>INTERVIEWER:</u> Include any medication related to sleep problems. Do not include natural health products such as herbs, minerals or homeopathic products. _ Medications (MIN: 0; Warning Value: 10) (MAX: 95) DK, RF
MED_E02	An unusual value has been entered. Please confirm.
Rule :	Trigger soft edit if MED_Q02 > 10.

MED_END

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Perceived Need for Care (PNC)

Core content

PNC_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

MED_Q01: medication use from MED block.

SR1_Q004: consulted with a professional from SR1 block.

DOPNC: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

PNC_C01

If DOPNC = 1, go to PNC_R01.

Otherwise, go to PNC_END.

PNC_R01

The following questions deal with the different kinds of help you received, or thought you needed, for problems with your emotions, mental health or use of alcohol or drugs.

INTERVIEWER: Press <1> to continue.

PNC_Q01

(Please refer to page 14 of the booklet.)

During the past 12 months, did you receive the following kinds of help because of problems with your emotions, mental health or use of alcohol or drugs?

INTERVIEWER: Read categories to respondent. Mark all that apply.

If respondent reports a person or a professional (e.g., family doctor) ask what kind of help the person or professional provided and repeat answer categories.

1 **Information about these problems, treatments or available services**

2 **Medication**

3 **Counselling, therapy, or help for problems with personal**

relationships

4 **Other - Specify**

(Go to PNC_S01)

5 **None**

DK, RF

Go to PNC_D01A

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PNC_S01	<p>((Please refer to page 14 of the booklet.)</p> <p>During the past 12 months, did you receive the following kinds of help <u>because of problems with your emotions, mental health or use of alcohol or drugs?</u></p> <p><u>INTERVIEWER:</u> Specify.</p> <hr/> <p>(80 spaces)</p> <p>(DK, RF not allowed)</p>
Programmer:	<p><i>Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.</i></p>
PNC_E01A	<p>You cannot select "None" and another category. Please return and correct.</p>
Rule :	<p><i>Trigger hard edit if PNC_Q01 = 5 and any other response is selected in PNC_Q01.</i></p>
PNC_E01B	<p>Inconsistent answers have been entered. Respondent previously reported taking medication for these problems in the past 12 months. Please confirm.</p> <p><u>INTERVIEWER:</u> If respondent confirms no medication was taken for these problems in the past 12 months, please enter a note for Head Office review.</p>
Rule :	<p><i>Trigger soft edit if (PNC_Q01 <> 2) and MED_Q01 = 1.</i></p>
PNC_E01C	<p>Inconsistent answers have been entered. Respondent previously reported consulting a professional in the past 12 months. Please confirm.</p> <p><u>INTERVIEWER:</u> If the respondent confirms <u>not</u> receiving therapy or help for problems with personal relationships in the past 12 months, please enter a note for Head Office review.</p>
Rule :	<p><i>Trigger soft edit if (PNC_Q01 <> 3) and (SR1_Q004 = 01, 02, 03, 04, or 05).</i></p>
PNC_C01C	<p>If PNC_Q01 includes 1, 2, 3 or 4, go to PNC_Q02A. Otherwise, go to PNC_C04A.</p>
PNC_Q02A	<p>You mentioned that you received: ^DT_HELPX. Do you think you got as much of [each of these kinds/this kind] of help as you needed (during the past 12 months)?</p> <p>1 Yes (Go to PNC_C04A) 2 No (Go to PNC_C04A) DK, RF (Go to PNC_C04A)</p>
PNC_C02A	<p>If number of items in PNC_Q01 > 1, go to PNC_Q02B. Otherwise, go to PNC_B03.</p>

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PNC_Q02B	<p>Which kind of help did you need more of (during the past 12 months)?</p> <p><u>INTERVIEWER:</u> Mark all that apply.</p> <ol style="list-style-type: none">1 Information about these problems, treatments or available services2 Medication3 Counselling, therapy, or help for problems with personal relationships4 ^PNC_S01 <p>DK, RF</p>
Processing:	<p>At the time of data processing, if the respondent selected only one response of 1, 2, 3, or 4 in PNC_Q01, the variable PNC_Q02B will be given its value.</p>
Programmer:	<p>Display only the answers selected in PNC_Q01.</p>
PNC_B03	<p>Call sub-block PN1 up to four times.</p>
Content type:	<p><u>NOTE TO DATA USERS:</u> For programming efficiency, a sub-module (PN1) is called here to ask follow-up questions about each type of help that the respondent indicated needing more of at PNC_Q02A and/or PNC_Q02B. The sub-module may be called again in the second part of PNC (see note at PNC_B05).</p>
Programmer:	<p>If number of items selected in PNC_Q01 = 1 call sub-block PN1 one time and pass PNC_Q01 answer and 1 (for DV_BlockCall) as parameters. Otherwise (number of items selected in PNC_Q01 > 1) call PN1 up to 4 times, passing each item selected in PNC_Q02B (one at a time) and 1 (for DV_BlockCall) as parameters.</p>
PNC_C04A	<p>If PNC_Q01 = 1 and 2 and 3, go to PNC_END. Otherwise, go to PNC_Q04A.</p>
PNC_Q04A	<p>You mentioned that you did <u>not</u> receive ^DT_NOHELPH. Do you think you needed [this kind/any of these kinds] of help (during the past 12 months)?</p> <p><u>INTERVIEWER:</u> If necessary, remind the respondent that "these problems" refers to "problems with your emotions, mental health, or use of alcohol or drugs".</p> <ol style="list-style-type: none">1 Yes2 No (Go to PNC_END) <p>DK, RF (Go to PNC_END)</p>
PNC_C04B	<p>If two responses of 1, 2 or 3 were selected in PNC_Q01, go to PNC_B05. Otherwise, go to PNC_Q04B.</p>

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PNC_Q04B

Which kind of help did you need (during the past 12 months)?

INTERVIEWER: Mark all that apply.

- 1 Information about these problems, treatments or available services
- 2 Medication
- 3 Counselling, therapy, or help for problems with personal relationships

DK, RF

Processing:

At the time of processing, if the respondent selected two responses among 1, 2, or 3 in PNC_Q01, the variable PNC_Q04B will be given the value of the item not selected (of 1, 2, or 3) in PNC_Q01.

Programmer:

Display only the answers not selected in PNC_Q01.

PNC_B05

Call sub-block PN1 up to three times.

Content type:

NOTE TO DATA USERS:

For programming efficiency, a sub-module (PN1) is called here to ask follow-up questions about each type of help that the respondent needed but had not yet received at PNC_Q04A and/or PNC_Q04B. The sub-module was also called in the first part of the PNC (see Note at PNC_B03).

Programmer:

If two responses of 1, 2 or 3 were selected in PNC_Q01 call PN1 one time and pass the PNC_Q01 non-selected answer and 2 (for DV_BlockCall) as parameters. Otherwise, 0 or 1 response of 1, 2 or 3 is selected in PNC_Q01 call PN1 up to 3 times, passing each item selected in PNC_Q04B (one at a time) and 2 (for DV_BlockCall) as parameters.

PNC_END

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Help Needed - sub block (PN1)

Core content

PN1_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

PNC_Q01 = Instance of PNC_Q01

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

DV_Blockcall = either 1 or 2

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

PN1_Q01

(Please refer to page 15 of the booklet.)

Why didn't you get ^DT_NEEDHELP (during the past 12 months)?

INTERVIEWER: Mark all that apply.

- 01 You preferred to manage yourself
- 02 You didn't know how or where to get this kind of help
- 03 You haven't gotten around to it (e.g., too busy)
- 04 You were concerned that getting help could harm your military career
- 05 Your job interfered (e.g., training, deployment, workload, hours of work or no cooperation from supervisor)
- 06 You didn't think anything more could help
- 07 Help was not readily available
- 08 Waiting time too long
- 09 You didn't have confidence in health care system or social services
- 10 You couldn't afford to pay
- 11 Insurance did not cover
- 12 You were afraid of what others would think of you
- 13 Language problems
- 14 ^DT_ONGOING
- 15 Other - Specify (Go to PN1_S01)
- DK, RF

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PN1_S01

((Please refer to page 15 of the booklet.))

