

By the numbers

MEN'S HEALTH



39.8 years old

The **median age** of the male population in Canada as of July 2020

Source: Statistics Canada. Table 17-10-0005-01 – Population estimates on July 1st, by age and sex.



Staying active

59.1%

The percentage of men aged 18 years and older who reported doing 150 minutes of physical activity per week

Source: Statistics Canada. Table 13-10-0096-13 – Physical activity, self reported, adult, by age group.

Post-Movember shave

There are

3,655

barber shops in Canada.

Source: Statistics Canada. Table 33-10-0267-01 – Canadian Business Counts, with employees, June 2020.



Awareness saves lives

The rate of death from prostate cancer decreased by an average of **2.9% per year** from **1995 to 2012**. This corresponds to a **41.0% decline** in the rate over this period.

Source: Statistics Canada, Canadian Cancer Registry and Canadian Vital Statistics – Death Database.



Statistics Canada / Statistique Canada

www.statcan.gc.ca

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