Why didn't you get ^DT_NEEDHELP (during the past 12 months)?

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

PN1_C01

If PN1_Q01 = 1, go to PN1_Q02.
Otherwise, go to PN1_END.

PN1_Q02

((Please refer to page 16 of the booklet.))

Which of the following best describes why you preferred to manage yourself rather than seek help (during the past 12 months)?

INTERVIEWER: If necessary, read the categories to respondent.

- 01 You didn't think they knew how to help
 - 02 You were uncomfortable talking about these problems
 - 03 You relied on faith and spirituality
 - 04 You relied on family and friends
 - 05 You felt you'd be treated differently if people thought you had these problems
 - 06 You didn't feel ready to seek help
 - 07 You couldn't get this kind of help where you live
 - 08 Other - Specify (Go to PN1_S02)
- DK, RF

PN1_S02

((Please refer to page 16 of the booklet.))

Which of the following best describes why you preferred to manage yourself rather than seek help (during the past 12 months)?

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

PN1_END

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Attitude Towards Mental Health Care (ATC)

Core content

ATC_BEG	Content block External variables required: DOATC: do block flag, from sample file SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. PE_Q01: first name of specific respondent taken from USU block PE_Q02: last name of specific respondent taken from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space.
ATC_C01	If DOATC = 1, go to ATC_R01. Otherwise, go to ATC_END.
ATC_R01	Please refer to page 17 of the booklet. The following questions ask about concerns that <u>might</u> affect your decision to receive mental health services if <u>you ever</u> have a problem. I am going to read you a series of statements. Please tell me how strongly you agree or disagree with each of the following statements. INTERVIEWER: Press <1> to continue.
ATC_Q01	Your military leaders would discourage the use of mental health services. Do you... ? INTERVIEWER: Read categories to respondent. 1 Strongly agree 2 Agree 3 Neither agree nor disagree 4 Disagree 5 Strongly disagree DK, RF (Go to ATC_END)
ATC_Q02	Your CF unit leadership might treat you negatively. (Do you... ?) INTERVIEWER: If necessary, read the categories to respondent. 1 Strongly agree 2 Agree 3 Neither agree nor disagree 4 Disagree 5 Strongly disagree DK, RF

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ATC_Q03

You would be seen as weak. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q04

(Please continue to refer to page 17 of the booklet.)

Remember that this is about concerns that might affect your decision to receive mental health services if you ever have a problem.

It would harm your CF career. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q05

It would be difficult for you to get time off work for treatment. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q06

Mental health care wouldn't be effective for you. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

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ATC_Q07

It would be difficult for you to disclose personal information to a counsellor. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q08

(Please continue to refer to page 17 of the booklet.)

Remember that this is about concerns that might affect your decision to receive mental health services if you ever have a problem.

You would likely be given medicine that could harm you. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q09

Mental health professionals probably wouldn't be able to relate to your situation. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q10

You wouldn't trust mental health professionals. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

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ATC_Q11

Getting mental health treatment should be a last resort. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_Q12

You would want to deal with it on your own. (Do you... ?)

INTERVIEWER: If necessary, read the categories to respondent.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

ATC_END

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Mental Health Experiences (MHE)

Core content

MHE_BEG	Content block External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOMHE: do block flag, from the sample file. PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
MHE_C01	If DOMHE = 1, go to MHE_R01. Otherwise, go to MHE_END.
MHE_R01	The following questions ask about your personal experiences with people who have had emotional or mental health problems. By this, we mean emotional or mental conditions that may need treatment from a health professional. <u>INTERVIEWER</u> : Press <1> to continue.
MHE_Q01A	Have you ever worked or volunteered in a program that provides treatment services to people with emotional or mental health problems? <u>INTERVIEWER</u> : For these questions, do not include alcohol and substance abuse. 1 Yes 2 No (Go to MHE_Q02A) DK, RF (Go to MHE_END)
MHE_Q01B	Was this in the past 12 months? 1 Yes 2 No DK, RF
MHE_Q02A	To your knowledge, have you ever worked with someone who has been treated for an emotional or mental health problem? <u>INTERVIEWER</u> : This question refers to colleagues or co-workers. If the respondent only worked or volunteered in a program that provides mental health treatment services, this experience should not be counted again in this question. 1 Yes 2 No (Go to MHE_Q03A) DK, RF (Go to MHE_Q03A)

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- MHE_Q02B **Was this in the past 12 months?**
- 1 Yes
2 No
DK, RF
- MHE_Q03A **Has a close member of your family, such as a spouse, a parent, a child, a brother or a sister, ever received treatment for an emotional or mental health problem?**
- 1 Yes
2 No (Go to MHE_Q04A)
DK, RF (Go to MHE_Q04A)
- MHE_Q03B **Was this in the past 12 months?**
- 1 Yes
2 No
DK, RF
- MHE_Q04A **Have any of your close friends ever been treated for an emotional or mental health problem?**
- 1 Yes
2 No (Go to MHE_Q05A)
DK, RF (Go to MHE_Q05A)
- MHE_Q04B **Was this in the past 12 months?**
- 1 Yes
2 No
DK, RF
- MHE_Q05A **Have you ever received treatment for an emotional or mental health problem?**
- 1 Yes
2 No (Go to MHE_END)
DK, RF (Go to MHE_END)
- MHE_Q05B **Was this in the past 12 months?**
- 1 Yes
2 No (Go to MHE_END)
DK, RF (Go to MHE_END)
- MHE_Q06 **During the past 12 months, did you feel that anyone held negative opinions about you or treated you unfairly because of your past or current emotional or mental health problem?**
- 1 Yes
2 No (Go to MHE_END)
DK, RF (Go to MHE_END)

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MHE_R06A

Please refer to page 18 of the booklet.

Please tell me how this affected you. For each question, answer with a number between 0 and 10; where 0 means you have not been affected while 10 means you have been severely affected.

INTERVIEWER: Press <1> to continue.

MHE_Q06A

During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:

... your family relationships?

INTERVIEWER: If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_||_|
(MIN: 0)
(MAX: 10)

DK, RF

MHE_Q06B

(During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:)

... your romantic life?

INTERVIEWER: If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_||_|
(MIN: 0)
(MAX: 10)

DK, RF

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MHE_Q06C

(During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:)

...your work or school life?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_ | _|
(MIN: 0)
(MAX: 11)

DK, RF

MHE_Q06D

(During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:)

...your financial situation?

INTERVIEWER: If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_ | _|
(MIN: 0)
(MAX: 10)

DK, RF

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MHE_Q06E

(During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:)

...your housing situation?

INTERVIEWER: If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_|_|
(MIN: 0)
(MAX: 10)

DK, RF

MHE_Q06F

(During the past 12 months, on a scale of 0 to 10, how much did these negative opinions or unfair treatment affect:)

... your health care for physical health problems?

INTERVIEWER: If necessary, enter "11" to indicate "Not applicable".

If necessary, please clarify that the question is intended to focus on the impact of the negative opinions expressed by others or unfair treatment received, not the impact of the emotional or mental health problem itself.

0 means has not been affected while 10 means has been severely affected.

|_|_|
(MIN: 0)
(MAX: 11)

DK, RF

MHE_END

**Canadian Forces Mental Health Survey (CFMHS)
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Childhood Experiences (CEX)

Core content

CEX_BEG	<p>Content block</p> <p>External variables required: DV_AGE: age of selected respondent from AN3 block. SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOCEX: Do block flag, from the sample file.</p> <p>PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block</p> <p>Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space</p>
CEX_C1	<p>If DOCEX = 1, go to CEX_C2. Otherwise, go to CEX_END.</p>
CEX_C2	<p>If DV_AGE >= 18, go to CEX_R01. Otherwise, go to CEX_END.</p>
CEX_R01	<p>The next few questions are about things that may have happened to you before you were 16 in your school, in your neighbourhood, or in your family. Your responses are important whether or not you have had any of these experiences. Remember that all information provided is strictly confidential.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>
CEX_Q01	<p>(Please refer to page 19 of the booklet.)</p> <p>Before age 16, how many times did EXPERIENCE 1 happen to you?</p> <p><u>INTERVIEWER</u>: Experience 1 is "How many times did you see or hear any one of your parents, step-parents or guardians hit each other or another adult in your home? By adult, I mean anyone 18 years and over."</p> <p>Read categories to respondent.</p> <p>1 A (Never) 2 B (1 or 2 times) 3 C (3 to 5 times) 4 D (6 to 10 times) 5 E (More than 10 times)</p> <p>DK, RF (Go to CEX_Q07)</p>

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CEX_Q02

(Please refer to page 20 of the booklet.)

Before age 16, how many times did EXPERIENCE 2 happen to you?

INTERVIEWER: Experience 2 is "How many times did an adult slap you on the face, head or ears or hit or spank you with something hard to hurt you?"

Read categories to respondent.

- 1 A (Never)
 - 2 B (1 or 2 times)
 - 3 C (3 to 5 times)
 - 4 D (6 to 10 times)
 - 5 E (More than 10 times)
- DK, RF

CEX_Q03

(Please refer to page 21 of the booklet.)

Before age 16, how many times did EXPERIENCE 3 happen to you?

INTERVIEWER: Experience 3 is "How many times did an adult push, grab, shove or throw something at you to hurt you?"

If necessary, read the categories to respondent.

- 1 A (Never)
 - 2 B (1 or 2 times)
 - 3 C (3 to 5 times)
 - 4 D (6 to 10 times)
 - 5 E (More than 10 times)
- DK, RF

CEX_Q04

(Please refer to page 22 of the booklet.)

Before age 16, how many times did EXPERIENCE 4 happen to you?

INTERVIEWER: Experience 4 is "How many times did an adult kick, bite, punch, choke, burn you, or physically attack you in some way?"

If necessary, read the categories to respondent.

- 1 A (Never)
 - 2 B (1 or 2 times)
 - 3 C (3 to 5 times)
 - 4 D (6 to 10 times)
 - 5 E (More than 10 times)
- DK, RF

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CEX_Q05

(Please refer to page 23 of the booklet.)

Before age 16, how many times did EXPERIENCE 5 happen to you?

INTERVIEWER: Experience 5 is "How many times did an adult force you or attempt to force you into any unwanted sexual activity, by threatening you, holding you down or hurting you in some way?"

If necessary, read the categories to respondent.

- 1 A (Never)
 - 2 B (1 or 2 times)
 - 3 C (3 to 5 times)
 - 4 D (6 to 10 times)
 - 5 E (More than 10 times)
- DK, RF

CEX_Q06

(Please refer to page 24 of the booklet.)

Before age 16, how many times did EXPERIENCE 6 happen to you?

INTERVIEWER: Experience 6 is "How many times did an adult touch you against your will in any sexual way? By this, I mean anything from unwanted touching or grabbing, to kissing or fondling."

If necessary, read the categories to respondent.

- 1 A (Never)
 - 2 B (1 or 2 times)
 - 3 C (3 to 5 times)
 - 4 D (6 to 10 times)
 - 5 E (More than 10 times)
- DK, RF

CEX_Q07

Before age 16, did you ever see or talk to anyone from a child protection organization about difficulties at home?

- 1 Yes
 - 2 No
- DK, RF

CEX_END

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Social Provisions Scale 10 Items (SPS)

Core content

SPS_BEG

This module is based on the Social Provisions Scale (24 items) developed by Cutrona and Russell (1989), and validated in French by Caron (1996). For this survey, Dr. Caron developed this shorter version with 10 items, which maintains the psychometric properties of the original instrument.

Content block

External variables required:

DOSPS: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

SPS_C01

If DOSPS = 1, go to SPS_R01.

Otherwise, go to SPS_END.

SPS_R01

(Please refer to page 25 of the booklet.)

The next questions are about your current relationships with friends, family members, co-workers, community members, and so on. Please indicate to what extent each statement describes your current relationships with other people.

INTERVIEWER: Press <1> to continue.

SPS_Q01

There are people I can depend on to help me if I really need it.

INTERVIEWER: Read categories to respondent.

- 1 Strongly agree
- 2 Agree
- 3 Disagree
- 4 Strongly disagree

DK, RF

(Go to SPS_END)

SPS_Q02

There are people who enjoy the same social activities I do.

- 1 Strongly agree
- 2 Agree
- 3 Disagree
- 4 Strongly disagree

DK, RF

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- SPS_Q03 **I have close relationships that provide me with a sense of emotional security and well-being.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF
- SPS_Q04 **There is someone I could talk to about important decisions in my life.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF
- SPS_Q05 **I have relationships where my competence and skill are recognized.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF
- SPS_Q06 **There is a trustworthy person I could turn to for advice if I were having problems.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF
- SPS_Q07 **I feel part of a group of people who share my attitudes and beliefs.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF
- SPS_Q08 **I feel a strong emotional bond with at least one other person.**
- 1 Strongly agree
2 Agree
3 Disagree
4 Strongly disagree
DK, RF

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SPS_Q09

There are people who admire my talents and abilities.

- 1 Strongly agree
 - 2 Agree
 - 3 Disagree
 - 4 Strongly disagree
- DK, RF

SPS_Q10

There are people I can count on in an emergency.

- 1 Strongly agree
 - 2 Agree
 - 3 Disagree
 - 4 Strongly disagree
- DK, RF

SPS_END

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Canadian Forces Mental Health Survey (CFMHS)
2013 / CAPI

Labour force (LF2)

Core content

LF2_BEG

Core content

External variables required:

REFDATE: current date from operating system

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOLF2: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

DV_DATE1WKE as Month DD, YYYY, e.g., January 2, 2008

DV_YSTEDAYE as Month DD, YYYY, e.g., January 2, 2008

LF2_C1A

If DOLF2 = 1, go to LF2_C1C.

Otherwise, go to LF2_END.

LF2_C1C

If respondent is a regular Force member, go to LF2_END.

Otherwise, go to LF2_R1.

LF2_R1

The next questions concern your activities in the last 7 days. By the last 7 days, I mean beginning [DV_DATE1WKE], and ending [DV_YSTEDAYE].

INTERVIEWER: Press <1> to continue.

LF2_Q1

Last week, did you work at a job or a business? Please include part-time jobs, seasonal work, contract work, self-employment, baby-sitting and any other paid work, regardless of the number of hours worked.

1 Yes

2 No

3 Permanently unable to work (Go to LF2_END)

DK, RF (Go to LF2_END)

LF2_C2

If LF2_Q1 = 1, go to LF2_Q3.

Otherwise, go to LF2_Q2.

LF2_Q2

Last week, did you have a job or business from which you were absent?

1 Yes

2 No

(Go to LF2_Q4)

DK, RF

(Go to LF2_END)

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LF2_Q3

Did you have more than one job or business last week?

- 1 Yes
- 2 No
- DK, RF

Go to LF2_R5

LF2_Q4

In the past 4 weeks, did you do anything to find work?

- 1 Yes
- 2 No
- DK, RF

Go to LF2_END

LF2_R5

The next questions are about your current job or business.

INTERVIEWER: If the respondent currently holds more than one job, report on the job for which the number of hours worked per week is the greatest.

Press <1> to continue.

LF2_Q31

Are you an employee or self-employed?

- 1 Employee (Go to LF2_Q33)
- 2 Self-employed
- 3 Working in a family business without pay (Go to LF2_Q33)
- DK, RF (Go to LF2_Q33)

LF2_Q32

What is the name of your business?

INTERVIEWER: Enter the full name of the business.
If there is no business name, enter the respondent's full name.

(50 spaces)

DK, RF

Go to LF2_Q34

LF2_Q33

For whom do you work?

INTERVIEWER: Enter the full name of the company, business, government department or agency, or person.

(50 spaces)

DK, RF

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LF2_Q34

What kind of business, industry or service is this?

INTERVIEWER: Enter a detailed description.

For example: new home construction primary school municipal police
wheat farm retail shoe store food wholesale car parts factory federal
government

(50 spaces)

DK, RF

LF2_Q35

What is your work or occupation?

INTERVIEWER: Enter a detailed description.

For example: legal secretary, plumber, fishing guide, wood furniture
assembler, secondary school teacher, computer programmer.

(50 spaces)

DK, RF

LF2_Q36

In this work, what are your main activities?

INTERVIEWER: Enter a detailed description.

For example: prepare legal documents, install residential plumbing,
guide fishing parties, make wood furniture products, teach
mathematics, develop software,

(50 spaces)

DK, RF

LF2_Q37

**About how many hours a week do you usually work at your job or
business? If you usually work extra hours, paid or unpaid, please
include these hours.**

|_|_|_| Hours
(MIN: 1; Warning Value: 84)
(MAX: 168)

DK, RF

LF2_E37

An unusual value has been entered. Please confirm.

Rule :

Trigger soft edit if LF2_Q37 > 84.

LF2_C38

If LF2_Q3 = 1, go to LF2_Q38.
Otherwise, go to LF2_END.

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LF2_Q38

You indicated that you have more than one job.

About how many hours a week do you usually work at your other job(s)? If you usually work extra hours, paid or unpaid, please include these hours.

INTERVIEWER: Minimum is 1; maximum is [168 - LF2_Q37].

|_|_|_| Hours
(MIN: 1)
(MAX: 168)

DK, RF

LF2_E38

An unusual value has been entered. Please confirm.

Rule :

Trigger soft edit if LF2_Q38 >30.

LF2_END

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Absenteeism/Presenteeism (ABS)

Core content

ABS_BEG	Content block External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOABS: do block flag, from sample file PE_Q01: first name of specific respondent taken from USU block PE_Q02: last name of specific respondent taken from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
ABS_C01	If DOABS = 1, go to ABS_R01. Otherwise, go to ABS_END.
ABS_R01	The next questions have to do with absences from work for health reasons over the past 4 weeks (28 days). By "work" we mean any paid employment within or outside of the Canadian Forces. INTERVIEWER: Press <1> to continue.
ABS_Q01	In the past 4 weeks (28 days), how many days did you: ... miss an <u>entire</u> work day because of problems with your physical or mental health? (Only include absences for <u>your</u> own health and not someone else's health.) _ _ Number of days (MIN: 0) (MAX: 28) DK (Go to ABS_R03) RF (Go to ABS_END)
ABS_C02	If ABS_Q01 = 28, go to ABS_END. Otherwise, go to ABS_Q02.
ABS_Q02	(In the past 4 weeks (28 days), how many days did you:) ... miss <u>part</u> of a work day because of problems with your physical or mental health? (Only include absences for <u>your</u> own health and not someone else's health.) _ _ Number of days (MIN: 0) (MAX: 28) DK, RF

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ABS_R03

Now think about the time you spent at work in the past 4 weeks (28 days).

(By "work" we mean any paid employment within or outside of the Canadian Forces.)

INTERVIEWER: Press <1> to continue.

ABS_Q03

Please refer to page 26 of the booklet.

In the past 4 weeks, how often was your performance:

... higher than most workers on your job?

INTERVIEWER: Read categories to respondent.
If necessary, enter "6" to indicate "Not applicable" (e.g. respondent works alone).

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
 - 6 Not applicable
- DK, RF

ABS_Q04

(In the past 4 weeks, how often was your performance:)

... lower than most workers on your job?

INTERVIEWER: If necessary, enter "6" to indicate "Not applicable" (e.g. respondent works alone).

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
 - 6 Not applicable
- DK, RF

ABS_Q05

(Please continue to refer to page 26 of the booklet.)

In the past 4 weeks, how often did you do no work at times when you were supposed to be working?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

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ABS_Q06

(In the past 4 weeks,) how often did you find yourself not working as carefully as you should?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

ABS_Q07

(In the past 4 weeks,) how often was the quality of your work lower than it should have been?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

ABS_Q08

(In the past 4 weeks,) how often did you not concentrate enough on your work?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

ABS_Q09

(In the past 4 weeks,) how often did health problems limit the kind or amount of work you could do?

- 1 All of the time
 - 2 Most of the time
 - 3 Some of the time
 - 4 A little of the time
 - 5 None of the time
- DK, RF

ABS_END

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Work Stress (WST)

Core content

WST_BEG	Content block SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOWST: do block flag, from the sample file. DV_AGE: age of selected respondent from AN3 block PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
WST_C100	If DOWST = 1, go to WST_C400. Otherwise, go to WST_END.
WST_C400	If DV_AGE > 75, go to WST_END. Otherwise, go to WST_R400.
WST_R400	(Please refer to page 27 of the booklet.) The next few questions are about your <u>main job or business</u> in the past 12 months. I'm going to read you a series of statements that might describe your job situation. Please tell me if you strongly agree, agree, neither agree nor disagree, disagree, or strongly disagree. INTERVIEWER: Press <1> to continue.
WST_Q401	Your job required that you learn new things. 1 Strongly agree 2 Agree 3 Neither agree nor disagree 4 Disagree 5 Strongly disagree DK RF (Go to WST_END)
WST_Q402	Your job required a high level of skill. 1 Strongly agree 2 Agree 3 Neither agree nor disagree 4 Disagree 5 Strongly disagree DK, RF

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WST_Q403

Your job allowed you freedom to decide how you did your job.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

WST_Q404

Your job required that you do things over and over.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

WST_Q405

Your job was very hectic.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

WST_Q406

You were free from conflicting demands that others made.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

WST_Q407

Your job security was good.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

WST_Q408

Your job required a lot of physical effort.

- 1 Strongly agree
 - 2 Agree
 - 3 Neither agree nor disagree
 - 4 Disagree
 - 5 Strongly disagree
- DK, RF

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WST_Q409

You had a lot to say about what happened in your job.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- DK, RF

WST_Q410

You were exposed to hostility or conflict from the people you worked with.

INTERVIEWER: If necessary, enter "6" to indicate "Not applicable" (e.g. respondent works alone).

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 6 Not applicable
- DK, RF

WST_Q411

Your supervisor was helpful in getting the job done.

INTERVIEWER: If necessary, enter "6" to indicate "Not applicable" (e.g. respondent does not have a boss or a supervisor).

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 6 Not applicable
- DK, RF

WST_Q412

The people you worked with were helpful in getting the job done.

INTERVIEWER: If necessary, enter "6" to indicate "Not applicable" (e.g. respondent works alone).

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 6 Not applicable
- DK, RF

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WST_Q413

How satisfied were you with your job?

INTERVIEWER: Read categories to respondent.

- 1 Very satisfied
 - 2 Somewhat satisfied
 - 3 Not too satisfied
 - 4 Not at all satisfied
- DK, RF

WST_END

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Canadian Forces Mental Health Survey (CFMHS)
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Deployment Experience (DEX)

Core content

DEX_BEG

Content block

External variables required:

DODDEX: do block flag, from sample file

DPL_Q2: has been deployed in support of mission in Afghanistan -
taken from DPL block

DPL_Q3: has been deployed in support of mission outside of North
America- taken from DPL block

PE_Q01: first name of specific respondent taken from USU block

PE_Q02: last name of specific respondent taken from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space.

DEX_C01

If DPL_Q2 = 1 or DPL_Q3 = 1, go to DEX_R01.
Otherwise, go to DEX_END.

DEX_R01

INTERVIEWER: Hand reference card 2 to respondent.

(Please refer to reference card 2.)

The next questions ask about stressful events that might have
happened to you while you were on a CF deployment. Please take a
few minutes to read the events on the reference card. This card is
provided to help you keep track of these events and you may take it
with you at the end of the interview.

INTERVIEWER: Press <1> to continue.

DEX_Q01

**During any CF deployment, have any of these events ever happened
to you?**

1 Yes

2 No

DK, RF

(Go to DEX_END)

(Go to DEX_END)

DEX_Q02

**Looking at your reference card, how many different events have you
experienced during any CF deployment? If the same event happened
more than once, only count it once.**

|_| Number of events

(MIN: 1)

(MAX: 8)

DK, RF

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DEX_Q03

Looking at your reference card, please tell me the Event ID [number that corresponds to this event/numbers that correspond to these events].

INTERVIEWER: [Mark all that apply.]

If the respondent wants to keep an event confidential, code "9".

01 01
02 02
03 03
04 04
05 05
06 06
07 07
08 08
09 09
DK, RF

Go to DEX_END

DEX_E03

Respondent did not report the same number of events in DEX_Q03, as reported in DEX_Q02. Please confirm.

Rule :

Trigger soft edit if (DV_DEX_D03 <> DEX_Q02) and (DEX_Q02 <> DK, RF).

DEX_END

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Canadian Forces Mental Health Survey (CFMHS)
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Exposure to Mental Health Training (MHT)

Core content

MHT_BEG

Content block

External variables required:

DOMHT: do block flag, from sample file

DPL_Q2: has been deployed in support of mission in Afghanistan - from DPL block

DPL_Q3: has been deployed in support of mission outside of North America - from DPL block

PE_Q01: first name of specific respondent taken from USU block

PE_Q02: last name of specific respondent taken from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space.

MHT_C01

If DOMHT = 1, go to MHT_R01.

Otherwise, go to MHT_END.

MHT_R01

The next few questions are about your experience with mental health or resilience training over the past 5 years.

By "mental health or resilience training" we mean psychologically-oriented training done in a group setting that is meant to help you cope better with stresses or personal problems.

Do not include one-on-one counselling (for example, with a mental health professional, a peer, or your supervisor).

INTERVIEWER: Press <1> to continue.

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MHT_Q01

Please refer to page 28 of the booklet.

Over the past 5 years, have you received any mental health or resilience training...?

INTERVIEWER: Read categories to respondent.

Mark all that apply.

If necessary, explain that "PSP" stands for Personnel Support Program.

Strengthening the Forces programs include "Managing Angry Moments" Workshop, "Basic Relationship Training", "Stress: take Charge!", and "Mental Fitness and Suicide Awareness".

If respondent is unsure whether their training is "a career course" or "trades training", select category 3 for "career course".

For training received as a CF recruit, select category 3 for "career course".

- 1 In preparation for a CF deployment (e.g. "Road to Mental Readiness (R2MR)", "First Aid for the Warrior Mind" or "Programme d'entraînement à la résilience militaire (PERM)")
 - 2 At the end of a CF deployment (e.g. during decompression in Cyprus)
 - 3 During a career course intended to prepare you for a higher rank (e.g. the Primary Leadership Qualification course)
 - 4 During trades training (training intended to qualify you for a particular military occupation)
 - 5 Through the PSP personnel at the base health promotion office (e.g. as part of the Strengthening the Forces program)
 - 6 As part of routine unit training, professional development, or any other work-related activity
 - 7 None (Go to MHT_END)
- DK, RF (Go to MHT_END)

MHT_E01A

Respondent previously reported never having been deployed. Please confirm.

Rule :

Trigger soft edit if (MHT_Q01 = 1 or 2) and (DPL_Q2 = 2 and DPL_Q3 = 2).

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MHT_E01B	You cannot select "None" and another category. Please return and correct.
Rule :	<i>Trigger hard edit if MHT_Q01 = 7 and any other response selected in MHT_Q01.</i>
MHT_C02A	If MHT_Q01 = 1, go to MHT_Q02A. Otherwise, go to MHT_C02B.
MHT_Q02A	You mentioned that you received mental health or resilience training in <u>preparation</u> for a CF deployment. Over the past 5 years, about how many <u>hours</u> of this training have you received? INTERVIEWER: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0". _ _ _ Number of hours (MIN: 0) (MAX: 995) DK, RF
MHT_E02A	An unusual value has been entered. Please confirm.
Rule :	<i>Trigger soft edit if MHT_Q02A > 60.</i>
MHT_C02B	If MHT_Q01 = 2, go to MHT_Q02B. Otherwise, go to MHT_C02C.
MHT_Q02B	You mentioned that you received mental health or resilience training at the <u>end</u> of a CF deployment. Over the past 5 years, about how many <u>hours</u> of this training have you received? INTERVIEWER: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0". _ _ _ Number of hours (MIN: 0) (MAX: 995) DK, RF
MHT_E02B	An unusual value has been entered. Please confirm.
Rule :	<i>Trigger soft edit if MHT_Q02B > 60.</i>
MHT_C02C	If MHT_Q01 = 3, go to MHT_Q02C. Otherwise, go to MHT_C02D.

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MHT_Q02C	<p>You mentioned that you received mental health or resilience training during a <u>career course</u> intended to prepare you for a higher rank.</p> <p>Over the past 5 years, about how many <u>hours</u> of this training have you received?</p> <p><u>INTERVIEWER</u>: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0".</p> <p> _ _ _ Number of hours (MIN: 0) (MAX: 995)</p> <p>DK, RF</p>
MHT_E02C	<p>An unusual value has been entered. Please confirm.</p>
Rule :	<p>Trigger soft edit if MHT_Q02C > 60.</p>
MHT_C02D	<p>If MHT_Q01 = 4, go to MHT_Q02D. Otherwise, go to MHT_C02E.</p>
MHT_Q02D	<p>You mentioned that you received mental health or resilience training during <u>trades training</u>.</p> <p>Over the past 5 years, about how many <u>hours</u> of this training have you received?</p> <p><u>INTERVIEWER</u>: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0".</p> <p> _ _ _ Number of hours (MIN: 0) (MAX: 995)</p> <p>DK, RF</p>
MHT_E02D	<p>An unusual value has been entered. Please confirm.</p>
Rule :	<p>Trigger soft edit if MHT_Q02D > 60.</p>
MHT_C02E	<p>If MHT_Q01 = 5, go to MHT_Q02E. Otherwise, go to MHT_C02F.</p>

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MHT_Q02E	<p>You mentioned that you received mental health or resilience training through the PSP personnel at the <u>base health promotion office</u>.</p> <p>Over the past 5 years, about how many <u>hours</u> of this training have you received?</p> <p><u>INTERVIEWER</u>: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0".</p> <p>If necessary, explain that "PSP" stands for Personnel Support Program.</p> <p> _ _ _ Number of hours (MIN: 0) (MAX: 995)</p> <p>DK, RF</p>
MHT_E02E	<p>An unusual value has been entered. Please confirm.</p>
Rule :	<p>Trigger soft edit if MHT_Q02E > 60.</p>
MHT_C02F	<p>If MHT_Q01 = 6, go to MHT_Q02F. Otherwise, go to MHT_C03</p>
MHT_Q02F	<p>You mentioned that you received mental health or resilience training as part of routine unit training, professional development or any other work-related activity.</p> <p>Over the past 5 years, about how many <u>hours</u> of this training have you received?</p> <p><u>INTERVIEWER</u>: Only count the hours of this training that focus on mental health or resilience training. If less than 1 hour, enter "0".</p> <p> _ _ _ Number of hours (MIN: 0) (MAX: 995)</p> <p>DK, RF</p>
MHT_E02F	<p>An unusual value has been entered. Please confirm.</p>
Rule :	<p>Trigger soft edit if MHT_Q02F > 60.</p>
MHT_C03	<p>If (MHT_Q02A = 0, DK, RF) and (MHT_Q02B = 0, DK, RF) and (MHT_Q02C = 0, DK, RF) and (MHT_Q02D = 0, DK, RF) and (MHT_Q02E = 0, DK, RF) and (MHT_Q02F = 0, DK, RF), go to MHT_END. Otherwise, go to MHT_R03.</p>
MHT_R03	<p>Now think of <u>all</u> of the CF mental health or resilience training you have received over the past 5 years.</p> <p><u>INTERVIEWER</u>: Press <1> to continue.</p>

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MHT_Q03A

In general, how much would you say this training helped you handle the day-to-day demands in your life, for example, handling work, family and volunteer responsibilities? Would you say this training helped...?

INTERVIEWER: Read categories to respondent.

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all

DK, RF

MHT_Q03B

In general, how much would you say this training helped you handle more severe sources of stress, such as combat or a family or personal crisis? (Would you say this training helped...?)

INTERVIEWER: Read categories to respondent.

If necessary, enter "5" to indicate "Not applicable" (e.g. no severe sources of stress in the past five years).

- 1 A lot
- 2 Some
- 3 A little
- 4 Not at all
- 5 Not applicable

DK, RF

MHT_END

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Canadian Forces Mental Health Survey (CFMHS)
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Time Away (TMA)

TMA_BEG

Content block

External variables required:

DOTMA: Do block flag, from the sample file.

DPL_Q2: Deployed in support of a mission in Afghanistan from DPL block.

DPL_Q3: Deployed outside North America in support of any other CF operation from DPL block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

TMA_C01

If DOTMA = 1, go to TMA_R01.

Otherwise, go to TMA_END.

TMA_R01

The next questions refer to time you spent away from your home during the past 36 months (3 years) because of your military duties. Please do not include time away from home during which your family accompanied you.

INTERVIEWER: Press <1> to continue.

TMA_Q01

Please refer to page 29 of the booklet.

During the past 36 months, did you spend time away from your home for... ?

INTERVIEWER: Read categories to respondent.

Mark all that apply.

Do not include time away from home during which your family accompanied you.

The same period of time can be reported only once. Instruct the respondent to select the most appropriate category when categories overlap.

- 1 **Temporary duty**
- 2 **Ship-based deployments or other sea time**
- 3 **Deployments, other than ship-based**
- 4 **Courses, military training or exercises**
- 5 **Any other reason as part of your military duties, e.g. imposed restrictions (IR), attached postings**

6 None

(Go to TMA_END)

DK, RF

(Go to TMA_END)

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TMA_Q04	<p>[(During the past 36 months, how many months did you spend away from your home:)/During the past 36 months, how many months did you spend away from your home:]</p> <p>... for deployments, other than ship-based?</p> <p><u>INTERVIEWER</u>: If less than 2 weeks, enter "0". If necessary, round time to the nearest month.</p> <p> _ _ Number of months (MIN: 0) (MAX: 36)</p> <p>DK, RF</p>
TMA_C05	<p>If TMA_Q01 = 4, go to TMA_D05. Otherwise, go to TMA_C06.</p>
TMA_Q05	<p>[(During the past 36 months, how many months did you spend away from your home:)/During the past 36 months, how many months did you spend away from your home:]</p> <p>... for courses, military training or exercises?</p> <p><u>INTERVIEWER</u>: If less than 2 weeks, enter "0". If necessary, round time to the nearest month.</p> <p> _ _ Number of months (MIN: 0) (MAX: 36)</p> <p>DK, RF</p>
TMA_C06	<p>If TMA_Q01 = 5, go to TMA_D06. Otherwise, go to TMA_END.</p>
TMA_Q06	<p>[(During the past 36 months, how many months did you spend away from your home:)/During the past 36 months, how many months did you spend away from your home:]</p> <p>... for any other reason as part of your military duties (e.g. imposed restriction (IR), attached postings)?</p> <p><u>INTERVIEWER</u>: If less than 2 weeks, enter "0". If necessary, round time to the nearest month.</p> <p> _ _ Number of months (MIN: 0) (MAX: 36)</p> <p>DK, RF</p>
TMA_END	

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Income (INC)

Core content

INC_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block

LF2_Q01: from Labour Force block

DV_HHLDZ: Household size from Household component

DOINC: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

INC_C01

If DOINC = 1, go to INC_R01.

Otherwise, go to INC_END.

INC_R01

Although many health expenses are covered by health insurance, there is still a relationship between health and income. Please be assured that, like all other information you have provided, these answers will be kept strictly confidential.

INTERVIEWER: Press <1> to continue.

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INC_Q01

(Please turn to page 30 of the booklet.)

Thinking about the total income for all household members, from which of the following sources did your household receive any income in the past 12 months?

INTERVIEWER: Read categories to respondent. Mark all that apply.

- 01 Wages and salaries
 - 02 Income from self-employment
 - 03 Dividends and interest (e.g., on bonds, savings)
 - 04 Employment insurance
 - 05 Worker's compensation
 - 06 Benefits from Canada or Quebec Pension Plan
 - 07 Job related retirement pensions, superannuation and annuities
 - 08 RRSP/RRIF (Registered Retirement Savings Plan/Registered Retirement Income Fund)
 - 09 Old Age Security and Guaranteed Income Supplement
 - 10 Provincial or municipal social assistance or welfare
 - 11 Child Tax Benefit
 - 12 Child support
 - 13 Alimony
 - 14 Other (e.g., rental income, scholarships)
 - 15 None
- DK, RF (Go to INC_Q12)

INC_E01A

You cannot select "None" and another category. Please return and correct.

Rule :

Trigger hard edit if INC_Q01 = 15 (None) and any other response selected in INC_Q01.

INC_E01B

Inconsistent answers have been entered. Please confirm.

Rule :

Trigger soft edit if (INC_Q01 <> 1 or 2) and (LF2_Q01 = 1 or LF2_Q02 = 1).

INC_C02

If more than one source of income is indicated, go to INC_Q02. Otherwise, go to INC_Q03.

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INC_Q02

What was the main source of income?

- 01 Wages and salaries
- 02 Income from self-employment
- 03 Dividends and interest (e.g., on bonds, savings)
- 04 Employment insurance
- 05 Worker's compensation
- 06 Benefits from Canada or Quebec Pension Plan
- 07 Job related retirement pensions, superannuation and annuities
- 08 RRSP/RRIF (Registered Retirement Savings Plan/Registered Retirement Income Fund)
- 09 Old Age Security and Guaranteed Income Supplement
- 10 Provincial or municipal social assistance or welfare
- 11 Child Tax Benefit
- 12 Child support
- 13 Alimony
- 14 Other (e.g., rental income, scholarships)
- 15 None
- DK, RF

Processing:

At the time of the data processing, if the respondent reported only one source of income in INC_Q01, the variable INC_Q02 will be given its value.

INC_E02

The main source of income is not selected as one of the sources of income. Please return and correct.

Rule :

Trigger hard edit if the response in INC_Q02 (except DK, RF) was not selected in INC_Q01.

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INC_Q03 **What is your best estimate of the total household income received by all household members, from all sources, before taxes and deductions, in the past 12 months?**

INTERVIEWER: Capital gains should not be included in the household income. Income can come from various sources such as from work, investments, pensions or government. Examples include Employment Insurance, Social Assistance, Child Tax Benefit and other income such as child support, alimony and rental income.

|_|_|_|_|_|_|_|_|_|
(MIN: -9,000,000)
(MAX: 90,000,000)

DK, RF

Processing: *At the time of the data processing, responses reported in INC_Q03 will also be recoded into the cascade categories of INC_Q05A to INC_Q05C.*

INC_E03 An unusual value has been entered. Please confirm.

Rule : *Trigger soft edit if INC_Q03 > 150,000.*

INC_C05 If INC_Q03 = DK or RF, go to INC_Q05A.
Otherwise, go to INC_C06.

INC_Q05A **Can you estimate in which of the following groups your household income falls? Was the total household income in the past 12 months...?**

INTERVIEWER: Read categories to respondent.

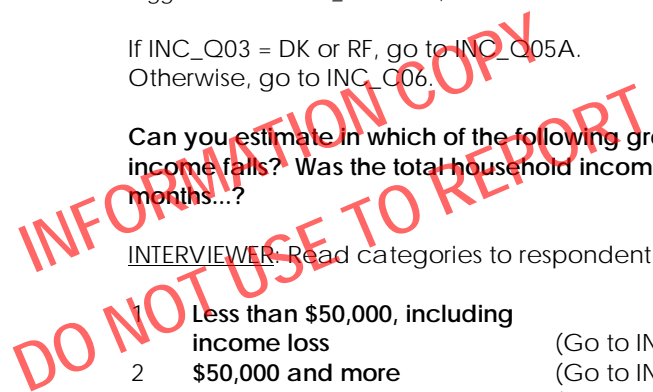
- 1 **Less than \$50,000, including income loss** (Go to INC_Q05B)
- 2 **\$50,000 and more** (Go to INC_Q05C)
- DK, RF (Go to INC_Q12)

INC_Q05B **Please stop me when I have read the category which applies to your household. Was it...?**

INTERVIEWER: Read categories to respondent.

- 1 **Less than \$5,000**
- 2 **\$5,000 to less than \$10,000**
- 3 **\$10,000 to less than \$15,000**
- 4 **\$15,000 to less than \$20,000**
- 5 **\$20,000 to less than \$30,000**
- 6 **\$30,000 to less than \$40,000**
- 7 **\$40,000 to less than \$50,000**
- DK, RF (Go to INC_Q12)

Go to INC_C06



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INC_Q05C

Please stop me when I have read the category which applies to your household. Was it...?

INTERVIEWER: Read categories to respondent.

- 1 \$50,000 to less than \$60,000
- 2 \$60,000 to less than \$70,000
- 3 \$70,000 to less than \$80,000
- 4 \$80,000 to less than \$90,000
- 5 \$90,000 to less than \$100,000
- 6 \$100,000 to less than \$150,000
- 7 \$150,000 and over

DK, RF

(Go to INC_Q12)

INC_C06

If DV_HHLD SZ > 1, go to INC_Q06.
Otherwise, go to INC_Q12.

INC_Q06

Thinking about your total personal income, from which of the following sources did you receive any income in the past 12 months?

INTERVIEWER: Read categories to respondent. Mark all that apply.

- 01 Wages and salaries
- 02 Income from self-employment
- 03 Dividends and interest (e.g. on bonds, savings)
- 04 Employment insurance
- 05 Worker's compensation
- 06 Benefits from Canada or Quebec Pension Plan
- 07 Job related retirement pensions, superannuation and annuities
- 08 RRSP/RRIF (Registered Retirement Savings Plan/Registered Retirement Income Fund)
- 09 Old Age Security and Guaranteed Income Supplement
- 10 Provincial or municipal social assistance or welfare
- 11 Child Tax Benefit
- 12 Child support
- 13 Alimony
- 14 Other (e.g., rental income, scholarships)
- 15 None

DK, RF

(Go to INC_Q12)

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INC_E06A	A selected source of personal income is not selected as one of the sources of income for all household members. Please return and correct.
Rule :	<i>Trigger hard edit if any response other than 15 (None) is selected in INC_Q06 and is not selected in INC_Q01.</i>
INC_E06B	You cannot select "None" and another category. Please return and correct.
Rule :	<i>Trigger hard edit if INC_Q06 = 15 (None) and any other response selected in INC_Q06.</i>
INC_C07	If more than one source of income is indicated in INC_Q06, go to INC_Q07. Otherwise, go to INC_Q08A.
INC_Q07	What was the <u>main</u> source of your personal income? 01 Wages and salaries 02 Income from self-employment 03 Dividends and interest (e.g., on bonds, savings) 04 Employment insurance 05 Worker's compensation 06 Benefits from Canada or Quebec Pension Plan 07 Job related retirement pensions, superannuation and annuities 08 RRSP/RRIF (Registered Retirement Savings Plan/Registered Retirement Income Fund) 09 Old Age Security and Guaranteed Income Supplement 10 Provincial or municipal social assistance or welfare 11 Child Tax Benefit 12 Child support 13 Alimony 14 Other (e.g., rental income, scholarships) 15 None DK, RF
Processing:	<i>At the time of the data processing, if the respondent reported only one source of income in INC_Q06, the variable INC_Q07 will be given its value.</i>
INC_E07	The main source of income is not selected as one of the sources of income. Please return and correct.
Rule :	<i>Trigger hard edit if the response in INC_Q07 (except DK, RF) was not selected in INC_Q06.</i>

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INC_Q08A **What is your best estimate of your total personal income, before taxes and deductions, from all sources in the past 12 months?**

INTERVIEWER: Capital gains should not be included in the personal income. Income can come from various sources such as from work, investments, pensions or government. Examples include Employment Insurance, Social Assistance, Child Tax Benefit and other income such as child support, alimony and rental income.

|_|_|_|_|_|_|_|_|_|
(MIN: -9,000,000)
(MAX: 90,000,000)

DK, RF

Processing: *At the time of the data processing, responses reported in INC_Q08A will also be coded into the cascade categories of INC_Q08B to INC_Q08D.*

INC_E08A An unusual value has been entered. Please confirm.

Rule : *Trigger soft edit if INC_Q08A > 150,000.*

INC_C08B If INC_Q08A = DK, RF, go to INC_Q08B.
Otherwise, go to INC_Q12.

INC_Q08B **Can you estimate in which of the following groups your personal income falls? Was your total personal income in the past 12 months...?**

INTERVIEWER: Read categories to respondent.

- 1 **Less than \$30,000, including** (Go to INC_Q08C)
income loss
2 **\$30,000 and more** (Go to INC_Q08D)
DK, RF (Go to INC_Q12)

INC_Q08C **Please stop me when I have read the category which applies to you. Was it...?**

INTERVIEWER: Read categories to respondent.

- 1 **Less than \$5,000**
2 **\$5,000 to less than \$10,000**
3 **\$10,000 to less than \$15,000**
4 **\$15,000 to less than \$20,000**
5 **\$20,000 to less than \$25,000**
6 **\$25,000 to less than \$30,000**
DK, RF

Go to INC_Q12

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INC_Q08D

Please stop me when I have read the category which applies to you.
Was it...?

INTERVIEWER: Read categories to respondent.

- 01 \$30,000 to less than \$40,000
 - 02 \$40,000 to less than \$50,000
 - 03 \$50,000 to less than \$60,000
 - 04 \$60,000 to less than \$70,000
 - 05 \$70,000 to less than \$80,000
 - 06 \$80,000 to less than \$90,000
 - 07 \$90,000 or more but less
than \$100,000
 - 08 \$100,000 and over
- DK, RF

INC_Q12

With your current household income, do you have any difficulty
meeting basic expenses such as food, shelter and clothing?

- 1 Yes
 - 2 No
- DK, RF

INC_END

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Socio-demographic characteristics (SDC)

Core content

SDC_BEG

Content block

External variables required:

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

DOSDC: do block flag, from the sample file.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

SDC_C01

If DOSDC = 1, go to SDC_R01.

Otherwise, go to SDC_END.

SDC_R01

Now some general background questions which will help us compare the health of people in Canada.

INTERVIEWER: Press <1> to continue.

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SDC_Q07

You may belong to one or more racial or cultural groups on the following list.

Are you...?

INTERVIEWER: Read categories to respondent and mark up to 4 responses that apply.

If respondent answers "mixed", "bi-racial" or "multi-racial", etc, probe for specific groups and mark each one separately (e.g. White, Black, Chinese).

- 01 White
 - 02 South Asian (e.g., East Indian, Pakistani, Sri Lankan)
 - 03 Chinese
 - 04 Black
 - 05 Filipino
 - 06 Latin American
 - 07 Arab
 - 08 Southeast Asian (e.g., Vietnamese, Cambodian, Malaysian, Laotian)
 - 09 West Asian (e.g., Iranian, Afghan)
 - 10 Korean
 - 11 Japanese
 - 12 Other - Specify (Go to SDC_S07)
- DK, RF

Go to SDC_R14

Help text:

Tag- Racial or cultural group

All response categories and examples must be read aloud, even if the respondent has already given the interviewer one response.

DO NOT code responses that do not appear on the list of response categories. For example, do not mark "White", if the respondent says "Caucasian". Record "Caucasian" in the "Other-specify" category.

SDC_S07

(You may belong to one or more racial or cultural groups on the following list.

Are you...?)

INTERVIEWER: Specify.

(80 spaces)

(DK, RF not allowed)

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

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SDC_R14

Now one additional background question which will help us compare the health of people in Canada.

INTERVIEWER: Press <1> to continue.

SDC_Q14

Do you consider yourself to be...?

INTERVIEWER: Read categories to respondent.

- 1 Heterosexual? (sexual relations with people of the opposite sex)
- 2 Homosexual, that is lesbian or gay? (sexual relations with people of your own sex)
- 3 Bisexual? (sexual relations with people of both sexes)

DK, RF

SDC_END

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Education (EDU)

Core content

EDU_BEG

Content block

External variables required:

DOEDU: do block flag, from the sample file.

SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block.

PE_Q01: first name of specific respondent from USU block

PE_Q02: last name of specific respondent from USU block

Screen display:

Display on header bar PE_Q01 and PE_Q02 separated by a space

EDU_C01

If DOEDU = 1, go to EDU_R01.

Otherwise, go to EDU_END.

EDU_R01

The following questions are about education.

INTERVIEWER: Press <1> to continue.

EDU_Q01

What is the highest grade of elementary or high school you have ever completed?

1 Grade 8 or lower (Québec:
Secondary II or lower) (Go to EDU_Q03)

2 Grade 9 - 10 (Québec:
Secondary III or IV,
Newfoundland and
Labrador: 1st year
secondary) (Go to EDU_Q03)

3 Grade 11 - 13 (Québec:
Secondary V,
Newfoundland and
Labrador: 2nd to 3rd year
of secondary)

DK, RF

Help text:

Tag: Educational Attainment

The attainment of a certificate, diploma or degree is considered to be at a higher level than some post secondary education without a certificate, diploma or degree.

EDU_Q02

Did you complete a high school diploma or its equivalent?

1 Yes

2 No

DK, RF

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EDU_Q03

Have you received any other education that could be counted towards a certificate, diploma or degree from an educational institution?

- 1 Yes (Go to EDU_Q04)
2 No
DK, RF

Go to EDU_C05

EDU_Q04

What is the highest certificate, diploma or degree that you have completed?

- 1 Less than high school diploma or its equivalent
2 High school diploma or a high school equivalency certificate
3 Trade Certificate or Diploma
4 College, CEGEP or other non-university certificate or diploma (other than trades certificates or diplomas)
5 University certificate or diploma below the bachelor's level
6 Bachelor's degree (e.g. B.A., B.Sc., LL.B.)
7 University certificate, diploma or degree above the bachelor's level

DK, RF

EDU_C05

If respondent is a regular Force member, go to EDU_END.
Otherwise, go to EDU_Q05.

EDU_Q05

Are you currently attending a school, college, CEGEP or university?

INTERVIEWER: Ask respondent to include attendance only for courses that can be used as credit towards a certificate, diploma or degree.

- 1 Yes (Go to EDU_Q06)
2 No
DK, RF

Go to EDU_END

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EDU_Q06

Are you enrolled as...?

INTERVIEWER: Read categories to respondent.

- 1 A full-time student
 - 2 A part-time student
 - 3 Both full-time and part-time student
- DK, RF

EDU_END

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Administration information (ADM)

ADM_BEG	Content block External variables required: SEX_Q01: sex of specific respondent (1 = male, 2 = female) from Sex block. DOADM: Do block flag, from the sample file. PE_Q01: first name of specific respondent from USU block PE_Q02: last name of specific respondent from USU block Screen display: Display on header bar PE_Q01 and PE_Q02 separated by a space
ADM_N09	<u>INTERVIEWER</u> : Was the health questionnaire conducted on the telephone or in person? 1 On telephone 2 In person 3 Both (DK, RF not allowed)
ADM_N10	<u>INTERVIEWER</u> : Was the respondent alone when you asked this health questionnaire? 1 Yes (Go to ADM_N12) 2 No (Go to ADM_N12) DK, RF (Go to ADM_N12)
ADM_N11	<u>INTERVIEWER</u> : Do you think that the answers of the respondent were affected by someone else being there? 1 Yes 2 No DK, RF

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ADM_N12

INTERVIEWER: Record language of interview.

- 01 English
- 02 French
- 03 Chinese
- 04 Italian
- 05 Punjabi
- 06 Spanish
- 07 Portuguese
- 08 Polish
- 09 German
- 10 Vietnamese
- 11 Arabic
- 12 Tagalog (Filipino)
- 13 Greek
- 14 Tamil
- 15 Cree
- 16 Afghan
- 17 Cantonese
- 18 Hindi
- 19 Mandarin
- 20 Persian
- 21 Russian
- 22 Ukrainian
- 23 Urdu
- 24 Inuktitut
- 90 Other - Specify (Go to ADM_S12)
(DK, RF not allowed)

ADM_S12

(Record language of interview.)

INTERVIEWER: Specify.

(80 spaces)

DK, RF

Programmer:

Any lower case text typed into the field should be converted to upper case text after <Enter> is pressed.

ADM_END

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Appendix 1

REFERENCE CARD 1: PTS

Type of event		Event ID number	Experienced Event in Lifetime?	Events related to 12 month reactions
1	Have you ever participated in combat, either as a member of a military, or as a member of an organized non-military group?	01		
2	Have you ever served as a peacekeeper or relief worker in a war zone or in a place where there was ongoing terror of people because of political, ethnic, religious or other conflicts?	02		
3	Were you ever an unarmed civilian in a place where there was a war, revolution, military coup or invasion?	03		
4	Have you ever lived as a civilian in a place where there was ongoing terror of civilians for political, ethnic, religious or other reasons?	04		
5	Were you ever a refugee — that is, did you ever flee from your own home to a foreign country or place to escape danger or persecution?	05		
6	Were you ever kidnapped or held captive?	06		
7	Were you ever exposed to a toxic chemical or substance that could cause you serious harm?	07		
8	Were you ever involved in a life-threatening motor vehicle accident?	08		
9	Were you ever in any other life-threatening accident, including on your job?	09		
10	Were you ever involved in a major natural disaster, like a devastating flood, hurricane, or earthquake?	10		
11	Were you ever in a man-made disaster, like a fire started by a cigarette, or a bomb explosion?	11		
12	Have you ever had a life-threatening illness?	12		
13	As a child, were you ever badly beaten by your parents or the people who raised you?	13		
14	Were you ever badly beaten by a spouse or romantic partner?	14		
15	Were you ever badly beaten up by anyone else?	15		
16	Were you ever mugged, held up, or threatened with a weapon?	16		
17	The next two questions are about sexual assault. We define sexual assault as anyone forcing you or attempting to force you into any unwanted sexual activity, by threatening you, holding you down or hurting you in some way. Has this ever happened to you?	17		
18	Has anyone ever touched you against your will in any sexual way? By this I mean unwanted touching or grabbing, to kissing or fondling.	18		

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19	Has someone ever stalked you — that is, followed you or kept track of your activities in a way that made you feel you were in serious danger?	19		
20	Has someone very close to you ever died unexpectedly; for example, they were killed in an accident, murdered, committed suicide, or had a fatal heart attack at a young age?	20		
21	Other than what you already reported, have you ever had a son or daughter who had a life-threatening illness or injury?	21		
22	Has anyone very close to you ever had an extremely traumatic experience, like being kidnapped, tortured or sexually assaulted?	22		
23	When you were a child, did you ever witness serious physical fights at home, like your father beating up your mother?	23		
24	Have you ever seen someone being badly injured or killed, or unexpectedly seen a dead body?	24		
25	Have you ever done something that accidentally led to the serious injury or death of another person?	25		
26	Have you ever purposely injured, tortured, or killed another person?	26		
27	Have you ever seen atrocities or massacres such as mutilated bodies or mass killings?	27		
28	Other than what you reported, have you ever experienced any other life threatening event?	28		
	Total of Lifetime Events (Count of total items marked in column)			

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Appendix 2

REFERENCE CARD 2: DEX

During any CF deployment, have you:

		Event ID number	Yes	No
1	...known someone who was seriously injured or killed?	01		
2	...found yourself in a threatening situation where you were unable to respond because of rules of engagement?	02		
3	...ever been injured?	03		
4	...ever seen ill or injured women or children who you were unable to help?	04		
5	...ever received incoming artillery, rocket or mortar fire?	05		
6	...ever felt responsible for the death of Canadian or ally personnel?	06		
7	...ever had a close call, for example shot or hit but protective gear saved you?	07		
8	...ever had difficulty distinguishing between combatants and non combatants?	08		
Total of Lifetime Events (Count of total items marked "Yes" in column)				

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